PSHE Education
STOKE-ON-TRENT & STAFFORDSHIRE

DIGEST

November 2026
Staffordshire

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- New Inclusion Toolkits From CEOP
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Awareness Days (December)
- World AIDS Day
- National Grief Awareness Week
- International Day of People with Disabilities
- International Volunteer Day
- Human Rights Day

Upcoming training
- New E-Learning
- New Podcasts
- New Documentaries and Dramas for CPD

Next Month & Link to Facebook Group

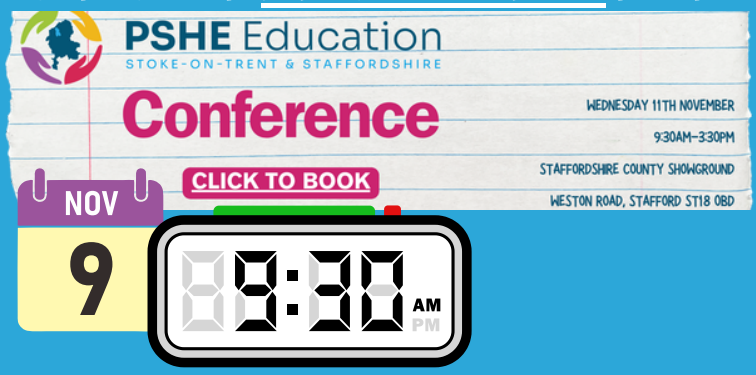
FUNDED RSE RESOURCE

Middle, Secondary and High, state-funded and independent, mainstream and SEND settings should now have all received their copy of How Do I Answer That?A Secondary School Teacher's Guide to Answering RSE Questions for all Middle, Secondary and High settings in Staffordshire.

This resource was purchased with funding from Staffordshire County Council's Public Health. Your feedback will help us secure future funding. Thank you to those who have already completed our short feedback form. If you haven't already, we would be grateful if you could take a few moments to complete our short form.

Your feedback will help us evaluate the impact of this resource and support future funding applications.

LAST CHANCE TO PURCHASE CONFERENCE TICKETS



JOIN THE MAILING LIST

Receive the PSHE Digest directly to your inbox on the first termly Friday of each month by emailing

natalie@staffscvys.org.uk

PSHE DIGEST - AT A GLANCE

ACTION FOR PSHE LEADS

Must do this month:

- Book your PSHE Conference Ticket if not already done. The deadline for purchasing is 9.30am on Monday 9th November 2026.
- Middle/Secondary/High colleagues - Complete our short form about your funded copy of How Do I Answer That? A Secondary School Teacher's Guide to Answering RSE Questions.
- Read the updated guidance pack on Assessment and PSHE from the Pan-Staffordshire PSHE Education Service.
- Consider helping to shape future local PSHE resources and complete the form if interested.

Recommended:

- Review curriculum content on pornography and the law following legislative changes coming into force on 6 November.
- Consider how your curriculum addresses misogyny, experiences of children and young people, social and emotional learning, sexual abuse, sexualised behaviours, vaping and road safety.
- Share Staffordshire Youth Union election opportunities with young people aged 11-18.
- Review local safeguarding priorities highlighted within the SSCP Annual Report 2025-26.
- Explore new SEND adaptations from CEOP Education and competitions from MPFT and e-Bugs.

NATIONAL UPDATES

This month's most significant national updates include:

- New £15m government Misogyny Prevention Fund announced.
- Independent Review of Antisemitism accepted by Government with 27 recommendations.
- New guidance on supporting children affected by parental alcohol and drug use.
- Research shows young people want more support with financial education, careers skills and preparation for adulthood.
- Growing evidence linking belonging and wellbeing in schools
- OFCOM make proposals around the upcoming Social Media Ban for under 16s.

LOCAL PARTNER UPDATES

To keep yourself updated, we recommend reading this month's updates from local partners, including:

- New referral pathway for the Action for Children Child Criminal Exploitation Prevention Service.
- Child Sexual Exploitation Service update and support offer.
- Staffordshire Police's new AI assistant, Bobbi.
- Support available for people affected by an offender's early release from custody
- Road safety reminder from Staffordshire Police and School Transport Team,
- Read local newsletters from Catch22, MPFT's Children and Young People's Participation Team and New Era.

INFORMATION FOR PARENTS AND CARERS

To help education settings engage with parents and carers in PSHE, please consider sharing:

- Online safety guidance linked to NSPCC data on platforms associated with online sexual abuse.
- Parent Zone's Digital Parenting resources.
- Staffordshire Prepared emergency planning information.

RESOURCES

This month's highlights:

- Updated local guidance on Assessment and PSHE.
- CEOP's Inclusion Toolkits for SEND learners
- Brook's Online Safety and Wellbeing Lesson Bundle
- Same Side anti-misogyny resources
- Diversity Role Models' LGBTQ+ Equality Group Guide
- Just Like Us' resource for primary schools around LGBTQ+ Inclusion
- Get involved in the Let's Move New Moves Club campaign
- Key Stage 4 e-Bugs creative competition
- Information and guidance on December's Key Awareness Dates
- Upcoming Training from local and national providers
- New e-learning/webinars and podcasts

WHAT'S OUT THERE

Whilst it is important to ensure PSHE is part of a planned curriculum, it can also be used to address needs in a local context and form part of conversations we have with children and young people about their experiences and what's happening in the world around them. We have collated some examples of topics that are being covered in TV, news and social media that children and young people may want to discuss.



- Russell Brand was found guilty of rape and sexual assault. Sentencing will take place on 9th November.
- Married at First Sight UK has been cancelled by Channel 4 following allegations of sexual misconduct.



- The murderer of Henry Novak has minimum term increased to 25 years by Court of Appeal
- Interest rates were increased to 4% by the Bank of England for the first time in 3 years.
- Staffordshire Police have appointed a new Chief Constable.
- 2 teenagers were arrested after summer wildfires



- Pupils from Oxfordshire are calling on the government to ban school uniform from porn, saying that sexualises their everyday clothes.
- From 6th November 2026, the laws around pornography are changing. Find out more here.
- The government is worried children are spending too long on educational games.

UPDATE FROM NATALIE



FINAL PREPARATIONS UNDERWAY FOR THE STAFFORDSHIRE PSHE CONFERENCE

We're looking forward to welcoming colleagues to the Pan-Staffordshire PSHE Conference for a day of expert insight, practical strategies and networking. Whether you're an experienced PSHE lead or new to the role, you'll leave with ideas and resources to strengthen personal development, safeguarding and wellbeing across your setting.
Last few places remain available. Bookings close at 9:30am on 9th November, so don't miss this opportunity to connect with colleagues and stay up to date with the latest developments in PSHE and RSHE.

PSHE LEADS NETWORK 2027 DATES CONFIRMED

Bookings remain open for next year's PSHE Leads Network meetings. These sessions provide curriculum updates, local intelligence, resource sharing and valuable networking opportunities for PSHE professionals across Staffordshire and Stoke-on-Trent. Book your place via our Eventbrite page.

NEED SUPPORT WITH PSHE?

As education settings continue to respond to developments in the RSHE landscape, the Pan-Staffordshire PSHE Education Service is here to help. We offer support with curriculum development, planning, staff training and quality assurance. Get in touch to discuss your setting's needs and find the right support package.

If your setting would benefit from advice, training or curriculum support, please get in touch with the PSHE Service. We are always happy to discuss your school's individual needs and help identify the most appropriate support available.

HELP SHAPE FUTURE PSHE RESOURCES

We're looking for education settings to help co-produce and pilot future PSHE resources.
You can get involved by:

- Helping shape new resources through feedback and curriculum expertise.
- Piloting resources with pupils and staff before wider release.

Participating settings will gain early access to materials and help influence future PSHE provision across the city and county. We'd love to hear from settings of all phases and contexts. Complete this short form to get involved.

UPDATE FROM NATIONAL PARTNERS

UPDATES FROM THE DEPARTMENT FOR EDUCATION

MISOGYNY PREVENTION FUND LAUNCHED

The government announced in the 2026 Budget a fund of £15m to tackle misogyny in schools, at work and in communities. This is intended to support the work of the national task force shared in last month's Digest.

This fund and work is clearly needed. The Young Women's Trust published new research which highlights that nearly 9 in 10 young women have experienced sexism in the past year.
Of the 4000 young women and non-binary people surveyed, ¾ stated that their lives have been negatively affected by sexism and misogyny. More than ¾ say sexist views are becoming more common in society.
UN Women UK, have developed Same Side. Find out more in our National Resources update.

INDEPENDENT REVIEW OF ANTISEMITISM IN SCHOOLS AND COLLEGES IN ENGLAND

The Independent Review of Antisemitism in Schools and Colleges found that antisemitism is an increasing concern across education settings, requiring a consistent, whole-school approach to prevention and response.

1 in 5 young people reported witnessing or experiencing antisemitism, rising to almost 3 in 5 among Jewish respondents. Incidents include stereotypes, derogatory comments and jokes, often going unreported due to a lack of confidence in effective action.

The review emphasises that tackling antisemitism is the responsibility of all schools and colleges, regardless of whether they have Jewish pupils or staff. The government has accepted all 27 recommendations, including dedicated training for education leaders, stronger safeguarding guidance and improved reporting and support.

For PSHE leads, the findings reinforce the importance of inclusive environments, challenging prejudice, respectful discussion and using the curriculum, citizenship, media literacy and online safety to build understanding and prevent antisemitism.

NEW GUIDANCE: SAFEGUARDING CHILDREN AFFECTED BY PARENTAL ALCOHOL OR DRUG USE

The Department of Health and Social Care has published updated guidance on supporting children affected by parental or carer substance misuse. It highlights increased risks of abuse, neglect, poor mental health, reduced school attendance and lower educational attainment.
The guidance emphasises early intervention, multi-agency working, effective information sharing and child-centred support, recognising the important role of education settings in identifying concerns and supporting families.

For PSHE leads, it reinforces the importance of creating safe environments where children and young people can seek help, alongside promoting resilience, wellbeing, healthy coping strategies and help-seeking.

LIVED EXPERIENCES OF CHILDREN AND YOUNG PEOPLE

The Children's Society's 2026 Good Childhood Report highlights the importance of belonging, connection and feeling safe in supporting children and young people's wellbeing. 1 in 10 young people aged 10-17 reported low wellbeing, with school the aspect of life they were most commonly unhappy with. The report identifies bullying, exclusion, discrimination and feeling unwelcome as key barriers to belonging.

It identifies four areas that support belonging: People, Places, Power and Pathways - safe adults, safe and inclusive spaces, meaningful pupil voice, and clear routes to support and opportunities.
These findings are reinforced by the Childhood Lottery report, which highlights inequalities in children's access to education, health services, safe communities and opportunities, and DfE research into school belonging, which explores how schools can promote inclusion, respect and empathy.

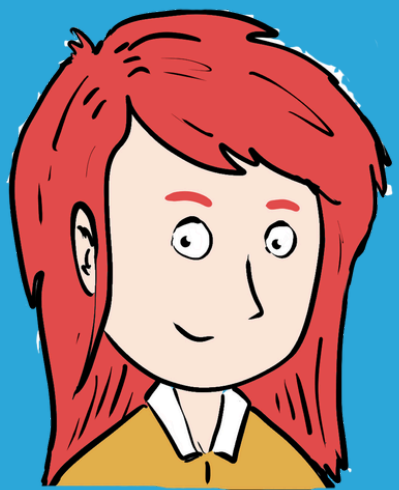
For PSHE leads, the reports reinforce the importance of a curriculum that promotes belonging, identity, respectful relationships and inclusion, challenges discrimination, strengthens pupil voice and helps young people access support. Education settings can play a vital role in ensuring every child feels heard, valued, safe and connected.

YOUNG PEOPLE WANT MORE THAN QUALIFICATIONS

A new survey of 2,000 young people aged 13-18 highlights the need for better preparation for adulthood and employment. Young people identified work experience (44%), financial education (43%), job application skills (42%), mental health support (39%) and communication skills (38%) as key areas where they want more support.

The findings highlight the important role of PSHE in developing practical life skills, including financial capability, emotional wellbeing, resilience, communication and decision-making. Young people also valued meaningful work experience, which helped build confidence, develop social skills and reduce anxiety about the future.

The findings echo the Know Your Place Year 2 Research Report, which reinforces the importance of listening to young people's views when shaping education, opportunities and support. Young people also raised concerns about how AI may affect future careers and the skills employers will need.
For PSHE leads, the message is clear: young people want to feel prepared for adult life and have a voice in shaping their education. PSHE can help equip them with the financial, emotional and transferable skills needed to navigate changing opportunities and challenges.



CAN YOUR CHILDREN AND YOUNG PEOPLE SEE THEIR EXPERIENCES, THEIR COMMUNITY, AND THE THINGS THEY WANT AND NEED TO LEARN ABOUT REFLECTED IN YOUR PSHE CURRICULUM?

ACTION

WHAT SCHOOLS ARE SAYING ABOUT THE LIVES OF YOUNG PEOPLE

The latest School and College Voice: June 2026 survey provides a valuable insight into the challenges schools are navigating alongside children and young people. While the findings focus on school experiences, they also offer a window into the wider lives of young people and the issues affecting their safety, wellbeing and relationships.

SEXUAL VIOLENCE AND SEXUAL HARASSMENT



7 in 10 secondary schools leaders reported that their school had actively dealt with child-on-child sexual violence and sexual harassment since September 2025.



Just under 3 in 10 primary schools leaders reported the same.

These findings reinforce the continued need for high-quality PSHE education that addresses consent, respectful relationships, online behaviour and challenging harmful attitudes.

KNIFE CRIME



More than 4 in 10 secondary school leaders reported that their school was actively dealing with knife crime as a safeguarding issue.

Although lower than previous years, these figures demonstrate that violence prevention, personal safety, trusted and safe relationships and help-seeking remain important priorities for schools and communities.

Education settings are responding by investing in pastoral support, mentoring and social and emotional learning. Almost all secondary schools reported using targeted interventions to support behaviour and wellbeing, reflecting growing recognition that children and young people need opportunities to develop emotional literacy, resilience and relationship skills alongside academic learning.

The findings remind us that PSHE provides a vital space for helping children and young people understand the world around them, develop protective skills and build the confidence to make safe and healthy choices.

The survey demonstrates that the lives of young people are increasingly complex. As education settings continue to respond to safeguarding concerns and emerging challenges, a strong PSHE curriculum remains a key part of preparing children and young people to thrive both in and beyond school.

MENTAL HEALTH AND AI

Barnardo's and the National Counselling and Psychotherapy Society (NCPS) have published a report about young people's use of AI for mental health support in the UK. Findings from a survey of 2,000 young people aged 11 to 17 years show that 43% of young people had used a mental health app or chatbot for emotional support or advice in the previous year; and that some young people were using AI because they were unable to access professional support.

The report recommends:

- Establishing specific regulation for purpose-built AI mental health support
- Protecting access to human mental health support, ensuring institutions use AI only to supplement this.

Remember, Orcha Health provides details of safe, quality-assured apps including apps to support young people's mental health.

ACTION

MAKE IT MANDATORY

Make it Mandatory and Killed Women have joined forces to publish "The RSE Unoffical Curriculum", a mock textbook exposing the dangerous messages, misinformation and behaviours that can fill the void when formal education ends.

At its heart, the textbook poses a stark question: should the murky world of social media, tv and the dark corners of the internet be our teenagers' only educator?

To download and read The RSE Unofficial Curriculum, and access a template to use to write to your MP to demand that they support the Bill on 4th December click here.

YOUTH VIOLENCE

ACTION

7 out of 10 children who admit to using violence say they did so because they felt provoked. This highlights the importance of helping children and young people develop the skills needed to recognise, understand and manage their emotions, build positive relationships and make informed decisions.

The Youth Endowment Fund (YEF) has recently updated its Toolkit, replacing the previous "Social Skills Training" strand with 2 new Social and Emotional Learning (SEL) strands. This change reflects the latest evidence on effective approaches to preventing violence among children and young people.

The findings are significant:

- Targeted SEL programmes can reduce violence by around 43%
- Universal SEL programmes delivered to all pupils can reduce violence by around 25%
- Both approaches are linked to wider benefits, including improved behaviours, increased wellbeing and greater engagement with education.

These findings are echoed in new Department for Education guidance on preventing serious violence in education, which identifies social and emotional learning, trusted relationships with adults and positive school cultures as key protective factors. Together, the evidence highlights that high-quality PSHE education has an important role to play in violence prevention, helping children and young people develop the emotional literacy, self-regulation, empathy and relationship skills needed to manage challenges safely and positively.

SEXUAL ABUSE

ACTION

A recent investigation by The Guardian has highlighted the ongoing scale of child-on-child sexual abuse taking place in and around schools in England and Wales. Analysis of police data found that at least 8,500 sexual offences against children under 13 were recorded as having occurred on or near school premises between 2021 and 2025, including almost 2,000 rapes and attempted rapes. This equates to an average of nearly five sexual offences against under-13s being reported every day.

Whilst the figures are concerning, many safeguarding professionals argue they represent only a fraction of the true picture. Experts interviewed as part of the investigation suggest that many incidents go unreported or are dismissed as age-related behaviour rather than recognised as abuse.

For education settings, these findings reinforce the importance of a whole-school approach to preventing harmful sexual behaviour. This is not solely a safeguarding issue; it is also a curriculum issue. Effective PSHE education can help children and young people understand consent, personal boundaries, respect, healthy relationships, gender stereotypes, online influences and how to seek support when something feels wrong.

The findings echo concerns raised in Ofsted's Review of Sexual Abuse in Schools and Colleges, which concluded that sexual harassment and online sexual abuse had become so commonplace that many young people viewed it as a normal part of growing up. The review called for education settings to assume that issues are occurring, even when not directly reported, and to develop proactive curriculum responses.

As education settings continue to review safeguarding arrangements, this latest evidence serves as a reminder that high-quality PSHE education remains among the most important preventative tools available to education settings.



Reflection question:

- How confident are children and young people in your setting at recognising unhealthy behaviours, seeking support, challenging harmful attitudes and understanding consent and respect in both offline and online relationships?

These remain key protective factors in keeping children and young people safe.

PORNOGRAPHY AND THE LAW



From 6 November 2026, it will be a criminal offence in England and Wales to possess or publish realistic pornographic images depicting strangulation or suffocation, certain sexual activity between relatives, or sexual activity involving people who appear to be under 16.
The legislation aims to address the harm caused by pornography that depicts and potentially normalises harmful or illegal sexual behaviour. Maximum penalties include two or three years' imprisonment for possession, depending on the offence, and five years for publication.
Pupils from Oxfordshire are calling on the government to ban school uniforms from porn, saying that it sexualises their everyday clothes.
For PSHE leads, it is important to review and update curriculum resources and references to pornography and the law to reflect these changes and ensure young people receive accurate information.

SOCIAL MEDIA



The UK government's planned social media ban for under-16s has moved closer, with Ofcom publishing recommendations on age verification ahead of proposed restrictions in March next year. Suggested approaches include photo ID matching, banking checks, facial age estimation and digital ID services. Platforms will be responsible for implementing effective, privacy-conscious checks.

The proposals reflect growing concerns about children's online safety, although evidence from Australia suggests age restrictions alone may not prevent young people from accessing social media.

Effective regulation must be supported by parental engagement and high-quality PSHE education to equip children and young people with the knowledge and skills to navigate the digital world safely and responsibly.

SEXUALLY COERCED EXTORTION



The Internet Watch Foundation (IWF) has published a news story sharing new Report Remove data showing an increase in reports of young people in the UK contacting the helpline about sexually coerced extortion.

Report Remove is a free, confidential helpline run by the IWF and Childline where young people can self-report nude or sexual imagery of themselves online and get help to remove and block it.

By the end of June 2026:

- 462 Report Remove reports involving sexually coerced extortion had been confirmed as containing child sexual abuse imagery,
- This is 17% higher than the whole of 2025
- Of the 462 reports, 95% involved boys exclusively.

The news story features comments from the IWF and NSPCC welcoming the government's commitment to making nudity-blocking technology compulsory on children's devices but calling on them to act quickly to ensure further harm is prevented.

This reminds PSHE Leads of the importance of ensuring this crime is reflected within the PSHE curriculum and that children and young people are aware of the support available and that it is never their fault.

ONLINE GAMING

Ofcom has published a report exploring UK children's online gaming behaviours and experiences.

The report brings together findings from existing Ofcom research studies. Findings include:

- Gaming is the most popular activity among 8- to 17-year-olds in their free time,
- 88% of 3- to 17-year-olds play games
- More than half of children who game online play with people they have only met online
- Parental concerns include
  - Contact with strangers
  - Inappropriate content
  - Bullying.

The report encourages parents and carers to review privacy and safety features and have conversations with their children about gaming.

Our parents/carer page has information that can be shared through your ususal communications method.

TACKLING MISOGYNY: UNDERSTANDING THE INFLUENCE OF ONLINE MASCULINITY

How do we tackle misogyny in schools when some of the attitudes influencing young people are being shaped long before they enter the classroom?

Two recent research papers offer important insights for educators. Research published in the International Journal of Adolescence and Youth explored the experiences of 142 young men aged 16-25 across the UK, Australia and the USA, examining how they navigate masculinity content on TikTok.

The findings reveal a complicated picture. Young men described finding motivation, confidence and practical advice in online masculinity content, but also recognised how the same spaces can promote unrealistic expectations, harmful gender stereotypes and misogynistic beliefs. Importantly, harmful messages are not always obvious; they can be woven into seemingly ordinary fitness, lifestyle and self-improvement content.

A separate paper in The Lancet argues that the manosphere and online misogyny should be treated as a public health concern, requiring coordinated action from government, education, health services and communities. It highlights how loneliness, isolation and a lack of positive role models can make some young men more vulnerable to online communities offering identity and belonging.

As highlighted by Misogyny-Free Schools, tackling misogyny needs to start early, with parents, carers and schools working together to challenge gender stereotypes and promote respectful relationships. It cannot simply be addressed through sanctions or reactive responses to sexist language.

HARMFUL SEXUALISED BEHAVIOURS

His Majesty Inspectorate of Probation has published a report examining research on children and young people who have displayed harmful sexual behaviour (HSB) in the UK. The report focuses on:

- Understanding children's sexual behaviour
- The needs of children who have displayed HSB
- Responding to harmful sexual behaviours.

The report calls for early intervention when concerns are identified, collaborative work with families, schools and other agencies, and proportionate educational approaches.

For Staffordshire and Stoke-on-Trent funding, secured by the PSHE Education Service, from the Staffordshire Police, Fire and Crime Commissioner has enabled the distribution of a resource book Addressing Sexualised Behaviours in SEND Schools and Colleges to specialist education settings. This was in response to the evidence that children and young people with learning disabilities can be at increased risk of experiencing sexual abuse and displaying harmful sexual behaviours.

A UK study found that 38% of individuals referred to specialist services for harmful sexual behaviour (HSB) had a learning disability

LATEST VAPING STATISTICS

The latest Office for National Statistics (ONS) figures show that while smoking continues to decline, vaping is increasing. In 2025, around 5.4 million people aged 16 and over vaped, compared with 4.9 million adult smokers. More than 1 million people who had never smoked were vaping. Daily or occasional vaping was most common among 25-34-year-olds (16.4%).

Although vaping is less harmful than smoking, the NHS advises non-smokers and under-18s not to vape, and the long-term health effects remain unclear. The Tobacco and Vapes Bill, including measures to prevent future generations from legally buying tobacco, further highlights the importance of prevention and education.

Everyone Health's vaping and smoking support poster for young people is also available in the Notice Board resource pack. Please display this in your settings.

FOOD EDUCATION: THE MISSING INGREDIENT?

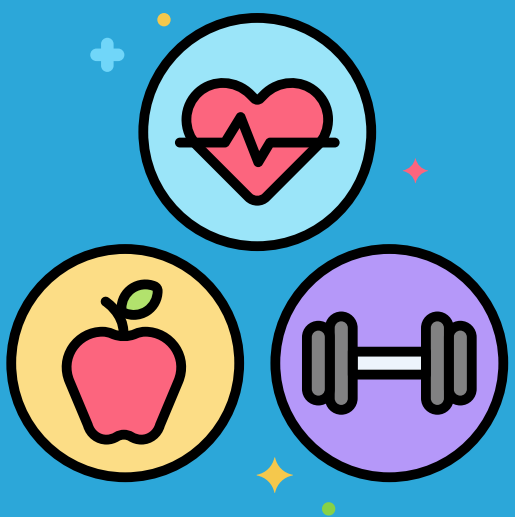
A new white paper from the British Nutrition Foundation argues that food education should be central to every child's schooling. It warns that food education has become marginalised, despite its importance for lifelong health and wellbeing.

The report highlights the need for food literacy alongside media and financial literacy, helping young people make informed choices in a food environment shaped by social media, influencers, advertising and AI-generated content. Research also links high-quality food education with improved wellbeing, attendance, behaviour and attainment, particularly as part of a whole-school approach.

For PSHE leads, food education supports learning about healthy lifestyles, decision-making, critical thinking and wellbeing. It can help pupils develop the knowledge, practical skills and confidence to make informed food choices and build healthy habits that last into adulthood.

PE AND SPORT PREMIUM GUIDANCE PUBLISHED FOR 2026-27

The Department for Education has published the conditions of grant for the Primary PE and Sport Premium for 2026-27. The funding is intended to help schools make sustainable improvements to PE, sport and physical activity provision and support the development of healthy, active lifestyles for all primary-aged pupils. Schools should note that funding must be spent within the academic year and report on its use and impact by 31 July 2027. While primarily aimed at PE leads and school leaders, the guidance aligns closely with wider PSHE and Personal Development priorities around physical health and wellbeing.



UPDATES FROM LOCAL PARTNERS

STAFFORDSHIRE YOUTH UNION ELECTIONS 2026: ENCOURAGE YOUNG PEOPLE TO PATICIPATE

ACTION

Nominations are now open for the 2026 Staffordshire Youth Union (SYU) elections. This is a fantastic opportunity for young people aged 11-18 to have their voices heard, influence local decisions and develop valuable leadership, communication and teamwork skills.

Taking part in SYU supports education settings' personal development programmes, giving young people real-life opportunities to engage with democracy, develop leadership, build confidence and make a positive contribution to their community. It also helps bring British Values and student voice to life beyond the classroom.

Candidates do not need previous experience, just an interest in making a difference.

How Can Education Settings Support?

The elections provide a practical opportunity to explore democracy, citizenship, individual liberty, mutual respect and participation. They also support Article 12 of the UN Convention on the Rights of the Child: young people's right to express their views and have them taken seriously.

Education settings can support the elections by:

- Sharing the opportunity through assemblies, tutor groups, PSHE lessons and student communications
- Personally encouraging young people who may not otherwise put themselves forward
- Helping students access the online application where needed
- Providing fair opportunities for confirmed candidates to promote their ideas
- Sharing the candidate information and encouraging eligible students to vote
- Celebrating everyone who stands, votes or supports the election.

The application process has been updated and simplified. Young people complete one online application whilst their parent or carer then receives a separate consent form by email.

Key dates:

- Applications close: 27th November 2026
- Parent/Carer consent deadline: 30th November
- Online voting: 7-30th December 2026
- Results announced: Early January 2027

Candidate guidance, promotional materials and the application form are available on the Staffordshire Youth Union webpage.

For questions, accessibility support or additional resources, contact Sean Turner, Youth Engagement Co-ordinator at SCVYS, at youth@staffscvys.org.uk.

NEW ONLINE REFERRAL FORM FOR CCE SERVICE

The Stoke-on-Trent and Staffordshire Child Criminal Exploitation Prevention Service, delivered by Action for Children, has launched a new online referral form and also includes details of its referral pathway. The Service accepts referrals from education settings only for children and young people aged 9-16 (up to 25 for those children and young people with SEND).

The support takes place in small, tailored group sessions, explaining how exploitation can happen and giving children and young people the tools to build awareness and get support.

Sessions could include topics like:

- Relationships
- Knife Crime
- Decision-making
- Grooming
- Online Safety
- Emotional Regulation
- Aspirations

Please remember, you do not need to have evidence that a child or young person is experiencing criminal exploitation. The service is there to help stop this happening before it begins. Please share with colleagues.

If you require any support with a referral or would like more information, please email staffordshireCCE@actionforchildren.org.uk

CHILD SEXUAL EXPLOITATION SERVICE UPDATE

PSHE education can support education staff to identify vulnerabilities or suspicions of those being at risk of Child Sexual Exploitation (CSE); sometimes targeted interventions are required. The local CSE Team can support any child or young person under the age of 18 who lives in Staffordshire identified as vulnerable or suspected of being at risk of CSE.

The Service provides a bespoke 8-week programme of direct work (with 1-2 visits per week minimum), with a possible extension of an additional 4 weeks (where required for rapport building or to work with children who have identified additional needs).

Plans are developed to reflect a restorative approach to working with the child/young person and their parents/carers to reduce the risk of CSE and strengthen protective factors. Resource packs are also available on request to support professionals who have established working relationships with children.

Support is developed using resources and tools to focus on:

- Health and wellbeing
- Grooming
- Sexual Health
- Keeping Safe
- Social Networks and Relationships
- Community, Boundaries and Actions
- Consent and the Law
- Safety Planning
- Risk and Decision-making

To find out more, please email CSEinbox@staffordshire.gov.uk

NEW SUPPORT AVAILABLE FOR VICTIMS OF CRIME AFFECTED BY EARLY RELEASE FROM CUSTODY

Staffordshire Victim Gateway now offers dedicated support for adults, children and young people affected by an offender's early release from custody.
Our Offender Release Victim Advocate can provide emotional and practical support, help families understand the release process, and offer guidance around safety and wellbeing.
Support is also available for children and young people aged 8-17 through Victim Support's National Programme Future Me, an online peer support programme designed to help young people explore their feelings, build coping skills and connect with others who may be experiencing similar circumstances. Please share with relevant colleagues.
For more information or to discuss support available, please contact:
orsstaffordshire@victimsupport.org.uk

NEW AI VIRTUAL ASSISTANT LAUNCHED BY STAFFORDSHIRE POLICE

Staffordshire Police has launched Bobbi, a new AI-powered virtual assistant designed to help the public access quick answers to common non-emergency policing enquiries.

Integrated into the LiveChat service on the Staffordshire Police website, Bobbi can provide guidance, signpost users to relevant information and direct them to the most appropriate support or service. If Bobbi is unable to answer a query, users can be connected to a member of staff for further assistance.

The service aims to make it easier for residents to access trusted information and support online, at a time and place that suits them.

PSHE leads may find Bobbi a useful signposting tool when sharing information with parents, carers and young people about accessing non-emergency police advice and support.

To speak with Bobbi, visit the Staffordshire Police website and click the speech bubble icon in the bottom right-hand corner of the screen.

ROAD SAFETY REMINDER

Staffordshire County Council's School Transport Team and Staffordshire Police have raised concerns about unsafe road-crossing behaviour among pupils, including crossing directly in front of stationary buses, failing to check for traffic and stepping out from behind parked vehicles or other obstructions. Recent incidents have included serious injuries to children outside school sites.

A consistent approach involving schools, families and the wider community can help children develop the knowledge and confidence to travel independently and safely. Road safety resources are available in our Library.

SSCP ANNUAL REPORT 2025-2026

The Staffordshire Safeguarding Children Partnership (SSCP) has published its Annual Report 2025-26, providing an overview of safeguarding activity, achievements and learning across the county over the past year. The report has been produced in line with the statutory requirements of Working Together to Safeguard Children 2026 and sets out how multi-agency safeguarding arrangements have worked in practice, their impact on outcomes for children and families, and priorities for future development.

The report includes progress against strategic priorities, learning from reviews and audits, workforce development activity, and examples of the collaborative work undertaken by partners to safeguard and promote the welfare of children across Staffordshire.

For PSHE leads, the report offers valuable insight into local safeguarding priorities and emerging themes, helping schools ensure that their PSHE provision reflects local need and supports wider partnership objectives.

SHOWCASE CREATIVITY AND CELEBRATE YOUTH VOICE



Do you know a creative young person who deserves to be featured?
The CYP Mental Health Participation Newsletter is looking for artwork, photography, poems, stories, lyrics and other creative contributions for its Spring 2027 edition. Every entry received by 11 January 2027 will be entered into a prize draw to win a £15 high street voucher.

Find out more here.

NOMINATIONS OPEN FOR THE GAP AWARD

The team is also seeking nominations for the Spring 2027 GAP Award, recognising individuals, teams or organisations that champion children and young people's voices in mental health.
The award winner is chosen by young people and featured in the newsletter.
Congratulations to this term's winners, the Children's and Young People's Diabetes Youth Work Team.

LOCAL NEWSLETTERS

- MPFT's Children and Young People Mental Health Participation Autumn Term newsletter is out for the South of the County.
- Catch22's Safer Futures round-up, brings together the latest research, media stories and practical resources to support your work with children and young people around extra-familial risk and harm.
- New Era Domestic Abuse Service Bulletin

INFORMATION FOR PARENTS AND CARERS

This section provides information that education settings may wish to share with their parents and carers via their usual communication methods, e.g., newsletters, ClassDoJo, class blogs etc... The aim is to improve transparency and engagement with parents and carers, in line with the 7 Guiding Principles.

KEEPING CHILDREN SAFE ONLINE

New data from the NSPCC has highlighted the 5 platforms most frequently mentioned in Childline counselling sessions where children and young people were also talking about online sexual abuse. The platforms most commonly referenced were:

- Snapchat (324 counselling sessions)
- TikTok (234)
- Instagram (197)
- Discord (92)
- WhatsApp (39)

It is important to remember that these figures do not mean that these platforms are responsible for abuse. Rather, they show that popular apps and online services can feature in children's experiences of grooming, sexual extortion, coercion and the sharing of sexual images.

KEEPING CHILDREN SAFE ONLINE

For parents, carers and anyone working with children, conversation remains one of the most effective online safety tools available.

- Know what apps and platforms your child is using and take time to understand how they work.
- Talk regularly about online friendships, privacy settings and the risks associated with sharing images or personal information.
- Create a blame-free environment where children and young people feel comfortable coming to you if something goes wrong online.
- Look out for warning signs, such as increased secrecy around devices, withdrawing from family activities, distress after using a phone or sudden changes in behaviour.
- Remind children and young people that if someone makes them feel uncomfortable, pressures them for images or threatens them online, it is never their fault and they should tell a safe adult.

Online safety is not a one-off discussion. Apps evolve, new features are introduced and children and young people's online experiences change rapidly. Regular, open conversations help children and young people understand risks and feel confident seeking support when they need it.

If a child tells you about something worrying that has happened online, the most important first steps are to listen, stay calm, reassure them they have done the right thing by speaking up, and take their concerns seriously.

- Childline: 0800 1111 (free, confidential support for children and young people)
- NSPCC Helpline: 0808 800 5000 (advice and support for adults concerned about a child)

Remember: the goal is not to know everything children and young people do online, but to ensure they know they can turn to a safe adult whenever they need help.

PARENT ZONE - DIGITAL PARENTING

Parent Zone is a UK organisation that helps parents and carers understand the digital world in which children and young people are growing up.

Its aim is to help families make the most of technology while understanding the potential risks and challenges children may encounter online.

The organisation recognises that keeping up with changing technology, social media platforms, online games and digital trends can be difficult. It therefore provides accessible, practical and evidence-informed information to help parents and carers feel more confident supporting their children.

Its central message is that parents and carers do not need to be technology experts. They need the knowledge, confidence and skills to have conversations with children, establish appropriate boundaries and help them navigate the online world safely.

The website provides three main types of resources:

- Read: Articles, guides and advice on digital parenting.
- Listen: The Tech Shock podcast, exploring current issues affecting children and families.
- Watch: Videos, explainers and expert guidance on digital family life.

In addition, Parent Zone has developed a Gaming Risk Index to help parents/carers to view publicly available reviews for signs of financial risks in games.

STAFFORDSHIRE PREPARED: HELPING FAMILIES BE READY FOR THE UNEXPECTED

Would your family know what to do during a power cut, severe weather, flooding, or another emergency? Staffordshire Prepared is a free online resource designed to help individuals, families and communities prepare for unexpected situations and stay safe when they occur. It is delivered by the Staffordshire Resilience Forum, a partnership of local emergency services, councils and health organisations working together to keep local communities safe.

The website offers practical, easy-to-follow advice on the risks that could affect local areas, from flooding and severe weather to power outages and other emergencies. Families can access guidance on creating a household emergency plan, preparing a simple emergency "grab bag", and ensuring everyone in the home knows what to do if normal routines are disrupted.

Preparing for emergencies does not need to be complicated or expensive. Simple steps taken now can make a significant difference in helping families feel more confident, connected and ready to respond should an unexpected event occur. Parents and carers are encouraged to explore the resources available at Staffordshire Prepared and consider how their household could become more emergency ready.

RESOURCES

Resources included in this section are either new updates, additions to the Resource Library or linked to key dates of awareness or observation that have relevance to PSHE. Find the full year calendar for 2026-2027 here. Please note that the linked document and image below take you to a live document, which we will continue to update throughout the year. To request a printable version, please email natalie@staffscvys.org.uk

Using engagement analytics of the Resource Library on our website, we have identified the top topics that users are visiting to look for resources. This data will help us identify further resources, support and guidance on priority topics.

FOR OCTOBER:

HEALTHY RELATIONSHIPS

SIMILARITIES AND DIFFERENCES (HATE CRIME)

SMOKING AND VAPING

BULLYING



We value ongoing feedback to help us shape the service and ensure that we respond to support needs. You are welcome to share any feedback, suggestions and thoughts by emailing natalie@staffscvys.org.uk.

NEW

NEW TO OUR WEBSITE - WWW.PSHESTAFFS.COM

As part of supporting local education settings, we have been updating locally produced resources in the Resource Library on the website - register or log in. This month we have updated or created the following resources:



Assessment plays a vital role in high-quality PSHE education, helping education settings understand the impact of their curriculum and the progress children and young people are making. This guidance has been updated for 2026 and explores practical, meaningful and manageable approaches to assessing PSHE learning, while recognising the unique nature of the subject.

Packed with practical examples, assessment activities and reflective questions for leaders, this resource will help education settings embed assessment as an integral part of teaching and learning, ensuring PSHE education remains relevant, responsive and impactful for all children and young people.

UPDATES ON NATIONAL RESOURCES/OPPORTUNITIES

CEOP EDUCATION AND SEND

CEOP launched the first of their new Inclusion Toolkits. These toolkits are designed to support education professionals in delivering CEOP education lesson resources to children and young people with mild to moderate special educational needs and disabilities, or any child or young person who may benefit from differentiation.

The toolboxes provide a suite of additional materials for education professionals to choose from when delivering the corresponding CEOP Education lesson resource.

You can download the lesson resource and Inclusion Toolbox for:

- Jessie and Friends (main resource aimed at ages 4-7)
- Play Like Share (main resource aimed at ages 8-10)
- Connect (main resource aimed at ages 9-11)

These have been referenced in the existing links to these resources in the Resource Library to help those colleagues looking for SEND resources. As always, go to the theme page and select Ctrl+F on your keyboard, then type SEND to see those resources that have adaptations for SEND included.

BROOK: NEW LESSON BUNDLE

Brook's Online Safety & Wellbeing Lesson Bundle provides 5 fully resourced lessons for Years 7-11, covering online wellbeing, body image, image sharing, deepfakes, sextortion, pornography and digital sexual relationships. The lessons are aligned with statutory RSHE guidance and include lesson plans, PowerPoints, teacher guidance and student activities.

The bundle is available for a one-off payment of £250 (currently reduced from £840), with individual lessons available at £140 each.

As education settings respond to emerging online risks, including AI-generated imagery and online sexual harassment, this resource may be a useful addition to PSHE provision.

As we are unable to view the lesson plans, we cannot carry out our usual quality assurance checks required before uploading to the Resource Library; therefore, for consistency, these resources will not be added, but we wanted to make sure you are aware of them.

LGBTQ+ INCLUSION

Just Like Us has developed a new resource in collaboration with the NSPCC. Bringing Families With You guide on how to talk to pupils' parents/carers about LGBT+ Inclusion in School. This resource is aimed at primary schools but is applicable to all schools and also contains LGBT+ safeguarding tips. There is also a free webinar on 19th November 4-5pm. Please note you need to register for an account to access the resource.

This free guide from Diversity Role Models helps secondary schools set up an LGBTQ+ Equality Group, creating safe spaces that promote inclusion, pupil voice and belonging.

LET'S MOVE CAMPAIGN CLASSROOM RESOURCES

Over half of children aged 7–11 in England aren't meeting the NHS recommendation of 60 minutes of daily physical activity. The government's Let's Move! New Moves Club campaign encourages families to get active and try something new together, focusing on having fun rather than being the best.

A Teacher Toolkit provides ready-to-use newsletter content, social media posts, WhatsApp messages and four fun, curriculum-linked classroom activities.

Families can continue the fun at home using the take-home activity sheet, featuring six activities and badges for children to earn as they get moving together!

SAME SIDE – ANTI-MISOGYNY TOOLKITS

Same Side, developed with Beyond Equality, provides teachers and coaches with tools to explore conversations about masculinity, using elite athletes' stories to discuss pressure, vulnerability, emotions and role models. The nine theme packs are suitable for KS2–KS5, in classrooms or on the pitch.

Currently free, the programme includes live online training, athlete films, activities, discussion prompts, reflection tools and safeguarding guidance. Resources also support RSHE and are accessible to young people receiving SEND support.

Register your interest here to find out what training and resources are available for your school or club.

KEY STAGE 4 COMPETITION – E-BUGS

PSHE Leads working with Key Stage 4 (14–16) students can collaborate with science colleagues to take part in the e-Bug Creative Challenge 2026. Launched ahead of World Antimicrobial Awareness Week, the challenge invites young people to use their creativity to raise awareness of antimicrobial resistance (AMR).

This year's theme is: What can we all do to help protect antibiotics?
The challenge is open to KS4 students, particularly Year 10, with cash prizes for students and book vouchers for schools.

Entries close 22 November 2026
To request an application form, email e-Bug@ukhsa.gov.uk.

UPCOMING KEY AWARENESS DATES - DECEMBER

WORLD AIDS DAY (1)

HIV is no longer a terminal illness, due to modern antiretroviral therapy (ART). ART reduces the viral load so much that tests are unable to detect it and enables people living with HIV to live the same lifespan as those without the virus.

World AIDS Day is an opportunity to stand together in solidarity with people living with HIV, challenge stigma and discrimination, raise awareness and remember those who have lost their lives to AIDS-related illnesses. Education plays a vital role in building understanding, breaking down misconceptions and ensuring that children and young people have the knowledge and confidence to challenge HIV stigma.

The National AIDS Trust provides a series of lesson plans, which can be delivered as standalone lessons or as part of a wider programme of learning about HIV.

The Children's HIV Association (CHIVA) also offers an education toolkit to help schools and other education settings develop young people's understanding of HIV, challenge misconceptions and empower the next generation to help end HIV stigma.

NATIONAL GRIEF AWARENESS WEEK (2-8)

National Grief Awareness Week 2026 encourages open conversations about grief and bereavement, promoting understanding, compassion and support for those experiencing loss. This year's theme, 'A Thread of Hope', highlights the importance of connection and community, reminding us that nobody should feel alone when grieving.
Schools and education settings play an important role in helping children and young people understand grief, talk about loss and access support.

The Good Grief Trust provides downloadable campaign resources and materials to help individuals, schools and communities get involved, raise awareness and keep conversations about grief going.
In the Change and Loss section of the Resource Library, you will find resources to support you to address this topic including;

- PSHE Association quality assured resources from Winston's Wish, suitable for 5-18 year olds, to support children and young people to develop the skills and understanding they need to deal with loss.
- National Youth Agency resources for young people and youth workers to discuss grief and bereavement.

For settings who are registered with The National College, there is a "Top Tips for Supporting Children in Dealing with Grief" guide, focused on supporting children in dealing with grief. It highlights how we can help children in processing grief healthily at what can be a potentially upsetting time.

INTERNATIONAL DAY OF PEOPLE WITH DISABILITIES (3)

Dimensions have created a PSHE Association quality-assured, resource - I'm with Sam. A lesson plan, for students aged 11 to 13, aims to give students a better understanding of learning disabilities and autism, and the impact of potential bullying and discrimination. Sam represents the 73% of people with a learning disability and/or autism who have experienced hate crime. People who have been subjected to physical attacks, sexual assault and emotional manipulation because of their disability.

BBC Teach features short films of children sharing their experiences of disability and difference, promoting understanding and inclusion.

Uniting Staffordshire Against Hate (USAH) offers free online and in-person training for education staff on recognising, reporting and responding to hate crimes and incidents. To book, email USAH.

INTERNATIONAL VOLUNTEER DAY (5)

According to the UN 1 in 3 young people volunteer globally.

Not only is it helpful to the community, but volunteering can transform lives by allowing young people opportunities to gain valuable transferable skills.

Volunteering serves as a training ground for honing skills, giving them an edge over those who do not have any volunteer experience.

Stoke-on-Trent City Council welcome volunteers over the age of 16 to start volunteering with them. You can find current opportunities on their website.

Alternatively, VAST's website also has the latest volunteer opportunities.

- Consider what volunteering opportunities your setting could create.
- Ask a local volunteer to come into your setting and talk about why they volunteer and the benefits.

HUMAN RIGHTS DAY (10)

Human Rights Day celebrates the fundamental rights and freedoms that belong to everyone.

Human Rights Day provides a valuable opportunity to explore human rights through PSHE education, helping children and young people understand their rights, respect the rights of others and recognise their role in creating a fairer, safer and more inclusive society. It links particularly well to learning about equality, diversity, relationships, discrimination, social justice and active citizenship.

It is also an opportunity to explore the United Nations Convention on the Rights of the Child (UNCRC), which sets out the rights of everyone under 18, including education, protection, healthcare and having their voices heard. Four key principles underpin the Convention: non-discrimination (Article 2), children's best interests (Article 3), the right to life and development (Article 6), and respect for children's views (Article 12).

TRAINING OPPORTUNITIES

Whilst we always try and source resources and training at no cost, we recognise that some organisations do have a small budget to support their PSHE delivery. Here are some upcoming training opportunities available both for free and a cost, locally and nationally. Click on links for bookings and further information.

Reminder

It is important to us that we signpost to any training opportunities that may enhance your CPD offer in your settings.

In addition to the PSHE Education Service webinars and our PSHE Leads Network Meetings, detailed on Page 1, which can be booked, for free through Eventbrite, we signpost to wider training opportunities.

We signpost to training from reputable sources, nationally and locally, however, are not responsible for the content. If you have any feedback to share regarding training which you attend, please feel welcome to share with us - natalie@staffscvys.org.uk.

TRAINING

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
DOMESTIC ABUSE	VARIOUS	NEW ERA	FREE	FREE DOMESTIC ABUSE AWARENESS AND TRAINING SESSIONS FROM THE COMMISSIONED SUPPORT PROVIDER FOR STAFFORDSHIRE AND STOKE-ON-TRENT.
GAMBLING	VARIOUS	YGAM	FREE	THIS 90 MINUTE INTRODUCTORY WORKSHOP IS PART 1 OF 2 OF OUR FULLY FUNDED CITY & GUILDS ASSURED TRAINING AND IS OPEN TO TEACHERS, YOUTH WORKERS AND FORWARD-FACING PROFESSIONALS WHO WORK DIRECTLY WITH CHILDREN AND YOUNG PEOPLE AND ARE ABLE TO DELIVER SESSIONS TO THEM ABOUT GAMING AND GAMBLING HARM.
SEXUAL ABUSE	VARIOUS	CEOP	£150	A ONE DAY ONLINE COURSE FOR PROFESSIONALS TO GAIN AN UNDERSTANDING OF ONLINE SEXUAL ABUSE. ENABLES PARTICIPANTS TO IDENTIFY KEY STRATEGIES TO ENSURE ONLINE CHILD SEXUAL ABUSE IS INCLUDED AS PART OF A WHOLE-ORGANISATION APPROACH TO SAFEGUARDING AND PROTECTING CHILDREN AND YOUNG PEOPLE
ONLINE SAFETY	VARIOUS	CEOP	£150	PROFESSIONALS MUST ATTEND UNDERSTANDING ONLINE CHILD SEXUAL ABUSE TRAINING (ABOVE) FIRST. THIS TRAINING ENABLES PARTICIPANTS TO BECOME LEADS FOR TRAINING AND INFORMATION RELATING TO ONLINE CHILD SEXUAL ABUSE
FINANCIAL LITERACY	VARIOUS	YOUNG ENTERPRISE	FREE	FREE CPD ACCREDITED SESSIONS FOR PRIMARY, SECONDARY AND SEND. , FIND OUT ABOUT THE SUPPORT AVAILABLE AND GET THE CONFIDENCE TO DELIVER HIGH QUALITY FINANCIAL EDUCATION.

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
GENDER / CONSENT	VARIOUS 3.45-5.15PM	EVERYONE'S INVITED	FREE	AN EMPOWERING AND INTERACTIVE SESSION DESIGNED TO EQUIP EDUCATORS WITH THE KNOWLEDGE AND CONFIDENCE TO RECOGNISE, RESPOND TO, AND DISMANTLE RAPE CULTURE WITHIN THEIR COMMUNITIES.
PREVENT IN EDUCATION SETTINGS	10TH NOVEMBER 10.30AM-12PM	HOME OFFICE	FREE	THIS ONLINE WORKSHOP WILL GIVE STAFF A CLEAR UNDERSTANDING OF THEIR RESPONSIBILITIES AND THE CURRENT TERRORIST AND EXTREMIST THREATS. PARTICIPANTS CAN ALSO DISCUSS ANY QUESTIONS ABOUT THE PREVENT DUTY OR RELATED ISSUES WITH AN EXPERIENCED PRACTITIONER.
SUBSTANCES	12TH NOVEMBER 3.30-5.30PM	DRUGS EDUCATION FORUM	FREE	THE SESSION WILL COVER THE LATEST DEVELOPMENTS IN THE FIELD OF PSYCHEDELICS, POPULAR METHODS OF CONSUMPTION, WELL-ESTABLISHED RISKS AND COMMON MYTHS, AS WELL AS EXPLORING WHY PEOPLE MIGHT CHOOSE TO TAKE PSYCHEDELICS AND SOME KEY CONSIDERATIONS FOR REDUCING POTENTIAL HARMS. THERE WILL ALSO BE AN OPPORTUNITY FOR PARTICIPANTS TO ASK QUESTIONS.
ONLINE SAFETY	13TH NOVEMBER 9.30AM-12.30PM	EDUCATION CHILD PROTECTION	£55 +VAT	THIS ONLINE SAFETY, AI & DIGITAL SAFEGUARDING UPDATE FOR LEADERS PROVIDES A FOCUSED THREE-HOUR PROFESSIONAL DEVELOPMENT SESSION EXPLORING CURRENT AND EMERGING ONLINE SAFETY RESPONSIBILITIES. THE SESSION COMBINES LEGISLATIVE UPDATES, PRACTICAL SAFEGUARDING SCENARIOS, INTERACTIVE POLLS, GROUP DISCUSSION, AND CASE-BASED LEARNING TO SUPPORT DSLS IN STRENGTHENING THEIR SCHOOL'S DIGITAL SAFEGUARDING APPROACH.
ONLINE SAFETY/EXPLOITATION	16TH NOVEMBER 9.30AM-12.30PM	SSCP	FREE	THIS EVENT IS DESIGNED TO OFFER AN OPPORTUNITY FOR PROFESSIONALS TO HIGHLIGHT THE RISKS ASSOCIATED WITH THE USE OF TECHNOLOGIES.
ANTI-BULLYING	20TH NOVEMBER 9AM-12PM	ANTI-BULLYING ALLIANCE	FREE	THIS CPD TRAINING WILL HELP DEVELOP YOUR UNDERSTANDING OF BULLYING AND THOSE MOST AT RISK OF EXPERIENCING BULLYING; AND IMPROVE CONFIDENCE IN PREVENTING AND RESPONDING TO BULLYING.
CRITICAL THINKING	26TH NOVEMBER 3.30-5PM	SEX EDUCATION FORUM	FROM £50	EXPLORES HOW TO DEVELOP CRITICAL THINKING THROUGH DISCUSSION-BASED RSE. FACILITATED BY DR VICKY STUBBS, IT FOCUSES ON USING EFFECTIVE QUESTIONING, SAFE CLASSROOM DISCUSSION AND CRITICAL THINKING TO EXPLORE TOPICS SUCH AS RELATIONSHIPS, CONSENT AND MEDIA INFLUENCE.
RSE FOR LEARNERS WITH SEND IN MAINSTREAM	2ND DECEMBER 9.30AM-3.30PM	SEX EDUCATION FORUM	FROM £200	THIS COURSE FOR KS2 AND KS3 PROVIDES OPPORTUNITIES TO EXPLORE A RANGE OF SEND AND HOW THIS MIGHT IMPACT YOUNG PEOPLE'S EXPERIENCES OF GROWING UP, RELATIONSHIPS AND SEXUALITY. THE COURSE PROVIDES CONSIDERATIONS AND ADAPTATIONS NEEDED TO SUPPORT YOUNG PEOPLE WITH SEND IN RSHE
INCELS AND THE MANOSPHERE	28TH JANUARY 2027 11AM-12PM	HOME OFFICE	FREE	THIS TRAINING SESSION ON INCELS AND THE MANOSPHERE EXPLORES THE IDEOLOGIES, LANGUAGE AND ONLINE SPACES ASSOCIATED WITH THESE COMMUNITIES. IT WILL HELP EDUCATION PROFESSIONALS RECOGNISE POTENTIAL RISKS AND UNDERSTAND HOW THEY MAY AFFECT YOUNG PEOPLE.

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
ONLINE PLATFORMS AND EXTREMIST CONTENT	28TH JANUARY 2027 1.30-2.30PM	HOME OFFICE	FREE	THIS TRAINING SESSION ON EXTREMIST PLATFORMS AND ONLINE CONTENT EXPLORES HOW EXTREMIST MATERIAL IS SHARED AND CONSUMED ONLINE. IT WILL HELP EDUCATION PROFESSIONALS UNDERSTAND EMERGING PLATFORMS, RECOGNISE CONCERNING CONTENT AND IDENTIFY POTENTIAL SIGNS OF RADICALISATION.
GAMING AND EXTREMISM	28TH JANUARY 2027 3-4PM	HOME OFFICE	FREE	THIS TRAINING SESSION ON GAMING AND EXTREMISM EXPLORES HOW EXTREMIST NARRATIVES AND INFLUENCES CAN APPEAR WITHIN GAMING SPACES AND RELATED ONLINE COMMUNITIES. IT WILL HELP EDUCATION PROFESSIONALS RECOGNISE POTENTIAL RISKS AND UNDERSTAND HOW YOUNG PEOPLE MAY BE TARGETED OR DRAWN INTO HARMFUL CONTENT.

TRAINING (E-LEARNING, WEBINARS)

NEW UPDATE

Please check out the training page on our website: https://pshestaffs.com/training/.

- Webinar from Network Rail about their Switched On Resources added to Bitesize Practice Development

PODCASTS

You can find podcasts to support CPD on our website - https://pshestaffs.com/podcasts/. This can also be found in the drop-down menu for Education Providers under the training sub-menu.
This month, we have added:

- From the Boys gives boys and young men a platform to share their experiences, perspectives and challenges in today's world. Through honest conversations, we explore the issues that matter most to boys and young men, from identity and relationships to school, wellbeing and societal expectations.
- Each episode features a range of voices, including young people, educators and specialists, helping to bring fresh insights and real-life experiences to the discussion. Together, we shine a light on the realities of growing up and the opportunities and challenges facing boys today. Added under Gender.

DOCUMENTARIES AND DRAMAS

We have collated documentaries and dramas that will support the CPD of professionals. We do not encourage or endorse these being shown to children and young people within PSHE sessions. They are located at https://pshestaffs.com/documentaries-and-dramas/. This option can also be found in the drop-down menu for Education Providers, located under the Training sub-menu.

- None added this month

NEXT EDITION (DECEMBER)...

Resources & Materials for key awareness dates in January:

- Veganuary (1-31)
- Dry January (1-31)
- National Obesity Awareness Week (10-16)
- Cervical Cancer Prevention Week (18-24)
- Brew Monday (18)
- International Day of Education (24)

WANT TO SHARE A RESOURCE, IDEA OR INFORMATION ABOUT YOUR SERVICE?
LET ME KNOW AND I CAN INCLUDE IN UPCOMING EDITIONS

Join our Facebook Group and join fellow PSHE Leads to share best practice, resources and be kept updated in between Digests



> I just wanted to say a big thank you for organising for us (and other schools) to have the How do I answer that? resource. I think its great and will be really helpful, particularly for the staff who are non-specialists. It will also help me to support these staff and will be a great reference document when I'm running staff training.

PSHE, Lead, Stafford

If you would like to share any feedback or request specific support, advice or guidance, please contact us directly:
natalie@staffscvys.org.uk

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PSHE Education
STOKE-ON-TRENT & STAFFORDSHIRE

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