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Link to Facebook Group

MEETING RECORDINGS:

We have our own YouTube channel and all our recordings from our events can now be found on our website.

PSHE Leads Meetings

- 26th March - Funded
External Providers and
PSHE Pedagogy

Bitesize Practice Development Webinars

UPCOMING DATES FOR YOUR DIARIES

PSHE Leads Network Meetings:

- 7th May 2025 - 4-5pm
- 24th June 2025 - 4-5pm

Reserve your space via our Eventbrite page and an MS Teams invite will then be sent to you

BOOK NOW



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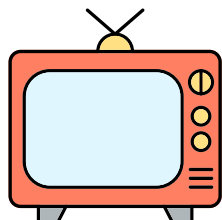
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natalie@staffscvys.org.uk

WHAT'S OUT THERE...

Whilst it is important to ensure PSHE is part of a planned curriculum, it can also be used to address needs in a local context and form part of conversations we have with children and young people about their experiences and what's happening in the world around them.

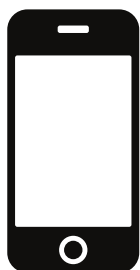
We have collated some examples of topics that are being covered in TV and media that young people may want to discuss.



- An ITV documentary, telling the story of Brianna Ghey, who was murdered in 2023 by two 15-year-olds, one who she believed was her friend, in a brutal attack motivated by her transgender identity, examines the legacy she has left, as her mother continues to campaign for social media reform.
- Netflix mini-series *Adolescence* has been central to discussions about responding to issues such as youth violence, misogyny, toxic influences and social media in recent weeks. Netflix has announced that the drama would be available to all UK secondary schools through the Into Film+ schools streaming service. Please see Page 3 for further information, support and guidance.
- Former England men's football manager Gareth Southgate gave a thoughtful and moving televised lecture about how the world is shaping young men, warning about the role of toxic influencers in shaping some of their views.



- Smoking rates are falling most quickly in the North of England according to new research. Historically, rates have been higher in the north but have reduced as a result of successful stop smoking services.
- It was announced, as part of a new funding deal agreed with community pharmacies that the "morning-after-pill" emergency contraception will be free of charge at pharmacies in England from later in the year. The government says it'll end the "postcode lottery" women face - as some pharmacies can charge up to £30. You can access more information about Emergency Contraception, including where to access it for free, here.
- Shops are being urged to run out their stocks of single-use vapes ahead of the ban coming in on 1st June. If businesses have any single-use vapes in their possession after this date they will not be permitted to sell them.
- The Guardian asks the question where is the love for Britain's lost boys? following publication of a report (see page 5 for more information)



- Nintendo has announced the launch date of its newest console - Switch 2
- Children and teens use emojis to express themselves discreetly online. While not all emoji use is concerning, parents should stay informed and engaged in their children's digital lives. Kids Online World has a webpage of a few emojis that experts suggest parents and carers are aware of.

ADDRESSING THE INFLUENCE OF THE MANOSPHERE AND MISOGYNY THROUGH PSHE

On 21st March 2025, we shared an extraordinary communication to education providers and partners in response to recent discussions in the media and government about addressing misogyny, toxic influences and related issues in PSHE. Please see below:

The PSHE Association has sent guidance to its members, that we, the Pan-Staffordshire PSHE Education Service, fully endorse. You may have noticed that misogyny, toxic influences and other related issues have seen increasing media coverage recently. This is partly due to the new Netflix mini-series 'Adolescence', which has garnered a lot of media attention and concern amongst those who may not otherwise have been aware of the extent of the issue. While we have heard some suggestions that the series itself might be worth showing in PSHE lessons, we would be very wary of doing so given that the issues it covers would need careful unpacking in order to inform and discuss nuance.

Aside from the fact that it carries a BBFC Age-15 rating (and therefore wouldn't be appropriate for viewers under that age in schools), the practicalities of showing a four-hour series in class without sufficient time to explore these themes would leave a lot of questions and concerns unresolved. For some it may also prove shocking or triggering, although the issues it explores will be all too familiar to many young people already. Instead, we would recommend addressing the underlying issues (including misogyny and toxic influences) via your planned PSHE/RSHE curriculum. And we've highlighted some of our most relevant guidance and resources below.

Firstly, the PSHE Association's ['Addressing misogyny, toxic masculinity and social media influence through PSHE education'](#) guide is free to all, as it includes practical advice on how to approach this difficult topic. It also includes links to useful teaching resources and relevant guidance you can draw upon, as well as key considerations of what to cover, and what to avoid. So please share widely, as we know education settings are looking for advice in this area.

It's also important to consider the complementary factors and related issues in your approach — not covering misogyny in isolation, but as part of a planned programme that may cover factors such as consent, harmful sexual behaviours and the impact of pornography. The PSHE Association has developed new [on-demand training course on effectively teaching about the harms of pornography](#), available as part of their School Plus membership package. This is in addition to their existing [lesson packs on consent for KS1-5](#) as well as the ['Talk Relationships' lesson pack](#) the PSHE Association worked on with the NSPCC that explores harmful sexual behaviour and other relevant topics.

We'd also encourage you to listen to (or read) ['Manosphere in the Mirror'](#), a podcast episode from Fully Human, the research and development arm of the PSHE Association, which investigates what's actually happening in the manosphere; how it's affecting children and young people; and how we might respond. This episode features their CEO Jono, in conversation with Professor Harriet Over and Dr David Zendle (both from the University of York) as well Fully Human's Research Director, Dr Elly Hanson, exploring and comparing their deep research into these questions.

It links to [wider work between the PSHE Association and the University of York](#), digging even deeper into this issue informed by teachers' invaluable experience and unique perspectives of seeing this play out in schools — including in relation to misogyny against teachers themselves prompted by online influence.

76% of secondary school teachers and 60% of primary school teachers reported that they were extremely concerned about the influence of online misogyny in their schools. (See the ['Understanding the influence of online misogyny in schools from the perspective of teachers' paper](#) for further insights and latest research on the issue.)

The government's 'Education Against Hate' initiative also has [useful guidance on incels and online misogyny](#), which links to the PSHE Association's [guidance on supporting mental health and emotional wellbeing](#), as this too is an important factor to consider when supporting young people to resist the attraction of these destructive online cultures. You will also find useful resources within the [Resource Library](#) within Appropriate Behaviours, Gender, and Online Safety.

You may also wish to view our [Bitesize Practice Development session](#) with Everyone's Invited which explores misogyny and Incel Culture, again to help increase knowledge on how this influence is spread.

UPDATE FROM NATALIE



PSHE LEADS DETAILS

Thank you to those who have already completed our short form about who the PSHE Lead is in your setting and sharing some basic information to help us get a better understanding of PSHE education across Staffordshire and Stoke-on-Trent.

To date we have had responses in the county from:

- 19% of Primary Schools
- 26% of Secondary Schools (including middle and colleges)
- 19% of Independent Schools

MUST DO

The average response time is just over 5 minutes,. Your support in making sure our database is up-to-date so that we can make plans to best support you in your role is greatly appreciated. We know you are all busy, so if you haven't already completed the form, you can do so here.

NEW

NEW LOCALLY PRODUCED RESOURCES

We are delighted to announce that we have added another 2 sessions to our Online Safety: Sharing Images package. These packs have been designed for post-16 and explore how AI and deepfakes can be used for malicious purposes and the potential consequences of explicit deepfakes. The second pack explores the reasons people choose to share images, helps young people to recognise the differences in laws around sharing images between adults and children, and explores how perceptions of sharing nude images could be affected by gender. These have been uploaded to the Sharing Images section of the Resource Library, but for ease of access now you can find them here. Year 12 and Year 13.

We'd love to hear your feedback on these packs or any in this series.

WE WANT YOU!

CASE STUDIES

- Have you used the PSHE Digest to shape your curriculum, book training or access a resource?
- Has the PSHE Education Service influenced either the development or delivery of PSHE in your setting?
- Have you used our best practice guides or ... & PSHE packs to develop CPD support for you and your team?
- Have you used our resources with your children and young people?

If you answered yes to any of these questions, we want to hear from you. We are looking for education settings that have been impacted by the Pan-Staffordshire PSHE Education Service to be our ambassadors and help us showcase to our commissioners, partners and other education settings how the service helps you. If you are interested please get in touch.

WE NEED YOUR HELP

PSHE EDUCATION STEERING GROUP

We are looking for representatives from all phases and types of education to form a new steering group to help with our governance and priorities to ensure that the service is meeting the needs of our colleagues in education, as well as the needs of children and young people. The group would meet no more than once a half-term (virtually) and would help pilot new resources and inform our action plan for the next academic year. If you are interested please let me know.

UPDATE FROM NATIONAL PARTNERS

GENDER



The Centre for Social Justice's "Lost Boys" report highlights the challenges boys and young men face. PSHE education provides a platform for them to share their feelings, helping educators identify local issues and better support healthy relationships with themselves, peers, and partners.

The National Crime Agency have shared that online gangs of teenage boys sharing extreme materials are an 'emerging threat' in the UK following the launch of its National Strategic Assessment.

It is essential that PSHE helps children and young people develop empathy, critical thinking and a strong value set to help us to safeguard our children and young people. Brook has tips for countering online misogyny in the classroom that you could discuss with your team to help develop critical thinking and a safe space for our boys and young men.

We encourage reviewing these reports and assessing your curriculum's approach to these challenges. The upcoming Lost Boys report will focus on solutions for positive change, with a detailed analysis of six themes and evidence-based policy recommendations. Updates will follow.

You might want to watch or rewatch our Bitesize Practice Development Webinar with Men @ Work CIC on Boys and Young Men or read Teenage Boys and Sexual Consent: Guidance for Educators for practical examples on working with boys and young men.

Brook has a resources to support professionals to create space for wide-ranging, honest conversations with all young people.

- What is the manosphere? An introduction to digital communities that promote harmful ideology
- What does it mean to be a man? Ideas that might come up in group discussions and ways to challenge these stereotypes



If you joined us at the conference in November, you may remember Fin sharing his experience of being separated by gender for an assembly to discuss sexual harassment. He shared that the messaging left him and his peers feeling labelled as future perpetrators. This is something the Staffordshire Youth Union, an elected body that represent local children and young people in the county have called on us, as educators, to change.

ADDRESSING SEXISM AND SEXUAL HARASSMENT

We know many of you are committed to combating sexism and sexual harassment through a whole school or whole college approach. Applications are open for the UK Feminista: Action Award 2025.

We are delighted that one of our local schools - JCB Academy in Uttoxeter - won the silver award in the secondary school category.

"WE DECIDED TO APPLY FOR THE ACTION AWARD AS SEXISM AND MISOGYNY WAS SOMETHING THAT OUR SCHOOL NEEDED TO TACKLE DUE TO THE GENDER SPLIT OF APPROXIMATELY 70% MALES AND 30% FEMALES. UK FEMINISTA'S WEBSITE WAS VERY USER FRIENDLY AND PROVIDED DETAILED AND IN DEPTH RESOURCES THAT COULD BE USED TO RAISE AWARENESS OF SEXISM AND MISOGYNY WITH PRACTICAL GUIDANCE ON HOW TO CHALLENGE THIS. THE TRAINING RESOURCES WERE VERY WELL RECEIVED BY ALL STAFF. APPLYING FOR THE AWARD GAVE US A REAL FOCUS AND THE RESOURCES UK FEMINISTA PROVIDE GAVE CLEAR AND CONCISE GUIDANCE ON HOW TO TACKLE SEXISM AND MISOGYNY ACROSS OUR SCHOOL."



We want to say a massive congratulations to the team at JCB Academy, we know they have been on a journey, including with their PSHE curriculum, to ensure they are meeting the needs of their young people.

To begin your journey, and maybe win next year, you first need to apply for the UK Feminista: Action Pledge, which demonstrates your setting's commitment to addressing sexism and sexual harassment. It's straightforward and takes just five minutes.

SIGN UP →

After taking the Action Pledge, your institution is eligible to apply for the UK Feminista: Action Award. This award recognises and rewards schools and colleges that have taken outstanding action to tackle sexism and sexual harassment through a whole school or college approach. Awards are granted in three categories—bronze, silver, and gold—based on the evidence of your initiatives and their impact. All schools and colleges which meet the criteria will receive an award. Award winners will be invited to a ceremony in London in May to celebrate their achievements.

The deadline for UK Feminista: Action Award applications is 9.00am on Monday 28 April 2025.

PORNOGRAPHY



Baroness Bertin's report, "Creating a Safer World" highlights that the average age of first exposure to pornography is 13, often accidental, and its prevalence is reshaping young people's views on gender, sex, and societal roles.

The report highlights the positive impact RSHE can have on children and young people and also the complexities and challenges teachers face in delivering sessions on this topic in an age-appropriate way and makes clear recommendations. We recommend that all PSHE Leads and Headteachers read this report, especially pages 133-139.

EXPLOITATION

NSPCC Learning has released an essential resource for professionals working with children, focusing on protecting them from child criminal exploitation. This resource covers various aspects, including:

- Different forms of child criminal exploitation
- Types of harm children may face
- The exploitation process and how to identify its signs
- How to address concerns that a child might be experiencing criminal exploitation

This comprehensive guide aims to equip professionals with the knowledge and tools needed to safeguard children effectively.

The Crime and Policing Bill has been laid before Parliament. It includes provisions to introduce: new offences of child criminal exploitation and cuckooing (where a vulnerable person's home is used by others to commit criminal activity).

Remember that our locally developed ... & PSHE series, provides information about the intended learning outcomes linked to each theme/topic within the PSHE curriculum, both statutory and from the programme builders created by the PSHE Association and key knowledge, including signposting information, topics include Child Criminal Exploitation, Child Financial Exploitation, Child Sexual Exploitation and Knife Crime.

CEOP has launched a month-long campaign, from 20th March to combat the threat posed, particularly to teenage boys, by financially motivated sexual extortion (FMSE) - more widely known as 'sextortion'. The campaign aims to raise awareness of FMSE, helping young people spot warning signs, set boundaries and access support through the CEOP Education website. It reinforces that FMSE can happen to anyone, but it is never the young person's fault.

To support this campaign, CEOP are asking all education settings to familiarise themselves with and download the guidance for England and Wales.

Support parents and carers by sharing the guidance PDF via your communication channels. All families from your setting should receive this information. We have also uploaded this to our parents and carers page on our website.

Remember if you are concerned that a child is a risk or is being criminally exploited you can refer to Catch22, the local commissioned service. You can find a copy of their referral form here.

SEXUALISED BEHAVIOUR

NSPCC Learning has published a briefing using insights from Childline counselling sessions and NSPCC Helpline child welfare contacts to share information around young people engaging in harmful and problematic sexual behaviours.

It is important to remember that not all sexualised behaviour is concerning; some are typical of growing up and should be harmless and age-appropriate. However, some behaviours may be problematic or harmful to the child or others.

The briefing shares young people's perspectives across the various stages of engaging in harmful and problematic sexual behaviours. Some young people:

- Realised they had experienced abuse themselves
- Asked sex and relationship questions which demonstrated knowledge gaps around age-appropriate behaviours, consent, and legality
- Were having fantasies, thoughts and urges that they wanted to stop and did not want to act on
- Felt guilt, regret and shame about past behaviours
- Had sought help for their harmful sexual behaviours but had not received it.

The briefing includes some useful considerations on how we ensure children and young people have the appropriate knowledge around sex and healthy relationships and that we consider the perspective of our children and young people to ensure our curriculum is meeting their needs.

SOCIOEMOTIONAL SKILLS

New research has found that the socioemotional skills of 15-16 years old in England is worse than their international peers, but could be strengthened at school.

These weaknesses - in areas such as cooperation, curiosity, empathy, persistence and stress resistance - could damage young people's job prospects if ignored, the report's authors warn. SHE is a fantastic space to support the development of collaboration, communication and problem-solving through the use of active learning techniques.

This government-funded report - What works in enhancing social and emotional skills - also evidences the effectiveness school-based programme can have when delivered by trained staff, with clear objectives that utilise active teaching methods. All of which link to our quality framework of effective PSHE.

ONLINE SAFETY

In March, Online Safety was our most viewed page in the Resource Library. Recognising this ever-changing topic, we provide the latest research to keep you and your team updated.

Internet Matters' fourth annual survey of over 1,000 families found both positive and negative impacts of online experiences on children's wellbeing. While 77% of children feel safe online (down from 81% last year), vulnerable children feel less secure. Despite challenges, the positive effects outweigh the negatives.

The American Psychological Association has developed a guide to help parents develop healthy online viewing habits in teenagers. It covers essential concepts, the impact of video content on adolescent development, and offers recommendations for encouraging productive discussions and developing media literacy

In February, French President Emmanuel Macron used AI-generated deepfake videos to promote the AI Action Summit in Paris. While some enjoyed the clips, he faced criticism for trivializing a potentially dangerous technology. The Economist Educational Foundation has created a lesson to help young people learn about deepfakes, discuss their societal impacts, and debate the appropriateness of Macron's use of them.

Techosaurus, the NSPCC's friendly dinosaur, helps parents and carers introduce online safety to young children.

Aimed at those beginning to explore the digital world, Techosaurus encourages positive conversations about healthy online habits.

The Techosaurus Activity Pack includes a parent's guide, an activity booklet with colouring pages and puzzles, and a certificate with a family agreement to reinforce key safety messages. Please note there is a minimum donation of £3 for the pack.



YOUNG MINDS – SUPPORT FOR PARENTS/CARERS

Young Minds offers virtual presentations for parent events via MS Teams or Zoom. Their Parent Engagement Officers can attend to raise awareness about their Parents Helpline and online support resources.

Presentations can vary in length and include time for questions and comments.

For more information, email jill.walsh@youngminds.org.uk. Capacity is limited and allocated on a first-come-first-served basis, so please reach out early if interested.

REGISTER NOW



LAST CHANCE

STEP INTO THE NHS

Raise the career aspirations of your children and young people and explore the breadth of NHS job opportunities with curriculum-linked resources and a nationwide competition. The Step into the NHS competition introduces young people to the more than 350 NHS careers so they are inspired and motivated to fulfil their potential, no matter their interests and skills.

The Step into the NHS competition closes on 30th April, so there is still time to get involved.

To start you need to download and deliver the 'One Lesson Launch' that delivers all the careers learning in just one hour. You will find the link on the relevant competition page linked below.

There are 2 competitions:

- Years 3-5 need to choose up to three different NHS jobs that really stand out and the be creative to share what they have learnt about them.
- Years 7-9 need to create a job advertisement showcasing one NHS role of their choice. The advert should include key responsibilities, along with any qualifications, skills and experiences needed for their chosen role.

Explore the completion pages to learn more about the competition ask, the prizes and take a look at some of the previous entries.

- [Primary Schools](#)
- [Secondary Schools](#)

FINANCIAL EDUCATION

STOP LOAN SHARKS
Intervention . Support . Education

Stop Loan Sharks is a Government funded initiative hosted by Birmingham City Council. They have recently updated their financial education resources for both primary and secondary settings and are looking for a limited number of schools to trial them with.

If you are interested in adding your setting to their trial list please visit their website to complete the form, and a member of their team will be in contact shortly. Once the resources have been published they will be quality assured and we will update you.

Stop Loan Sharks can also support setting up a savings club within schools. This helps children and young people to develop life-long financial management skills. Download Stop Loan Shark's information guide or email them to find out more information. You can find a copy of their latest newsletter here.

SIGN UP

DFE UPDATE

The Curriculum and Assessment Review Interim Report was published in mid-March which shared the appraisal of the present state of play in curriculum and assessment and outlines the direction in the next phase of the Review.

In relation to RSHE, they reiterate the current review being undertaken on the current guidance is in parallel to this report and state that they will ensure that any implications of its findings are considered as we move into the next phase of work.

The report also reminds us that society is rapidly changing, and bringing new opportunities and challenges, including those presented by AI, and those relating to global political developments and climate change. These will require particular knowledge and skills to address, and to ensure that our young people can harness future opportunities and fend off threats to our democracy and cohesion. Whilst the report acknowledges that digital skills, media literacy, on online relationships and safe and respectful use of technology are covered within the computing and RSHE curriculums, and there is alignment between both programme of study, the next phase will consider whether there is sufficient coverage of these (and other) areas of knowledge and skills within subjects and how content can remain relevant and support young people to thrive in a fast-changing world.

DIET AND NUTRITION

The British Nutrition Foundation has published an article that explore how we can better support children and young people with additional needs in food lessons. The article provides practical strategies to make food lessons more accessible and enjoyable for neurodivergent children and young people.

The Sandbox has developed resources on building a positive relationship with food for young people.

POLICE AND CRIME COMMISSIONERS

As our service is funded by our local Police, Fire and Crime Commissioner's Office we see first hand the impact this role has locally. The Association of Police and Crime Commissioners (APCC) is raising awareness of the role, range and impact of the Police, Fire and Crime Commissioner to prevent crime and improve community safety in a new campaign.

The APCC has produced two films, which focus on children and young people, one explores youth navigators (we have a similar service in Staffordshire and Stoke-on-Trent provided by Catch22), and the other covers Young Voices Conversation, which seeks to improve the relationships between the police, children and young people aged 11-25.

NATIONAL YOUTH STRATEGY CONSULTATION



The Government is creating a new ten year National Youth Strategy to tackle the challenges for this generation of young people and ensure that every young person can thrive. The National Youth Strategy will bring power back to young people and their communities and improve youth focused services, moving away from a one-size-fits-all approach from Government.

Deliver You is the name of our national campaign across England, which will seek views directly from young people to inform the National Youth Strategy. The campaign, co-produced with young people, is an ambitious and exciting opportunity for young people to share their views, experiences, and ideas- and to tell the Government what really matters to them.

The campaign is inspired by online food delivery services and focuses on encouraging young people aged 10-21 (25 with Special Educational Needs and Disabilities) to 'Place their Order' to the government about youth services. Young people will also have the chance to take part in one of 6 regional in-person events, to start to shape the solutions.

In collaboration with DCMS (Department for Culture, Media and Sport), the Deliver You campaign is powered by the #iWill Movement, My Life My Say and Savanta - a partnership driven by a commitment to equipping and enabling young people to shape and lead change.

Join us in encouraging and supporting thousands of young people to shape this once in a generation strategy.

If you would like to support young people to get involved, you can encourage young people to 'Place their Order' by filling in the online survey through discussions, social media or offering practical support for them to do so.

There are lots of resources available to support you share and promote this opportunity, including social media graphics, toolkits and session plans. Please visit the website and click through to the assets/social media/shareable page to find them.

MAKE IT MANDATORY! – SIGN THE PETITION

Make it Mandatory has launched a campaign calling for RSE to be extended up to the age of 18 in further education, and Brook, The Sex Education Forum and EVAW we are working to secure a change in the law.

Extending the age of statutory RSE was a recommendation in a number of Select Committee report including The Women and Equalities Committee.

We know many of you already deliver PSHE/RSHE to post-16, as you recognise its importance and we are asking you, parents, carers, and young people to sign the petition to secure a change in the law.



UPDATE FROM LOCAL PARTNERS

NEW CAMPAIGN FROM STAFFORDSHIRE POLICE



Non-contact sexual offences have historically been overlooked in society as a form of violence against women and girls, but it's time to change this. Staffordshire Police have launched the "It does Matter!" campaign that aims to empower everyone to stand against violence and non-contact sexual offences.

Non-contact sexual offences include, but are not limited to; indecent exposure, voyeurism, up-skirting, spiking, stalking and cat calling. More information on these can be found on the [advice page](#). 9 in 10 people, regardless of sex or gender have experienced non-contact sexual offences.

The campaign includes a video that shows people's experiences of non-contact sexual offences.

Why not consider utilising this campaign within your consent, harassment, appropriate behaviours sessions?

LOCAL NEWSLETTERS

- 0-19 Families Health and Wellbeing Service have published their Winter Edition newsletter
- The Stoke-on-Trent & Staffordshire Violence Reduction Delivery Group (VRDG) have shared their Resource Round-Up for April 25.
- The latest ELSA newsletter for Spring 2025 has been published.
- New Era, the commissioned Domestic Abuse service has published their latest bulletin
- Catch22 has published their Missing, Child Exploitation and Vulnerability Research and Development Round-up for March 2025. This includes even more useful resources to address the Manosphere.
- The latest Child Death Prevention Newsletter has been published.
- Staffordshire Together for Carers has published their latest newsletter.

SAVANA: CLOSURE NOTICE

Savana, a counselling and support service in Stoke-on-Trent and Staffordshire for those affected by sexual violence and abuse (for ages 4+), is closing after over 38 years due to funding issues. Services will cease on 30th April 2025.

Their statement calls the closure "a devastating loss," thanking survivors for their trust and courage over the decades.

For support, survivors can reach out to Staffordshire Survive (0300 330 5959) or the National Rape Crisis Helpline (0808 500 2222).

CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH CAMPAIGN

Young people today face increasing mental health challenges, and finding trusted, effective support can feel overwhelming.

That's why Staffordshire County Council has developed the Young Person's Mental Health (YPMH) section within the Staffordshire Health App Finder – a free digital tool that young people can use directly to find expert-reviewed mental health apps.

The tool is also a valuable resource for those who support young people, including schools, colleges, youth workers, health professionals, parents, and community organisations. It makes it easy for both young people and their support networks to find safe, reliable mental health and wellbeing apps in one place.

How you can help to make sure this valuable resource reaches the young people who need it. Here's how you can get involved:

- ✓ Signpost young people to the tool within your PSHE sessions.
- ✓ Encourage young people to explore the tool for themselves. It's easy to use and helps them find the right support quickly.
- ✓ Share the ready-made social media posts to spread awareness.
- ✓ Display posters and leaflets in your setting, we will be adding these to our Notice Board resource.
- ✓ Include information in newsletters and on websites to signpost young people and their families to the tool.
- ✓ Use the tool in your own conversations with young people.



NEW STAY WELL SERVICE

NEW!

From 1st April a new service "Stay Well" started to provide emotional health and wellbeing support for children and young people aged 5-18 years old (25 years with SEND) in Staffordshire.

The service will also help families and professionals gain the knowledge and confidence to create an emotionally healthy environment and support children and young people.

You can find out more about the service by visiting their website.

Children, young people and their families can refer directly into the service, or they can be referred by a professional.

Call: 01782 418 518

Online: Stay Well online referral form



SAFEGUARDING UPDATE

URGENT

From 1st April, the Front Door and Multi-Agency Safeguarding Hub (MASH) is changing to Staffordshire Safeguarding Integrated Front Door (SSIFD). Staffordshire Safeguarding Integrated Front Door remains the point of contact for enquiries and referrals relating to children and young people made by professionals, families and the public.

There will be planned Threshold workshops and training for all partners in May and June 2025, dates to follow. Staffordshire Safeguarding Children Partnership really want to hear your ideas for change and how we can improve our response in supporting our children and young people in Staffordshire.

You can read the full communication that has been circulated here.

Staffordshire Safeguarding Children Partnership has produced a short video on how they will use their Leadership responsibility to lead during this change and enable improved outcomes for children.

SUMMER WAR GRAVES CAMP : APPLICATIONS NOW OPEN!

Since 1962, Staffordshire and the German War Graves Commission (Volksbund) have hosted an annual Summer War Graves Camp on Cannock Chase, home to the UK's only German Military Cemetery. Applications are now open for 15 young people from Staffordshire (aged 16-18) to join this unique 12-night residential alongside 15 German peers from 27th July - 8th August 2025.


This opportunity is completely FREE for young people in Staffordshire and offers participants the chance to:

- Explore history & remembrance - Learn about those buried at Cannock Chase and work alongside German participants to find out how each culture reflects on 20th century conflicts.
- Meet local veterans - Hear from members of the Staffordshire Regimental Association and Royal British Legion.
- Engage with civic leaders - Meet and hear from key local figures who play a role in Staffordshire's public life.
- Volunteer & make a difference - Help maintain the Cannock Chase German Military Cemetery through hands-on conservation work.
- Enjoy outdoor adventure & teamwork - Take part in trips, museum visits, team-building challenges, and summer camp activities.

The camp is centred around themes of unity, peace, and international friendship - an incredible opportunity for young people interested in history, culture, and global citizenship.

 Spaces are limited—apply now at:

 staffscvys.org.uk/summer-war-graves-project/

 Watch the video: youtu.be/kV_YK58MjhU

Please share this opportunity with your young people - it's an experience they won't forget!

SUPERVISED TOOTHBRUSHING OPPORTUNITY

You may have seen in the news in the last month the government announced that children in the most deprived areas of England will get access to a programme to help protect them from tooth decay.

Locally, Shropshire Community Health NHS Trust has been commissioned to provide an evidence-based toothbrushing programme for 3-5 years old in targeted day nurseries and primary schools across Staffordshire. The programme aims to reduce the rates of tooth decay in children.

Once registered you will receive staff training and toothbrushing resources so staff can supervise the children to brush their teeth in a safe, effective and fun way as well as encouraging children to brush at home.

This programme is a brilliant way for children to put into practice their learning from the Personal, Social and Emotional Development curriculum within the Early Years Framework where there is a requirement "through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently".


The Healthy Smiles Team will be getting in touch with identified nurseries and schools and we strongly encourage people respond and explore how this could work in their setting and how we can support children to develop life-long habits that support good oral hygiene.


You can watch a short video about the programme below.



RESOURCES

Resources included in this section are linked to key dates of awareness or observation, that have relevance to PSHE. You can view the full year calendar [here](#) in the website and below.

 PSHE Education STOKES-ON-TRENT & STAFFORDSHIRE		AWARENESS CALENDAR 24-25								
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY
1-30: Childhood Cancer Awareness Month	1-31: Black History Month	1-30: Islamophobia Awareness Month	1: World AIDS Day	1-31: Veganuary	1-28: LGBT History	1-31: Women's History Month	1-30: Stress Awareness Month	1-31: Local and Community History Month	1-30: Pride Month	1-31: Plastic Free July
2-6: Zero Waste Week	1-31: Breast Cancer Awareness	1-30: Movember	2-8: National Grief Awareness Week	10-16: National Obesity Awareness Week	6: Time to Talk Day	1-31: National Bed Month	2: World Autism Day	1: Staffordshire Day	1-30: Gypsy, Roma & Traveller History Month	1-31: Talk to Us (Samaritans)
9-13: National Schools Breakfast Week	1-31: ADHD Awareness	1-30: Lung Cancer Awareness Month	3: International Day of People with Disabilities	20: Brew Monday	3-9: Children's Mental Health Week	1: Self-Injury Awareness Day	2: International Walking Day	3: World Hygiene Day	3: Stoke-on-Trent Day	
9-13: UK Savings Week	9-13: Baby Loss Awareness Week	5: Bonfire Night	3: International Volunteer Day	24: International Day of Education	8: International Day of Zero Tolerance to FGM	8: International Women's Day	7: World Health Day	13: International Day of Families	9: World Environment Day	
10: World Suicide Prevention Day	10: World Mental Health Day	7: International Day against Violence and Bullying at School, including cyberbullying	10: Human Rights Day		9: World Toothache Day	10-14: Empathy Week	10: National Siblings Day	16: International Boy's Day	12: Brake's Kids Walk	
14: World First Aid Day	11: International Day of the Girl Child	13: World Kindness Day			11: Safer Internet Day	10-16: Nutrition and Hydration Week	22: Earth Day	17: International Day against Homophobia, Biphobia and Transphobia	14: World Blood Donor Day	
11-17: Sexual Health Week	12-18: Hate Crime Awareness Week	11-15: Anti-Bullying Week			14: Valentine's Day	18: Global Recycling Day	22: National Stephen Lawrence Day	17-24: Ditch the Blade Week	15-21: Refugee Week	
13: World Sepals Day	15: Global Handwashing Day	12: Odd Socks Day			14-20: Kindness Week	18: Stop Child Exploitation Awareness Day	24-30: World Immunization Week	21: World Day for Cultural Diversity, Dialogue & Development	21: National Selfie Day	
16-22: Genes for Jeans Week	16: World Food Day	14: World Diabetes Day			19: International Childhood Cancer Day	19: Sleep Day		28: Menstrual Hygiene Day	29: Drowning Prevention Day	
16-22: Travel Wise Week	16: Restart a Heart Day	17-23: Road Safety Week			24-2 (Mar): Eating Disorders Awareness Week	20: International Day of Happiness		31: World No Tobacco Day		
18: National Fitness Day	16-22: Recycle Week	18-24: UK Parliament Week				20: World Oral Health Day				
19: Youth Mental Health Day	24: UN Day	19: International Men's Day				21: International Day for the Elimination of Racial Discrimination				
23: International Day of Peace		25: International Day for the Elimination of YAWG				31: International Transgender Day of Visibility				
26: World Contraception Day										



STAFFORDSHIRE COUNCIL OF VOLUNTARY YOUTH SERVICES

Natalie McGrath
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Ellie Chesterton
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Using engagement analytics of the Resource Library on our website, we have identified the top 5 topics that users are visiting, to look for resources. This data will help us identify further resources, support and guidance on priority topics.

- **ONLINE SAFETY**
- **FEELINGS AND EMOTIONS**
- **BULLYING**
- **APPROPRIATE BEHAVIOURS (INC. SEXUALISED BEHAVIOURS)**
- **KNIFE CRIME**
- **HEALTHY RELATIONSHIPS**
- **MONEY**
- **PUBERTY**
- **SIMILARITIES AND DIFFERENCES**

We value ongoing feedback to help us shape the service and ensure that we respond to support needs. You are welcome to share any feedback, suggestions and thoughts by emailing natalie@staffscvys.org.uk.



NEW RESOURCES IN THE LIBRARY - WWW.PSHESTAFF.COM

A short film and activity ideas, from BBC Teach, that uses a real life story to explore the legal and emotional consequences of sharing sensitive photos.

PHOTO SHARING

We advise changing the wording to one activity to "help them to write advice to Laura about what she *could* do" This helps avoids victim-blaming or thinking there is a right or wrong answer.

LAURA'S STORY

This has been added to the Online Safety page in the [Resource Library](#),

3 x 1 hour Sexual Violence and Harassment lessons for Year 9 + (13+) that use short videos with young people and experts. CPD is also available to help staff feel confident to deliver sessions on these topics. Sign-up required - to access the lesson plan click on the lesson plan section at the top of the webpage.



The training link can be found on our Training page. Lesson plans can be found in Abuse & Violence, Appropriate Behaviours, Gender, and Harassment in the [Resource Library](#).

Did you know that skincare products are trending among school-age young people? In response to this Life Lessons has created a 15-minute form-time lesson for 11-16 years old that explores how the current trend of young people using skin care might not be suitable for their skin, the link between skin care and body image and the reasons why young people are using expensive skin products. To access the resources you need to sign-up.

This has been added to the Body Image page in the [Resource Library](#).

You be the Judge is an interactive website created by the Sentencing Council with support from the Judiciary of England and Wales. It puts young people in the role of a judge or magistrate to make decisions based on real-life cases and decide what they think the sentence should be. They can then compare your sentence to the one given by the judge or magistrates. Scenarios include fraud, possession of Class A drug with intent to supply, possession of a bladed article, robbery, assault on an emergency worker and possession of a firearm. This has been added to Appropriate Behaviours, Laws, Substances, and Knife Crime in the [Resource Library](#).

THE LAW



FINANCIAL EDUCATION

Oak National Academy has developed new financial education resources for Key Stage 1 and Key Stage 2 that explore topics such as:

- How we get money and what we do with it
- Handling money safely and sensibly
- Credit and debit cards
- Exploring calculations involving money and wider economic choices

These resources can be utilised in either the Maths or PSHE curriculum.

The links have been uploaded to the [Resource Library](#) under Money and Budgeting, Feeling and Emotions and Online Safety.

SEXUAL BEHAVIOURS

Portsmouth City Council and Engendering Change Ltd - a Preventing Child-on-Child Sexual Violence and Sexual Harassment: A Toolkit for Schools and Colleges - whilst the resource has been created for Portsmouth, there is permission to share this resource more widely.

As you will know, PSHE should be a preventative education approach. In this toolkit you will find activity ideas and links to PSHE/RSE throughout. The toolkit has been co-produced with young people and teachers in Portsmouth. It is primarily intended for secondary schools and colleges, however it is recognised that child-on-child sexual violence and sexual harassment are increasingly affecting primary schools. This guidance provides a starting point for teachers and support staff to adopt preventative approaches.

This resource has been uploaded to Linked Guidance and also in the [Resource Library](#) under Appropriate Behaviours (inc. sexual), Consent, Harassment, Healthy Relationships, Laws, Pornography, Relationships, Relationship Breakdowns, Sex, Sexual Pleasure, The Law.

TRANSPORTATION SAFETY - RESOURCES FOR PARENTS AND CARERS

Staffordshire Safer Roads Partnership has developed a website - [Helping New Drivers](#) - that provides a range of advice and information for anyone helping someone learn to drive.

The website also features a range of downloadable materials on topics to discuss before a young driver takes to the road, including managing speed, avoiding distractions and the importance of wearing seatbelts.

If you are working with 17+ years old, please ensure you are signposting parents and carers to this website to help reinforce the learning taking place in your setting.

This has been added to our [Parents and Carers page](#) on the website.

EXAM SEASON

EXAM!

It's hard to believe that exam season is nearly upon us, and we wanted to provide some resources to support your children and young people during this time.

For Young People:

- Young Minds have some [Mental Health Advice for Students](#) that includes practical tips on self-care.
- [The Sandbox](#) has tips on preparing for exams, study techniques, diet and nutrition to support concentration, focus and energy as people revise.
- Mind has [information on exam stress](#) for 11-18 years old, including where to go for help and support.

For Parents/Carers:

- The NHS has [information for parents and carers](#) to help their child beat exam stress.
- Young Minds has [created a parents' guide](#) to supporting during exam time and exam stress.
- UCAS have a [tips for parents and carers](#) on revision and how to manage stress during exam season.

Lesson Plans:

- The Department of Health & Social Care has [created a lesson](#) that enables young people to develop helpful strategies for managing their own exam stress and learn how to be supportive of friends who may be experiencing stress.
- the British Red Cross has a [lesson for 11-16 years old](#) that includes activities and topic to help young people cope with exam stress.
- Young Minds has [activity ideas](#) to help help children and young people build positive mental health.

You will have been preparing children and young people to manage stress. We have pulled the links to the Statutory Guidance to help you map your own curriculum and remind your children and young people what they have learnt:

Primary:

- that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations.
- how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings.
- how to judge whether what they are feeling and how they are behaving is appropriate and proportionate.
- the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.
- simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests.
- where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online).

Secondary:

- how to talk about their emotions accurately and sensitively, using appropriate vocabulary.
- how to recognise the early signs of mental wellbeing concerns.
- common types of mental ill health (e.g. anxiety and depression).
- how to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.
- the benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness

NATIONAL WALKING MONTH - 1-31 MAY

National Walking Month takes place in May 2025 within that The Walk to School Week Campaign is held 19-23rd May.

With the rise of sedentary lifestyles among children, it's crucial to encourage active school journeys to help them achieve the recommended 60 minutes of daily activity.

BBC Teach have developed an session that includes a short video, we would suggest this would be better delivered in the classroom rather than assembly to enable discussions to take place.

LOCAL AND COMMUNITY HISTORY MONTH - 1-31 MAY

Local and Community History Month aims to enhance awareness of local history, engage communities in exploring historical topics, and inspire active participation from all members of the community.

PSHE can be effectively integrated across the curriculum, linking with subjects such as English, RE, PE, History, Geography, Maths, Science, and Computing. These connections enrich learning experiences and promote holistic development. By integrating PSHE with Humanities subjects, children and young people gain insights into diverse cultures, values, beliefs, historical events, and social issues. This approach nurtures global citizenship and encourages respect for others.

1st May is Staffordshire Day, where we celebrate everything we love about Staffordshire. Why not utilise form time to talk about what life is like for children and young people living in Staffordshire, what they enjoy and what would make it even better? This can support your pupil voice to ensure that the issues and challenges children and young people face, and also consider how we ensure that our curriculum is not reactive to problems but takes a universal, preventative approach where we promote the behaviours we want, such as social cohesion, self-esteem, positive relationships and community. We should provide opportunities for children and young people to live these attributes and values, not just discuss them from a PowerPoint.

WORLD HYGIENE DAY - 5 MAY

Every year, the SAVE LIVES: Clean Your Hands campaign highlights the importance of hand hygiene in healthcare and unites people worldwide to improve hand hygiene.

For primary schools, [Global Handwashing Day resources](#) include activities, games, posters, and certificates.

The UK Health Agency's [e-bug programme](#) educates children aged 3-16 to encourage positive behaviours for infection prevention.

Our [Hygiene & PSHE professional guidance](#) shows the curriculum learning outcomes linked to Hygiene, and gives information to enable professionals to build their own knowledge on the topic to competently facilitate PSHE sessions with confidence.

All these materials, along with additional resources, are available in the Hygiene section of the Resource Library. [Register](#) or [log in](#) here.

INTERNATIONAL DAY OF FAMILIES - 15 MAY

The International Day of Families provides an opportunity to promote awareness of issues relating to families as well as to promote appropriate action. Resources from the following organisations are available in our [Resource Library](#) - in the Families section:

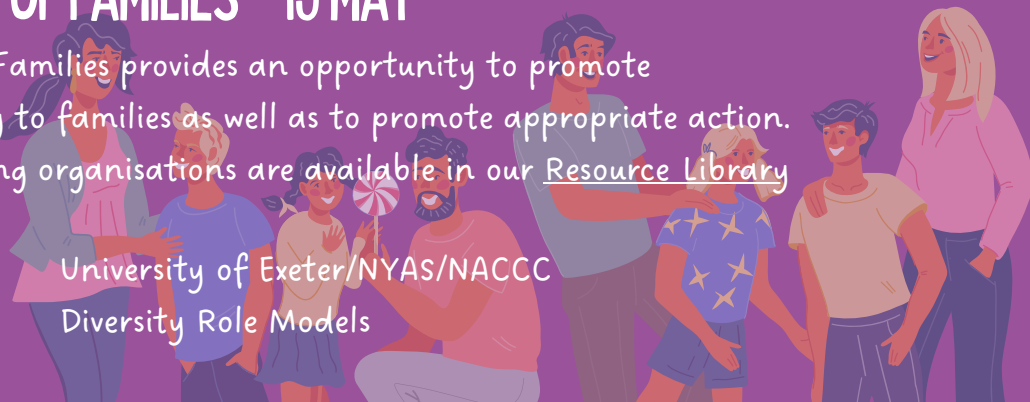
Department for Education

BBC Teach

British Council

University of Exeter/NYAS/NACCC

Diversity Role Models



INTERNATIONAL BOY'S DAY - 16 MAY

PSHE delivery must be free from stereotypes and gender biases. While certain topics may highlight risks or behaviours linked to specific genders, it's crucial to ensure all children and young people learn about safety and being safe to be around.



Misogyny and toxic influences, highlighted by recent news, have sparked discussions. To support education settings in addressing these issues, we sent out exceptional communications containing resources, this has been included on [Page 3](#).

INTERNATIONAL DAY AGAINST HOMOPHOBIA, BIPHOBIA AND TRANSPHOBIA - 17 MAY

The International Day Against Homophobia, Transphobia, and Biphobia was created in 2004 to draw attention to the violence and discrimination experienced by LGBTQIA+ people.

To be able to challenge homophobic, biphobic and transphobic (HBT) bullying it is important that all members of the school, college or community setting understand what it is and what it can look like.

Click here to watch the [Homophobia & PSHE: Bitesize Practice Development Session with United Staffordshire Against Hate](#).

DITCH THE BLADE WEEK - 17-24 MAY

[Staffordshire Police's Ditch the Blade campaign](#) supports Operation Sceptre, two national weeks of dedicated activity against knife crime. These weeks are an opportunity to highlight everything partners are doing to tackle knife crime in Staffordshire, however the work continues all year round.



PSHE education and prevention efforts help children and young people understand the risks of carrying knives in a safe space where they can develop knowledge, skills and strategies.

Our [Knife Crime & PSHE professionals guidance](#) offers curriculum outcomes and key information for leading PSHE sessions tailored to the local context. Additional resources are available in the [Resource Library](#) on the Knife Crime page.

WORLD DAY FOR CULTURAL DIVERSITY, DIALOGUE & DEVELOPMENT – 21 MAY

This day celebrates cultural diversity and shared connections. You could engage your school community by inviting parents/carers to deliver or participate in cultural workshops, such as cooking or dancing, and create noticeboards highlighting the community's languages and cultures.

Young Citizens provides a [blog with ideas for primary schools](#). Our locally produced resources on Hate Crime, created in partnership with USAH also look at the benefits of diversity and can be found in the [Resource Library](#) under Similarities and Differences.

MENSTRUAL HYGIENE DAY – 28 MAY

1 in 3 young people who menstruate struggle with heavy periods, and this number is even higher for young people.

Brook has created a [Heavy Period Awareness Campaign](#) that you can access here.

Period Education UK has created information on [how to improve support for menstruation in school](#). This has been added to our Linked Guidance page.

Period Education UK have four session plans for ages 10-16 which have been added to the Puberty, Fertility, and Menopause sections of the Resource Library, these cover menstrual cycle essentials, period products, symptom management, and staying active during PE.

Hey Girls has created a spiral curriculum with session plans for schools and youth clubs. These have been added to our [Resource Library](#) and can be found in Puberty and Fertility and Menopause. UNICEF (South Asia) also offers a [guide to teaching menstruation](#), including essential knowledge for young people.

In February, Members of Youth Parliament (MYP) debated national priorities, with Caitlyn, one of our local MYPs, championing Period Dignity, highlighting that 1 in 5 people can't afford period products. Votes at 16 and Period Dignity were chosen as top UKYP campaigns for 2025, aiming to break stigma, provide health knowledge, and empower young people to seek support.

WORLD NO TOBACCO DAY – 31 MAY

This annual event shines a spotlight on the harm caused by tobacco, exposes tobacco company tactics, highlights WHO's efforts to combat the tobacco epidemic, and inspires people globally to embrace healthy living and protect future generations.

The 2025 World No Tobacco Day campaign, "Unmask the Appeal #TobaccoExposed," exposes tactics used by tobacco and nicotine industries to make harmful products appealing to children and young people. Strategies include attractive designs, flavors, glamourized marketing, and additives that mask harshness—all aimed at expanding customer bases. Nicotine and tobacco products are highly addictive and harmful.

Our [Smoking, Tobacco, Vaping & PSHE professionals' guidance](#) outlines curriculum learning outcomes related to the topic. It provides essential information to help professionals deepen their knowledge and confidently lead PSHE sessions.

This, and other resources to support the topic, can be found in the Smoking, Tobacco & Vaping area in the [Resource Library](#).

TRAINING OPPORTUNITIES

Whilst we always try and source resources and training at no cost, we recognise that some organisations do have a small budget to support their PSHE delivery. Here are some upcoming training opportunities available both for free and a cost, both locally and nationally. Click on links for bookings and further information.

REMINDER

It is important to us that we signpost to any training opportunities that may enhance your CPD offer in your settings.

In addition to the PSHE Education Service webinars; monthly PSHE Leads Network Meetings, detailed on Page 1 which can be booked, for free through Eventbrite, we signpost to wider training opportunities.

We signpost to training from reputable sources, nationally and locally however, are not responsible for the content. If you have any feedback to share regarding training which you attend, please feel welcome to share with us - natalie@staffscvys.org.uk.

TRAINING

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
DOMESTIC ABUSE	VARIOUS	NEW ERA	FREE	FREE DOMESTIC ABUSE AWARENESS AND TRAINING SESSIONS FROM THE COMMISSIONED SUPPORT PROVIDER FOR STAFFORDSHIRE AND STOKE-ON-TRENT.
GAMBLING	VARIOUS	YGAM	FREE	THIS 90 MINUTE INTRODUCTORY WORKSHOP IS PART 1 OF 2 OF OUR FULLY FUNDED CITY & GUILDS ASSURED TRAINING AND IS OPEN TO TEACHERS, YOUTH WORKERS AND FORWARD FACING PROFESSIONALS WHO WORK DIRECTLY WITH CHILDREN AND YOUNG PEOPLE AND ARE ABLE TO DELIVER SESSIONS TO THEM ABOUT GAMING AND GAMBLING HARM.
SEXUAL ABUSE	VARIOUS	CEOP	£150	A ONE DAY ONLINE COURSE FOR PROFESSIONALS TO GAIN AN UNDERSTANDING OF ONLINE SEXUAL ABUSE. ENABLES PARTICIPANTS TO IDENTIFY KEY STRATEGIES TO ENSURE ONLINE CHILD SEXUAL ABUSE IS INCLUDED AS PART OF A WHOLE-ORGANISATION APPROACH TO SAFEGUARDING AND PROTECTING CHILDREN AND YOUNG PEOPLE

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
ONLINE SAFETY	VARIOUS	CEOP	£150	PROFESSIONALS MUST ATTEND UNDERSTANDING ONLINE CHILD SEXUAL ABUSE TRAINING (ABOVE) FIRST. THIS TRAINING ENABLES PARTICIPANTS TO BECOME LEADS FOR TRAINING AND INFORMATION RELATING TO ONLINE CHILD SEXUAL ABUSE
FINANCIAL LITERACY	VARIOUS	YOUNG ENTERPRISE	FREE	FREE CPD ACCREDITED SESSIONS FOR PRIMARY, SECONDARY AND SEND. ACCESS TO QUALITY FINANCIAL EDUCATION RESOURCES, SHARE BEST PRACTICE, FIND OUT ABOUT THE SUPPORT AVAILABLE AND GET THE CONFIDENCE TO DELIVER HIGH QUALITY FINANCIAL EDUCATION.
PLANNING YOUR CURRICULUM	17 TH APRIL 10-11AM	STAFFORDSHIRE COUNTY COUNCIL	FREE	LEARN ABOUT THE KEY HEALTH AND CARE ISSUES FOR THE POPULATION OF STAFFORDSHIRE. STAFFORDSHIRE COUNTY COUNCIL'S PUBLIC HEATH TEAM ARE RUNNING WEBINARS ON THE JOINT STRATEGIC NEEDS ASSESSMENT (JSNA). THIS IS AN INTERACTIVE DASHBOARD WHICH DISPLAYS LOTS OF HEALTH, CARE AND POPULATION DATA THAT CAN HELP ENSURE YOUR CURRICULUM IS MEETING THE LOCAL CONTEXT.
MANAGING CHALLENGES	25 TH APRIL 3.45-4.45PM	ENTRUST'S BEHAVIOUR SUPPORT TEAM	£29	A WEBINAR LOOKING AT MANAGING PUPILS MOVING TO SECONDARY SCHOOL, IDENTIFYING SOME OF THE POSSIBLE BARRIERS AND EXPLORING SOME STRATEGIES TO SUPPORT PUPILS.
GENDER	24 TH APRIL 10-11:30AM OR 5 TH JUNE 5.30-7.00PM	EVERYONE'S INVITED	FREE	THESE SESSIONS FOCUS ON INCEL CULTURE, THE RISE OF ONLINE MISOGYNY AND CHALLENGING YOUNG PEOPLE'S HARMFUL LANGUAGE.
PREVENT	12TH MAY OR 3RD JULY 3.30-4.45PM	DEPARTMENT FOR EDUCATION	FREE	THIS TRAINING PACKAGE HAS BEEN DESIGNED BY DFE FOR DESIGNATED SAFEGUARDING LEADS TO UNDERSTAND THEIR RESPONSIBILITIES AND THE IMPORTANCE OF THE PREVENT DUTY.
SAFEGUARDING	14 TH MAY 9.30-11.30AM OR 3.30-5.30PM	STAFFORDSHIRE EDUCATION SAFEGUARDING TEAM	FREE	THE ESAS SUMMER TERM DSL BRIEFING ONLY AVAILABLE TO STAFFORDSHIRE SCHOOLS ONLY.
VAWG	15 TH MAY 3.45-5.45PM	CHAMELEON PDE	FREE	THIS WEBINAR ON PREVENTING VIOLENCE AGAINST WOMEN AND GIRLS BRING TOGETHER THE LATEST RESEARCH AND PRACTICAL STRATEGIES FOR EDUCATION SETTING.

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
VAWG	21 ST MAY 3.00-4.30PM	<u>EVERYONE'S INVITED</u>	FREE	THIS SESSION FOCUSES ON INCEL CULTURE, THE RISE OF ONLINE MISOGYNY AND CHALLENGING YOUNG PEOPLE'S HARMFUL LANGUAGE.
SUICIDE	22 ND MAY 9.30AM-1.00PM OR 24 TH JUNE 9.30AM-1.00PM	<u>MIND</u>	FREE	STAFFORDSHIRE COUNTY COUNCIL HAVE FUNDED A HALF-DAY ONLINE TRAINING COURSE THAT RAISES AWARENESS AROUND SUICIDE AND SUICIDE PREVENTION WITH A FOCUS ON CHILDREN AND YOUNG PEOPLE

E-LEARNING COURSES

NEW UPDATE

Please check out the training page on our website - <https://pshestaffs.com/training/>.

A new link has been added this month as The Department for Education have worked in collaboration with the National Counter Terrorism Security Office (NaCTSO) and sector partners to produce a range of free resources that can help all those working in education settings and relevant security leads to understand how to keep learners and staff safe from terrorism and other major incidents. You will find this link on our Training page under the button - Extremism

We have also added CPD-accredited e-learning courses from Just Like Us that explore preventing LGBT+ bullying in primary schools and in secondary schools. This has been added as the Anti-LGBT+ Bullying button.

PODCASTS

You can find podcasts to support CPD on our website - <https://pshestaffs.com/podcasts/>. This can also be found in the drop-down menu for Education Providers under the training sub-menu.

Added this month:

- BBC Sounds - BBC Radio 4 has released a new podcast featuring voices from IICSA Changemakers, a group coordinated by the NSPCC. The episode shares experiences of child sexual abuse, challenges misconceptions about abuse, and highlights the impact of institutional silence. This can be found under abuse and violence.
- NSPCC - Learn what young people think about the online world, including content moderation, misinformation and Generative AI. This can be found under online safety.
- Youth Endowment Fund- Safe is a series of conversations about violence affecting children and young people, with experts who are working hard to stop it. Each episode starts with a simple question — 'when you were young, what did being safe mean to you?' — before exploring how guests' life and career journeys led them to create sustainable solutions to violence.

DOCUMENTARIES AND DRAMAS

We have collated documentaries and dramas that we think will support CPD of professionals. We do not encourage these to be shown to children and young people within PSHE sessions. They are located at <https://pshestaffs.com/documentaries-and-dramas/> This can also be found in the drop-down menu for Education Providers under the training sub-menu.

NEXT MONTH (MAY)...

Resources & Materials for:

- 1-30 Jun: Pride Month
- 1-30 Jun: Gypsy, Roma and Traveller History Month
- 5 Jun: World Environment Day
- 12 Jun: Brake's Kids Walk
- 13 Jun: Day of Welcome
- 14: Jun: World Blood Donor Day
- 15-24 Jun: Refugee Week
- 21 Jun: National Selfie Day
- 23-27 Jun: School Diversity Week
- 25: Jun Drowning Prevention Day

WANT TO SHARE A RESOURCE,
IDEA OR INFORMATION ABOUT
YOUR SERVICE?
LET ME KNOW AND I CAN
INCLUDE IN UPCOMING
EDITIONS

“ —

Thank you very much, I find these sessions [PSHE Leads Network Meetings] so helpful so was disappointed not to be able to attend

PSHE Lead, Primary School, Newcastle

— ”

If you would like to share any feedback or request specific support, advice or guidance please contact us directly:

natalie@staffscvys.org.uk



Join our Facebook Group and join fellow PSHE Leads to share best practice, resources and be kept updated in between Digests - also meet the latest member of the team



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