



## COVERED IN THIS MONTH'S NEWSLETTER:

What's out there: Social Media, TV & News

PSHE Education website

Update from National Partners:

- British Youth Council
- The Clewer Initiative
- Children's Commissioner Report on the Impact of Pornography
- The Coray Project
- United Against Bullying
- Diversity Role Models Round Up
- Better Health Resources
- RSE Review Terms of References
- DfE Training Update
- Digital Matters New Resource
- Voice of Young People in teaching RSE

Update from Local Partners:

- LADO Update
- Partner Newsletters
- Staffordshire Smart Alert
- YGAM thanks and information about Quality Mark
- Partnership with Staffordshire Police
- Knife Angel Lichfield
- Lean/Purple Drank Alert

Resources to support key dates/themes:

- Plastic Free July - 1-31 July
- Talk to Us - 1-31 July
- PSHE Association Quality Mark resources
- Extremism & Pack Professional Guidance pack

Training Opportunities

Upcoming Dates

## MEETING RECORDINGS:

For those who were unable to attend these meetings, please find links to the recordings for viewing at your convenience.

[PSHE Leads Network: Using External Providers.](#)

You will find the accompanying guidance [here](#).

## UPCOMING LOCAL PSHE WEBINARS:

Remember to book your space on these upcoming webinars via our Eventbrite page:

- 19th June 2023 - [Bitesize Practice Development Session on Substances](#)
- 4th July 2023, 4-5pm - [PSHE Leads Network Meeting: Preparing for OFSTED](#)
- 12th July 2023 - 4-5pm - [Bitesize Practice Development Session on Domestic Abuse](#)

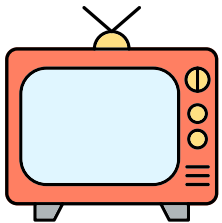
## YOUR OPINION MATTERS:

We are planning what to focus on next year in the Bitesize Practice Development session and PSHE Leads meetings and would love to hear your thoughts on how we can improve and what we should include.

# WHAT'S OUT THERE...

Whilst it is important to ensure PSHE is part of a planned curriculum, it can also be used to address needs in a local context and form part of conversations we have with children and young people about their experiences and what's happening in the world around them.

We have collated some examples of topics that are being covered in TV and media that young people may want to discuss.



Matt Willis discussed his experiences with addiction in a one-off documentary available on BBC iPlayer.

Ten Pound Pom is a BBC drama that explores the experiences of those British citizens who migrated to Australia after World War 2.

Waterloo Road is back and features Knife Crime and other topical issues.

I Kissed a Boy, is the UK's first ever gay dating show.

Kids, on Channel 4, shows the experiences of young people in the care of Coventry Children's Services through a crucial year in their life.

Depp v Heard, a Channel 4 documentary shows Depp and Heard's testimony being presented side-by-side. There is also a Channel 4 drama based on transcripts of the controversial defamation trial in the US between Amber Heard and Johnny Depp.

Channel 4's Open House: The Great Sex Experiment shows committed couples exploring open relationships and if having sex with other people can strength their bond.

Channel 5 documentary, Sleeping with my Murderer, shows the tragic consequences of Domestic Abuse.

The popular BBC drama, based on the true stories of grooming and sexual abuse in Rochdale, Three Girls is now available on UKTV Play



France have banned domestic short-haul flights in a bid to cut carbon-emissions

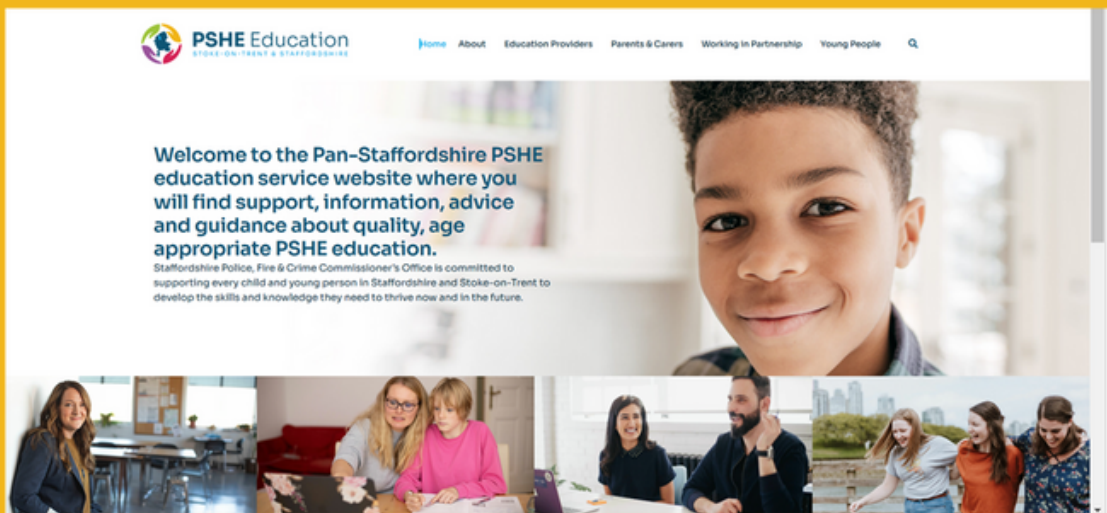
Research has shown a gender imbalance in gaming BBC Newsround reports.

The news coverage around Phillip Schofield may raise discussions around the media and mental health. The theme for RSE Day (29 Jun) this year is 'Let's Launch into Kindness. Resources and display materials are available here Resources 2023 | RSE Day.

# PSHE EDUCATION WEBSITE

Since the launch of our website in April over 100 people have already signed up the resource library featured on our website [www.pshestaffs.com](http://www.pshestaffs.com) and we want to share a massive thank you to those people including primary, secondary, SEND, alternative education providers, youth organisations and partners.

We continue to add resources for use in the classroom and to train professionals.



There are four main sections to the website to provide information to:

- Education Providers
- Parents and Carers
- Partners
- Young People



For those who have not signed up to access the resource library please find a guide to give you an overview of what can be found on the website.

We hope you find the website a useful addition to our offer on how we support you to develop and deliver quality, age-appropriate PSHE education. We'd love to hear your feedback.

# UPDATE FROM NATIONAL PARTNERS

## BRITISH YOUTH COUNCIL

Research shows that young people cite a lack of political education as a key barrier to voting. In response to this the British Youth Council have launched a campaign, in partnership with the Body Shop called "Let's Get Loud" encourage young people to register to vote and increase the number of young people voting in the next General Election.

## THE CLEWER INITIATIVE

The Clewer Initiative has produced resources for use in schools and youth organisations to raise awareness of the nature of county lines. The sessions include information, activities and case studies to show the scale of this criminal activity alongside the impact it can have on children, young people, families and communities. The sessions encourage participants to spot the warning signs that their friend may be involved and are signposted to people and places to go if they have concerns.

There are three sessions for KS3 already available and resources for KS2 will be coming soon.....

The resources have been developed in collaboration with Cumbria Police and reviewed and approved by the Education Board in Cumbria.

## CHILDREN COMMISSIONER'S REPORT ON IMPACT OF PORNOGRAPHY

This is the second paper in a series of reports exploring the impact of pornography on children. This report explores the serious consequences of accessing pornography and the troubling role it may play in influencing abusive behaviour between children.

InEQE Safeguarding Group recently published a Digital Safeguarding Threat Assessment on Hentai Machine, following concerns that this sub-genre of manga or anime, that features overtly-sexualised characters was being talked about in classroom across their network.

Brook has published a blog around "Top Tips for Teaching about Pornography" and the PSHE Association have this advice, and guidance.

# THE CORAY PROJECT

Between 2020-2022 Emerging Minds collaborated with young people and a wide range of partners to understand how the mental health of young people aged 11-16 years had been affected by the pandemic, and to support young people themselves to develop and share resources that would be helpful in response.

The outcome was to identify five priority areas:

- Managing change and uncertainty
- Feeling bored, flat and unmotivated
- Feeling lonely, isolated and disconnected
- Encouraging young people to seek help if they are struggling with their mental health
- The need to support young people feeling anxious about social situations.

The project has created podcasts, films, infographics and a comic for professionals to post on social media or to start conversations in the classroom.

The Charlie Waller Trust will continue to build of the five key priorities, including developing lesson plans, guides and films to help those supporting young people.

# UNITED AGAINST BULLYING PROGRAMME

2023-2024 is the final funded year to access the Anti-Bullying Alliance's FREE whole school anti-bullying programme. The programme supports schools to reduce bullying and improve the wellbeing of all children, focusing on those most at risk, including those with protected characteristics.

The programme is available to all schools and participating schools receive access to the United Against Bullying Hub which includes:

- A 360-degree audit and action planning tool
- An online pupil questionnaire to ascertain levels of bullying and wellbeing in school
- Specialist tailored resources to support you to implement your action plan, including case studies
- CPD online and face to face training and invitations to other special events
- An interactive antibullying Parent Information Tool to provide information to parents and carers

Schools who evidence the improvements made during the course of the programme from May 2023-February 2024 will be awarded either Gold, Silver, Bronze 'United Against Bullying School' status in March 2024.



# DIVERSITY ROLE MODELS ROUND-UP

Diversity Role Models have launched a Build With Pride Design Challenge to launch Pride month. This nationwide challenge was created to equip 7-11 years old with the knowledge of the history of Pride and to encourage them to consider things that make them proud.

There is an accompanying resource pack featuring activities for Years 5 and 6 (9-11 years old).

Diversity Role Models also offer FULLY-FUNDED staff training to schools in Staffordshire. Funded by the Department of England, the Embracing Difference, Ending Bullying project will work with your school to understand the key issues, deliver tailored training and provide a bespoke action plan and resource pack. To register your interest please click here.

The charity has also launched 30 brand new inspiring volunteer Role Model Stories and 15 new resource packs to help embed a celebration of difference into the curriculum. Diversity Role Models also has a pre-recorded classroom workshop and assembly available to access free of charge to run some Pride themed sessions. in the classroom for Years 7-10 (11-15 years).

## BETTER HEALTH RESOURCES



Public Health England

Nutrition is essential for children's health, development and wellbeing. Public Health England has developed new and free Healthy Steps resources including a whole school assembly and quests for the children to complete. These resources are aimed at Primary schools and provides guidance to help schools deliver a whole school approach to health eating and supporting families.

There is also support for parents and carers through Better Health, Healthier Families which provides helpful tips from nutrition experts and other families as well as tasty and affordable recipes.



Department  
for Education

## RSE REVIEW UPDATE

The terms of reference has now been published for the independent panel which will advise the Secretary of State on the RSE review.



Department  
for Education

## TRAINING UPDATE

A number of training packages from the DfE have been updated to reflect changes in the legislation to change the minimum age at which people can get married or enter into a civil partnership. These include:

- [Families](#)
- [Being Safe](#)

The links have been updated on [www.pshestaffs.com](http://www.pshestaffs.com), please ensure if you have any downloaded copied of this training that you update your own records.



## digital matters

NEW RESOURCE

As search engines and AI becomes more accessible, children and young people are able to easily find and copy information. It is important that, as professionals, we ensure that these tools are being used appropriately and build skills

In response to this [Digital Matters](#) has created a new lesson, Copyright and Ownership, that explores the ways in which children can use artificial intelligence (AI) and other tools to support their school work (instead of doing it for them).

The resource is suitable for Years 5 and 6 (9-11 years old) and takes between 15-50 minutes. The participants works through the lesson using interactive learning activities, you can do this with a whole class and get them to talk about the activity and their response to it.

## VOICE OF YOUNG PEOPLE IN TEACHING RSE

Chameleon PDE have created a [blog](#) with some helpful insights about what young people DON'T want from their PSHE lessons.

Remember to engage with your children and young people to find out their experiences of your PSHE curriculum, especially as you begin to plan for 2023-2034. Our [guide](#) to the "voice of children and young people and PSHE Education" provides practice examples of how you can capture this fascinating viewpoint.

# UPDATE FROM LOCAL PARTNERS

## LADO UPDATE ON REAL SERVICES

Some of you may recall information circulated via the MASH Education Lead in November 2021 and January 2023, and via the PSHE Digest in April 2023, for others this may be new information.

REAL Services has been involved in the provision of mentoring and education services around Child Criminal Exploitation.

An alert was circulated to request that if SLTs or DSLs became aware of this service being commissioned by schools in the Stoke or Staffordshire area could they please advise the Stoke LADO.

R.E.A.L Services has now changed it's name to Adversity 2 Evolution but essentially appears to be offering the same service. If any organisations are intending to use this service the advice remains the same which is to contact the Stoke on Trent LADO for advice.

## LOCAL PARTNERS' NEWSLETTERS

Catch22's monthly Research and Development Round-up had a particular focus on Vaping this month as well as information on abuse, exploitation and mental health.

The Kind Minds Newsletter launches the Single Point of Access for mental health support for children and young people and other useful information to support children and young people's mental health and emotional wellbeing.



## STAFFORDSHIRE SMART ALERT

Staffordshire's Smart Alert shared information about the Get Safe Online campaign.

The campaign features a leaflet that provides tips and advice on how people can protect their digital trail.





## THANK YOU & INFORMATION ABOUT QUALITY MARK

YGAM have asked us to pass on their thanks to those who attend the training in May, It was great to see so many people at the YGAM training on 23rd July 2023 and we've loved hearing your feedback, in person, via email and on social media.

We are hoping to hold another event next academic year for those who were unable to join us on this occasion. Please keep an eye on future editions of the PSHE Digest.

The English Gambling Education Hub (EGEH), funded by GambleAware, is a new initiative to bring organisations and resources together to prevent gambling harms in young people across England.

The EGEH is made up of 2 national partners; Gamcare, Ygam and 5 regional partners; Beacon Counselling Trust, Breakeven, NECA, Aquarius and ARA, all working closely in the delivery of the Hub activities. Ygam is an award-winning charity with a mission to prevent children and young people from experiencing gaming and gambling harms through awareness raising, education and research, and are leading on the creation of a Gambling Education Quality Mark for schools.

The Quality Mark will recognise and acknowledge schools' commitment to gambling harm prevention education and their implementation of a curriculum -based approach utilising Ygam materials. From October 2023 schools that have attended Ygam's Young People's Gambling Harm Prevention Programme workshops will be able to sign up for the quality mark, submitting their evidence against the criteria through an online system. If successful in meeting the criteria, they will receive a quality mark certificate and will be able to use the Gambling Education Quality Mark logo. Ygam are keen to involve schools in ongoing consultations as the quality mark develops to review the criteria, provide valuable feedback and respond to key questions.

If you would like more information or would be happy to assist with the consultation, please email [lucywilliamson@ygam.org](mailto:lucywilliamson@ygam.org) by 12th June 2023.

## PARTNERSHIP WITH STAFFORDSHIRE POLICE

Over the past 12 months we have been working closely with Staffordshire Police to support them to adopt best practice principles when developing and delivering PSHE.

From September 2023, there will be a new offer from Staffordshire Police that will enable education settings to better plan having the police in as an external provider.

There will be five sessions the police will be offering, these are class-sized workshops, based on a spiral curriculum.

- People who keep me safe - Year 1 (5-6 years old)
- Keeping Safe - Year 5 (9-10 years old)
- Healthy Relationships - Year 7 (11-12 years old)
- Exploitation - Year 8 (12-13 years)
- Knife Crime - Year 9 (13-14 years)

You can find more details in our education settings leaflet [here](#).

# KNIFE ANGEL IS COMING TO LICHFIELD



During July, Lichfield District Council will be hosting the Knife Angel next to the Council House on Frog Lane.

This is a fantastic opportunity for education settings to showcase the Knife Angel, and utilise it to start conversations with children and young people about knife crime, conflict resolution and peer pressure.

To support the Knife Angel's visit we have created a guide for education settings. Whilst some of the opportunities are specific to Lichfield others can be done by anyone in the county and we'd encourage those in neighbouring districts and boroughs to arrange a visit to the site if possible.

## LEAN/PURPLE DRANK ALERT

To highlight an emerging concern for awareness of students and guardians, Staffordshire Police have requested to re-circulate information about Purple Drank/Lean.

[Click here to access the alert for parent/carers.](#)  
[Click here to access the alert for Professionals.](#)

For further support, both alerts signpost to:

T3 Stars  
Suite 1, 7-8 Mill Street, Stafford ST16 2AJ  
01785 241393  
[t3stars.stafford@humankindcharity.org.uk](mailto:t3stars.stafford@humankindcharity.org.uk)

# RESOURCES

## PLASTIC FREE JULY - 1-31 JULY

Plastic Free July<sup>®</sup> is a global movement that encourages people to be part of the solution to plastic pollution - so we can have cleaner streets, oceans, and beautiful communities. On their website you will find videos, posters and materials to support conversations about reducing plastic use.

Check out the For Teachers area which provides ideas for bringing Plastic Free July into your classroom

BBC Bitesize explores sustainability and plastics for KS2.

Surfers Against Sewage have a Plastic Free Schools programme to equip young activists with the tools to create positive, lasting environmental change.



# SAMARITANS

## TALK TO US - 1-31 JULY

Throughout July, Samaritans are running their awareness-raising campaign Talk to Us, to remind people that they're there for anyone who needs someone to listen.

DEAL (Developing Emotional Awareness and Listening) is a set of free online teaching resources, including lesson plans, handouts, digital resources and teacher training activities. It is aimed at education professionals who work with young people aged around 14 and over.

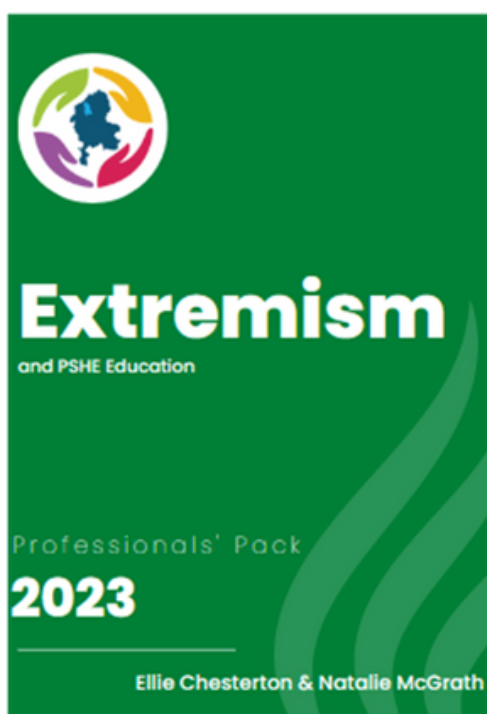
They also have support pages for young people and parent/carers.

# PSHE ASSOCIATION QUALITY MARK RESOURCES

Gloucestershire Healthy Living and Learning has achieved the PSHE Association Quality Mark for the Primary Consent Aardman animation (funded by Gloucestershire Police, Fire and Crime Commissioner's Office). A lesson plan for Upper Key Stage 2 (9-11 years old) accompanies the video and is available [here](#). You will also find the link in our resource library under consent.

The National Cyber Security Centre's "[CyberFirst: How to Stay Safe](#)" interactive video and three lesson plan for 11-14 years old highlights some of the most common cyber scams and malicious activity that a pre-teen and teenage internet user might come across and empowers them to make choices to keep themselves more secure online.

For members, the PSHE Association has created "[Pick your Pics](#)" for Upper Key Stage 2 (9-11 years old) This resource introduces the concept of safe and unsafe image sharing and ensures participants know how to seek help and report concerns.



Extremism & PSHE is the latest in our series of Professional Guidance packs to support education settings to develop subject knowledge around the topic of Extremism.

Click on the image to access the pack or if you have already signed up to the PSHE resource library ([www.pshestaffs.com](http://www.pshestaffs.com)) you'll find this in the Extremism section.

Thanks to Sarah Dyer, Stoke-on-Trent LA Community Safety Officer for supporting with the content.

# TRAINING OPPORTUNITIES

Whilst we always try and source resources and training at no cost, we recognise that some organisations do have a small budget to support their PSHE delivery. Here are some upcoming training opportunities available both for free and a cost, both locally and nationally. Click on links for bookings and further information.

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
SUBSTANCES	19TH JUNE 16:00-17:00	<a href="#">PSHE EDUCATION SERVICE</a>	FREE	BITESIZE PRACTICE DEVELOPMENT SESSION ON SUBSTANCES WITH T3 & CDAS DESIGNED FOR ANYONE DELIVERING PSHE
ABUSE & VIOLENCE	22ND JUNE 9.30-13.00	<a href="#">NEW ERA</a>	FREE	THIS 3.5 HOUR COURSE WILL FOCUS ON THE IMPACT DOMESTIC ABUSE CAN HAVE ON CHILDREN AND YOUNG PEOPLE.
PREPARING FOR OFSTED	4TH JULY 2023 16:00-17:00	<a href="#">PSHE EDUCATION SERVICE</a>	FREE	FOR PSHE LEADS, OUR HALF-TERMLY NETWORK MEETING FOCUSING ON PREPARING FOR OFSTED
DOMESTIC ABUSE	12TH JULY 16:00-17:00	<a href="#">PSHE EDUCATION SERVICE</a>	FREE	BITESIZE PRACTICE DEVELOPMENT SESSION ON DOMESTIC ABUSE WITH NEW ERA DESIGNED FOR ANYONE DELIVERING PSHE

## FUNDED MEDIA LITERACY CHAMPION TRAINING

The Student View, Bellingcat UK, Demos, the PSHE Association and the European Media and Information Fund are collaborating to run a 'train the trainer' programme to enable teachers to become Media Literacy Champions. The programme has been carefully designed to provide a comprehensive understanding of media literacy, providing practical tools to integrate the topic into your teaching and empowering pupils to distinguish between fake news from reliable information.

The training is delivered online over four hour and by becoming a Media Literacy Champion you will receive training and a training handbook, classroom resources and access to a journalist volunteer to host your own pop-up newsroom in your setting. To apply click [here](#).



## NEXT MONTH...

Resources & Materials for:

- Childhood Cancer Awareness - 1-30 Sept
- World First Aid Day - 10 Sept
- World Suicide Prevention Day - 10 Sept
- World Sepsis Day - 13 Sept
- National Fitness Day - 21 Sept
- International Day of Peace - 21 Sept

Information on SPACE 2023

Summer Safety leaflet for parents and carers

WANT TO SHARE A RESOURCE,  
IDEA OR INFORMATION ABOUT  
YOUR SERVICE?  
LET ME KNOW AND I CAN  
INCLUDE IN UPCOMING  
EDITIONS

## PSHE LEADS DETAILS

We recognise there may be upcoming changes to the PSHE Lead's details for the new academic year so would appreciate it if you could let us know so we can update our records.

We now the details for PSHE Leads details for 59% of Primary, 84% of Secondary and 38% of Independent settings on our records.

This enables us to send the PSHE Digest directly to the most appropriate person and also to get in contact with funded PSHE opportunities in the local district/borough.

“I wanted to thank you for all the work that goes into the PSHE Digest. They are so informative and provide excellent further research and awareness.

Headteacher, Primary School, Stafford”

If you would like to share any feedback or request specific support, advice or guidance please contact me directly:

[natalie@staffscvys.org.uk](mailto:natalie@staffscvys.org.uk)

07429 745 901

