## SASCAL STRONGER TOGETHER

# PSHE DIGEST

September 2022

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### COVERED IN THIS MONTH'S NEWSLETTER:

22/23 Training

Update to Sexual Health Services contact information

Information about referral and support pathways

Materials to support Child Exploitation and County Lines education

Resources for key awareness dates:

- Black History Month 1-31 Oct
- Hate Crime Awareness Week 8-15 Oct
- World Mental Health Day 10 Oct
- Global Handwashing Day 15 Oct

Resources to support talking to young people about the death of Queen Elizabeth 11

Key Dates for your diaries:

- Is This OK information session
- Alison Cope Anti-Violence workshops
- New Vic Theatre Stealing Dreams
- PSHE Lead Networks Save the Date

#### TRAINING 2023

We are currently putting together a training package for 2023. If you have any topics or areas you'd like to see covered by training please let me know.

#### **PSHE LEAD NETWORK**

SPOTLIGHT ON... Assessment 11th October 4-5pm via Teams

If you have any feedback, or would like support, advice or information please email:

<u>echesterton@ormistonhorizonacademy.co.uk</u>

### SEXUAL HEALTH SERVICES - CHANGE OF PHONE NUMBER

The telephone number for sexual health services in Stoke-on-Trent, Staffordshire, Shropshire and Telford & Wrekin has changed, and is now: 0808 178 0955

The previous service telephone numbers will continue to dial through to the sexual health phone lines for the upcoming months, but please update your records as soon as possible with the new phone number. The latest service information can be found on www.openclinic.org.uk.

#### S-O-T TEENAGE PREGNANCY PATHWAY

Please follow <u>this link</u> to the Teenage Pregnancy Pathway guidance to support you when a Young person discloses pregnancy or possible pregnancy.

#### A GUIDE TO REFERRING A YOUNG PERSON TO THE LOCAL AUTHORITY

Please follow <u>this link</u> to the refreshed "Guide to Referring a Young Person to The Local Authority" including guidance for making a referral regarding child exploitation. Please take particular note of the change of key contact below:

Stoke-on- Trent CSE Coordinator Clare Goodwin 07767180426 clare.goodwin@stoke.gov.uk

Please ensure that these key documents and updates are shared with all relevant colleagues in your setting

# COUNTY LINES EDUCATION PACKAGE

It is important that there is a multi-agency approach to safeguarding children and young people from being criminally exploited.

To support education partners, we have sourced a new youthproduced resource for use and created an accompanying session guide for use with 11-14 year olds. This is to be used in conjunction with the Professional's Pack which gives an overview of how this topic meets best practice curriculum outcomes from the PSHE Association and also the DfE's statutory guidance as well as information to support increasing confidence of professionals delivering these sessions.

Staffordshire County Council and Staffordshire Police have also created a letter and would be grateful if schools could share this with their parents and carers no earlier than week commencing 3rd October 2022.



Click on the image of each document to access via GoogleDrive

To help us to understand the impact of locally produced/sourced resources, we'd appreciate your time to complete this <u>short survey</u>.

### BLACK HISTORY MONTH 1-31 OCTOBER

• The Parliament UK Education service have an archive of resources including the 2 highlighted below:

<u>Click here for: Your Story, Our History: Race relations</u> <u>legislation - Parliament UK Education</u> - videos to support students' thinking around racism, equality, discrimination and legislation

<u>Click here for: Black History: Lord Constantine's story -</u> <u>Parliament UK Education</u> - a video about Lord Constantine who became the first black member of the House of Lords in 1969.

 School Wellbeing Leeds have collated a series of Anti-Racism Resources for KS2-KS4.

The page includes links to videos, documents and parent/carer guidance covering topics such as communities, identity, and racism.

<u>Click here to access resources.</u>

 IntoFilm's new educational programme 'Black History and Experiences', features full-length topical films, short films, documentaries and additional exclusive content from key Black figures, to evoke classroom discussion and critical thinking.

Explore the Into Film Black History and Experiences programme <u>here</u>

### HATE CRIME AWARENESS WEEK 8-15 OCTOBER

Stand Up! Discrimination Today and Yesterday is a classroom resource for KS3-5 which aims to explore issues around discrimination and tolerance. The resource focuses on anti-Semitism and anti-Muslim hatred. Teachers may use this resource to teach about discrimination, antisemitism and anti-Muslim hatred historically and in Britain today. The resource contains different versions for different abilities.

<u>Click here to access resources</u>

### SUPPORT FROM EXTERNAL PROVIDERS

Community Cohesion Presentation Target Audience: Key Stages 2-5

- What is Community Cohesion?
- Breakdown of cohesion and its effects
- Respect
- What YOU can do!
- Extremism/Prevent
- Dangers of intolerance and ignorance
- British Values

'My Faith' Sessions

Target Audience: Key Stages 2-5

• Enables pupils to hotseat Iftikhar on what it means to be a Muslim.

To learn more or to arrange delivery of one of the above sessions, please contact Iftikhar Ahmed, Community Cohesion Officer at Iftikhar.Ahmed@stoke.gov.uk

## WORLD MENTAL HEALTH DAY 10 OCTOBER

Developed with teachers and NHS approved, Public Health England has created a lesson which explores how looking after our physical health can have a positive impact on our mental wellbeing. A "true or false" quiz addresses common misconceptions while a short video prompts students to consider the importance of physical activity.

<u>Click here to access resources</u>

### GLOBAL HANDWASHING DAY 15 October

Educational settings provide an ideal environment in which to communicate with children about the importance of personal hygiene and motivate them to share handwashing-promotion messages with their friends and families.



Global Handwashing Day UK partners have compiled a variety of <u>resources</u> for use in schools, providing guidelines, ideas and inspiration, not only for Global Handwashing Day, but for hygiene promotion throughout the year.



### QUEEN ELIZABEH II

With the news yesterday of the death of Queen Elizabeth II, we know many organisations will want to share the news and memory of the longest reigning British Monarch with their young people, and also support them with their feelings and emotions as the nation comes together to mourn.

We have pulled together resources to support you to have these conversations.

- Church of England Education
- <u>Assembly exploring the life and legacy of Queen Elizabeth 11 by</u>
  <u>@Southgloshead</u>
- Assembly on the life and qualities of the Queen by @CMHazza
- <u>Assembly and FAQ looking at her reign and what happens next by</u> <u>@SPBeale</u>
- PowerPoint showing the life of the Queen by a PSHE Lead
- <u>PowerPoint exploring the life of Queen Elizabeth 11 and advise for</u> <u>dealing with death written by a PSHE Lead.</u>
- <u>Primary/SEND Presentation to show the achievements of Her Majesty</u>
  <u>by @ralston\_h</u>
- <u>CBBC Newsround video looking back at her life and reign</u>
- <u>Winston's Wish KS1-4 lesson plans (Quality Assured by the PSHE</u> <u>Association) designed to open conversations about bereavement and</u> <u>loss.</u>

### **OPPORTUNITIES**

# IS THIS OK INFORMATION SESSION WITH SARA ROWBOTHAM MBE



Stoke on Trent Local Authority are part

of the pilot roll out of Is This OK? across the country. Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service. Currently, there are only 4 local authorities involved with the pilot. To precede the roll out, we have invited Sara Rowbotham MBE to deliver information sessions to teachers and facilitators on the service.

Sara Rowbotham MBE is a local councillor, community leader and former health worker in Rochdale, Greater Manchester, notable for helping to expose the child sex abuse ring there (as depicted in the BBC drama "3 girls"). Available sessions are:

Available sessions are:

<u>Tuesday 13th September 2022 3:30-5pm via Teams</u> <u>Thursday 15th September 2022 9:30-11am via Teams</u>

This session is recommended for any colleague involved in Leadership, PSHE, Safeguarding, Pastoral Care and Community in both formal and informal education settings in Stoke on Trent.

Click on your preferred date/time to book your place via Eventbrite.

### **OPPORTUNITIES**



As part of the legacy work following the 'Knife Angel' visit to Stoke-on-Trent in April 2022 and to continue the commitment to raising awareness of knife crime across the city, Stoke-on-Trent Community Safety Partnership have funded 2 opportunities available to schools.

### ALISON COPE - ANTI-VIOLENCE YOUTH SESSION - OCT 2022 & JAN 2023

Following great feedback, we are pleased to have Anti-Violence Youth Campaigner, Alison Cope, return to the city to deliver an impactful workshop for Year 9s\* this time with supporting follow-up lesson plan. \*this offer is also open to alternative providers and colleges

For further details and to book this funded opportunity, please complete the booking grid by following <u>this link</u> and return to: echesterton@ormistonhorizonacademy.co.uk

#### NEW VIC THEATRE - STEALING DREAMS WORKSHOP - 18 OCT - 19 NOV

The New Vic Theatre have created a CSI Incident Room class group based interactive workshop as the next phase of their Stealing Dreams Theatre/Enrichment project for Year 8s.\* \*this offer is for mainstream secondary settings only

For further details and to book this funded opportunity, please complete the booking grid by following <u>this link</u> and return to: echesterton@ormistonhorizonacademy.co.uk

#### NEXT MONTH ...

Resources & Materials for:

- Islamaphobia Month 1-31 Nov
- Bonfire Night/Firework Safety 5 Nov
- Ditch the Blade 14-20 Nov
- Anti-Bullying Week 14-20 Nov
- Road Safety Week 14-20 Nov
- Friendship Friday 18 Nov
- International Day for the Elimination of Violence against Women & Girls 25 Nov

WANT TO SHARE A RESOURCE, IDEA OR INFORMATION ABOUT YOUR SERVICE? LET ME KNOW AND I CAN INCLUDE IN UPCOMING EDITIONS