



## COVERED IN THIS MONTH'S NEWSLETTER:

Update from Ellie - Stoke PSHE

Updates from National Partners including:

- PSHE Association Resources
- Video from Alison Cope
- Period Poverty Lessons
- Preventing Hair Discrimination

Local Updates including:

- Purple Drank/Lean Professionals Alert
- Harmful Sexual Behaviour e-learning reminders

Resources to support:

- World Aids Day 1 Dec
- Human Rights Day 10 Dec

Dates for your diary

## PSHE LEADS MEETING:

Our next meeting is on 6th December 2022 4-5pm on MS Teams and the spotlight is on Quality Assuring Resources. You should have been sent a calendar invite.

For those who were unable to join the last session on assessment you can find the video [here](#).



Hopefully you have seen over the past couple of months our new "...& PSHE" series to help develop confidence and competence for professionals delivering PSHE.

These packs are all produced in collaboration with partners, and we would really value your thoughts and also which topics you would like prioritised. Please contact me to let me know your thoughts and views.

If you have any feedback, or would like support, advice or information please email:

[echesterton@ormistonhorizonacademy.co.uk](mailto:echesterton@ormistonhorizonacademy.co.uk)



# UPDATE FROM ELLIE



## SUPPORTING STAFFORDSHIRE POLICE

We are working with Staffordshire Police to improve the quality and consistency of PSHE delivery by PCSOs. This is an ongoing piece of work that we wanted to make you aware of. We have delivered training to PCSOs with every district in the county being represented. The training covered best practice principles of PSHE delivery including creating a safe learning environment, not using fear, scare or shock tactics and assembly v lesson. The training also explored the topics that the Police felt they could deliver to enhance PSHE delivery across the county. We are now working with the Force to create specific packages for identified topics, with clear links to curriculum learning outcomes. The first package we are working on is around Knife Crime for KS3/11-14 years old. We have linked in and adopted best practice principles from the PSHE Association and National Police Chiefs Council document [Police in the Classroom](#)

## EXTERNAL PROVIDERS

We are currently developing guidance for external providers who offer programmes which enhance PSHE provision within education settings.

It would be useful to have a list of those external providers currently being used in schools so we can collate a central list. Please email me with details of any external provider who supports your PSHE curriculum.

## PSHE STAFFS WEBSITE

We are pleased to announce that work has begun on our new local PSHE website, which will host a central resource library, the &PSHE packs, previous editions of the digest amongst other supporting materials. We hope that this will be launched in the early part of the new year.



# UPDATE FROM NATIONAL PARTNERS



## RESOURCES ROUND-UP

For PSHE Association members, they have recently provided an update on support available to education settings including three new key stage 5/post-16 lessons on Consent. For more information about PSHE Association membership, visit their website.

The following resources are available to non-members.

Ask a Subject Specialist Episode 6: – The PSHE Association answer your questions on governors, British values, PSHE at KS5/post-16 and more!

'Safe classroom' and 'effective teaching' interactive posters: Learn the best practice principles for teaching PSHE education and establish a safe learning environment with handy interactive posters from the PSHE Association. Available as both interactive and printable PDFs.

## Alison Cope NEW VIDEO

ANTI VIOLENCE CAMPAIGNER

Year 9+  
(14+)

Following Alison Cope's most recent visit to schools and alternative providers in October, to deliver sessions about her own experiences, we have created a follow-on session that further supports young people to explore the impact of knife crime, challenge decisions to carry bladed weapons and utilise negotiation skills to de-escalate situations.

Thanks to colleagues from St Thomas More who kindly shared a presentation created from this follow-up session which they have agreed to share.

Alison has recently launched a new video, using AI technology, as part of a campaign with NSPCC, which sees her son, Joshua Ribera (Depzman), tell his story through a newly released song "Life Cut Short". Click here to see the video.



# PERIOD POVERTY LESSON PLANS

Together with Lil-Lets and Brook, PHS (Personnel Hygiene Services) have created educational lessons plans for schools from year 4 to 9.

What's included?

- Each year group is based on slightly different topics, using softer language for the younger age group and going into more detail on wellbeing, sexual education, menstrual cycles etc for the older groups.
- Every year group will have a PowerPoint and then with each PowerPoint there is a word document for the teachers. This gives teachers a step by step guide on how to teach the class and the right language/terminology to use. Also, there are word handouts which are activities & link to the lesson plans for the pupils to take part in!
- We believe this should be taught to a mixed gender class and not be separate into girls/boys so there are no separate resources for girls or boys.
- This content has been put together in partnership with Brooks education experts and created in-line with KS2 & KS3 government statutory guidance & PHSE Association guidance.

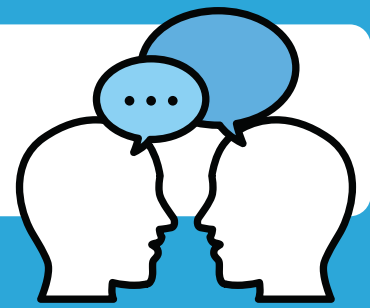
Click [here](#) to visit the website and enter your details to download the lesson plans

## PREVENTING HAIR DISCRIMINATION IN SCHOOLS

Children and young people should be able to thrive in school, without fear of being discriminated against because of their hair. The Equality and Human Rights Commission have launched [new resources](#) which help schools end hair discrimination and be inclusive placed for all.

Dove has created a [resource toolkit](#) for use with 10-14 years old to boost hair confidence in kids with coils, curls, waves and protective styles - and to build allyship in others to create a respectful and open world for natural hair.

# UPDATE FROM LOCAL PARTNERS



STAFFORDSHIRE  
**POLICE**

## LEAN/PURPLE DRANK ALERT

In response to reported emerging issues with young people engaging with Lean/Purple Drank, Staffordshire Police would like to recirculate the previously shared document [Purple Drank: Information for Professionals](#) which contains information about the substance as well as signposting to support services. A parent/carer awareness document can be accessed [here](#).



## HARMFUL SEXUAL BEHAVIOUR E-LEARNING

Harmful Sexual Behaviour was identified as a key area of support for schools at the most recent Safer Schools Alliance.

A reminder to colleagues that ALL education settings were assigned a FREE e-learning log-in to complete staff CPD on HSB funded through the Staffordshire Police, Fire & Crime Commissioners Office.

Licenses were assigned at the start of this year and will expire in January 2023.

While the course only produces 1 CPD certificate, you are able to share the log in details or deliver the course to multiple members of staff if you choose.

This will support staff confidence and competence in addressing the need across the city.

To check who the license for your setting has been assigned to, for more information or to request changes to the contact details for the license, please email Ellie.



# WORLD AIDS DAY

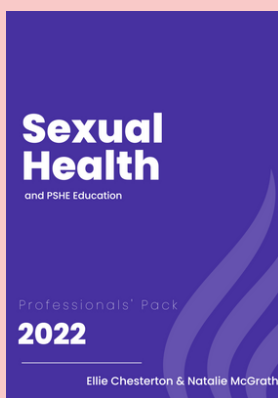
## 1 DECEMBER

The National AIDS Trust and DO, a programme created to address the need for quality Relationships and Sex Education in schools have written a HIV and Aids Schools Pack which can be downloaded from their website.

There is also a World Aids Day 2022 Assembly slide deck which covers:

- An introduction to HIV – let's go over the basics...
- Myths or Facts - an opportunity to check and expand knowledge
- How to prevent HIV – identifying the main four ways
- How young people can be a HIV ally

The Terrence Higgins Trust website contains information about HIV, other sexually transmitted infections and how to maintain good sexual health including resources to support people living with HIV and those newly diagnosed.



The latest ...& PSHE guidance to be released supports education providers to deliver best practice Sexual Health Education.

Click on the image of the document to access.

# HUMAN RIGHTS DAY

## 10 DECEMBER

[Click here to access a child-friendly poster on the United Nations Convention on the Rights of the Child created by Unicef.](#)

The Equality and Human Rights Commission have created a 12-lesson programme for secondary aged young people. Lesson 8 of the series explores through an interactive marketplace activity that we never have to choose our human rights, they belong to everybody in the world and every human right is needed to live and grow. Lesson 9 explores how human rights work and their origin and Lesson 10 demonstrates how human rights can conflict and why they need to be limited.



## NEXT MONTH...

Resources & Materials for:

National Obesity Awareness Week 13-19 Jan

Loudmouth Prevent Workshop

WANT TO SHARE A RESOURCE,  
IDEA OR INFORMATION ABOUT  
YOUR SERVICE?  
LET ME KNOW AND I CAN  
INCLUDE IN UPCOMING  
EDITIONS

## FOR ATTENTION OF EXTERNAL PROVIDERS

We are currently developing guidance for external providers who offer schools programmes which enhance PSHE provision.

To understand what information would be beneficial and support your work, if you offer PSHE programmes to schools, we'd love you to get in touch with any comments, suggestions and ideas to ensure the guidance produced is useful, supportive and relevant.



## DATES FOR YOUR DIARY...

Pan-Staffordshire PSHE Leads Network  
(Spotlight on Quality Assuring Resources)  
6th December 4-5pm  
MS Teams

Prevent & PSHE: Practice Development webinar  
12th December 4-5pm  
MS Teams



## DFE RESEARCH

We wanted to update you that the DfE has commissioned IFF Research to explore how schools are implementing the new statutory guidance and whether this has resulted in effective RSHE for pupils. You may receive an email direct from IFF Research titled RSHE Survey for the Department for Education we can confirm this is legitimate.