



COVERED IN THIS MONTH'S NEWSLETTER:

End of Year 1 Impact Report

What's out there: Social Media, TV & News

Update from National Partners:

- CSA E-learning
- ASH & Smoke Free Sheffield: Youth Vaping
- Sex Education Forum RSE POLL 2022
- State of the Nation 2022 report
- Legal age of marriage
- Children's Media Lives
- Without Consent - Nude Image-Related abuse
- Sexual Abuse imagery
- Abusive relationships
- Pornography regulation
- Apps to be aware of

Update from Local Partners:

- Safer Sleep Awareness
- Reporting to Staffordshire Police
- NSPCC Schools service Spring Update
- LADO Update
- Online Safety Guide for parents/carers
- Army Cadets Education Offer
- SCVYS/VRA Young People Consultation
- Effective Practice Early Help Training

Resources to support key dates/themes:

- Knife Crime & Youth Violence
- 1-30 Apr Stress Awareness Month
- 2 Apr World Autism Day
- 7 Apr World Health Day
- 22 Apr National Stephen Lawrence Day
- Catch22 New Resource
- Women's Safety - Chameleon PDE
- Beep beep! Day
- Beano for schools

Training Opportunities

MEETING RECORDINGS:

For those who were unable to attend these meetings, please find links to the recordings for viewing at your convenience.

[PSHE Leads Network: Pupil Voice](#)

[Bitesize Practice Development:](#)

[Child Exploitation](#)



END OF YEAR 1 IMPACT REPORT

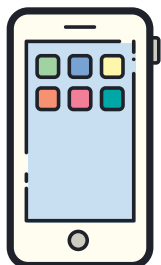
We are pleased to launch the End of Year Impact report for the PSHE Coordination service, thanks to colleagues and partners for contributing to this report and supporting our work. The full report can be found [here](#).

A shorter Year at a Glance info sheet can be found [here](#).

WHAT'S OUT THERE...

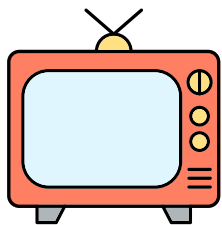
Whilst it is important to ensure PSHE is part of a planned curriculum, it can also be used to address needs in a local context and form part of conversations we have with children and young people about their experiences and what's happening in the world around them.

We have collated some examples of topics that are being covered in TV and media that young people may want to discuss.



inEQE have sent out a safeguarding alert about a trend on TikTok around explicit images, details of the risks and guidance on next steps if someone makes a disclosure or names the challenge to you.

UN-backed Tech Against the Terrorism has raised concerns that some video games that simulate real-world terror attacks are being used to radicalise children and young people.



Channel 4 have created a 50 minutes factual drama "Consent" inspired by true events that capture the experiences of teenagers in an environment where sexual expectations are distorted by the instant access to pornography and where the lines of consent are minimised.

Chris Packham hosts a two episode series Inside Our Autistic Minds that enables a group of people with autism to create short films that reveal how they truly feel inside.

Alice, Darling is a film about coercive control currently available to buy on Sky Store and Amazon Prime.

In Hollyoaks, Imran will be returning to the village following his treatment for an eating disorder and Juliet continues her treatment for cancer.

The Whitney storyline on Eastenders, sees Whitney undergo a medical termination of pregnancy due to the baby having a life-limiting illness. The BBC Actionline signposts to Information and Support around Pregnancy related issues.



Newsround have produced a special report where some of Ukraine's children share their stories an year on from the Russian invasion.

UPDATE FROM NATIONAL PARTNERS

CHILD SEXUAL ABUSE (CSA) E-LEARNING

A new CSA report from the Centre of Expertise on Child Sexual Abuse shows a significant improvement in the identification of child sexual abuse including a 15% increase in concerns of children being sexually abused, mirrored by a 15% rise in recorded offences of child sexual abuse, although there is concern about the growing time taken for reported CSA offences to proceed through the criminal justice system.

The CSA Centre are offering a free, accessible 90 minute e-learning course on identifying and responding to intra-familial Child Sexual Abuse. The course seeks to help professionals recognise when children might be showing them that something is wrong and understand how to help.

ASH AND SMOKE-FREE SHEFFIELD: YOUTH VAPING

ASH and Smoke-free Sheffield have produced a range of free resources which were developed in response to requests for help in dealing with youth vaping. They are designed to support carers and educators, including PSHE and safeguarding leads, to have evidence-based conversations and enable children and young people to make informed decisions about smoking and vaping. Included are:

- A letter to introduce the materials to schools, colleges and safeguarding leads – which can be amended to suit individual areas, logos added etc.
- Two posters which can be displayed where students will see them, in school toilets, classrooms, canteens, and noticeboards. Both digital and printed versions are available.
- A short, animated film which can be used in PSHE lessons, form times and assemblies, to start discussions.
- Classroom presentation for use by teachers alongside the animated film to guide discussions.
- Teachers Toolkit to support educators, helping answer questions and signpost students to additional support.
- Electronic leaflet for parents and carers about smoking and vaping which can be shared via newsletters or emails, for example.

Documents can be found [here](#).

Animation can be found [here](#).

SEX EDUCATION FORUM RSE POLL 2022

Findings from a survey of 1,002 young people aged 16-17 in England has been published by the Sex Education Forum as highlighted in the infographic below. Our PSHE Leads Network Meeting in February shared suggestion on how you can consult with children and young people to ensure your local provision is meeting their needs and expectations. You can view the recording [here](#).

Young People's RSE Poll 2022

2017
Children's and Social Work Act makes RSE statutory with cross-party backing

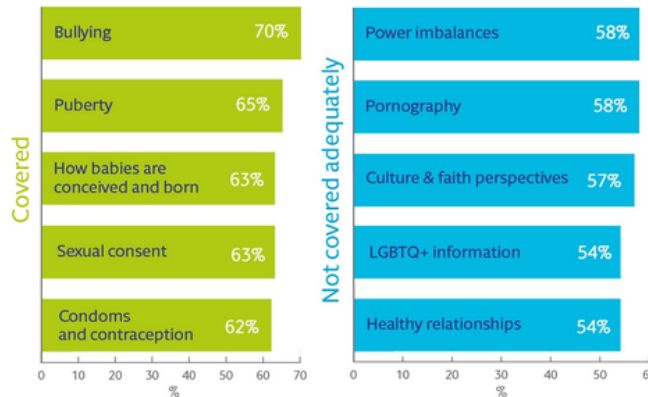
2019
538 MPs voted 'Yes' for the statutory RSE guidance

2020
The start of mandatory RSE

2021
Ofsted reports widespread sexual harassment and sexual abuse in schools

2023
Government RSE guidance to be reviewed

Topics required by the RSE guidance are often absent from the curriculum



A Poll of 1002 young people



Fieldwork took place between

02.12.2022
13.12.2022



35% of young people would have liked more open discussions



32% of respondents felt 'My school asked me for my opinions about RSE'



Rate your RSE at school



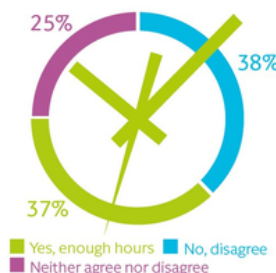
40% of respondents rate the quality of their school RSE as 'good' or 'very good'

18% of respondents rate the quality of their school RSE as 'bad' or 'very bad'

“ Discussions should be frequent, not just something we speak about once and then push to the side. ”

“ Young people know what's needed to mend broken promises on RSE, who will listen? ”

“ Allow lessons where questions are asked and answered and to gather student perspectives. ”



Pupils are divided on whether or not enough time is allocated

STATE OF THE NATION 2022: CHILDREN AND YOUNG PEOPLE'S WELLBEING

The Department for Education has published a report on the wellbeing of children and young people over the academic year 2021 to 2022. Capturing the voice and views of children and young people is key in for best practice PSHE, responding to needs within our local context and is reflecting the experiences of the children and young people that we support.

Key findings from the report are:

- Children's wellbeing appears to have bounced back from its lowest point during the pandemic in 2020, to a level closer to pre-pandemic levels
- Both primary and secondary pupil's anxiety levels is higher than it was in 2020-2021
- Rates of obesity in Year 6 remain higher than before the pandemic
- 23% of parents of children and young people at primary school report being bullied in the last 12 months - and that 1 in 8 11-16 years old and 1 in 7 17-24 years old reported they have been bullied online.
- Eating problems remain higher than pre-COVID.
- Most secondary-aged children and young people indicated positive feelings about schools, relationships with peers and school staff

Newsround has produced a special report "Inside my Head: Taking Control of my Anxiety".

Anna Freud National Centre for Children and Families has lots of resources to support schools around mental health.

LEGAL AGE OF MARRIAGE



We previously highlighted an upcoming change in the law around the legal age of marriage, this has now come into practice. From 27th February, a new law (Marriage and Civil Partnership (Minimum Age) Act) increasing the legal age of marriage to 18 came into force in England and Wales.

Previously people could get married at 16 or 17 if they had parental consent and there was no law against ceremonies for younger children which were not registered with local councils. The new legislation also covers non-legally binding ceremonies.

Those found guilty of the offence face up to seven years in prison. Please ensure that any resources you use around marriage and civil partnerships reflects this change in law.

The change in law has come about to protect vulnerable children from being forced into marriage so it is important that they have the knowledge on this change in the law.

REVEALING REALITY

CHILDREN'S MEDIA LIVES 2022

This report produced for OFCOM provides a comprehensive picture of children's media experiences in 2021. The Children's Media Lives project follows, as far as possible, the same group of children aged 8 to 18, conducting filmed interviews each year to learn about their media habits and attitudes. This year the sample was increased from 18 to 21, to allow the exploration of the media lives of children in a wider range of circumstances, including additional vulnerabilities.

Key Findings:

The majority of children felt better about their lives than in 2020

TikTok was still the most popular platform

Use of social media has changed to be more passive and less 'social'

Most participants did not understand the safety features on the platforms they used

WITHOUT CONSENT - NUDE IMAGE-RELATED ABUSE

A new report funded by the Home Office explores nude image-related behaviours and the experiences of image-based abuse including the creation of nude images without consent, the sharing on or posting online of nude images without consent, coercive behaviours involving nude images (including coercion to create nude images and coercion involving threats of sharing nude images or posting them online).

The research highlights misunderstandings about what constitutes abusive behaviour. PSHE education on consent, coercion and signs and features of abuse are critical to safeguard children and young people.

Internet Watch Foundation and Childline (Report Remove) provide support around child sexual images. Locally New Era are the commissioned service that provides supports to those affected by domestic abuse.

SEXUAL ABUSE IMAGERY

The [Internet Watch Foundation](#) has stated that since 2019, there has been a 1,058% increase in the number of webpages showing sexual abuse images and videos of children aged 7-10 years old who have been recorded via an internet connected device, often by someone who has contacted the child online. The [NSPCC](#) carried out a freedom of information request to UK police forces and found a 66% increase in child abuse image offences recorded by UK police in the past 5 years

High quality PSHE education is important to enable children and young people to recognise signs of grooming, develop strategies to respond and know where they can access support.

The [UK Safer Internet Centre](#) has free teaching toolkits to support delivering online safety.

[ProjectEVOLVE](#) provides a toolkit that contains resources suitable for Early Years through to 18. Outcomes and competencies are mapped to age and progression with a search function to help navigation.

ABUSIVE RELATIONSHIPS



Ending
domestic
abuse

Safe Lives has published [research](#) that looked to explore how and why young people begin to use abusive behaviours in their relationships, to better understand what is meant to be on the 'verge of harming' and to look at what support for young people who harm should look like.

More than 850 young people shared their experiences about using harmful behaviours and 10 practitioners provided insight into supporting those who harm.

30% of people who completed the survey said they had used harmful behaviours in a relationship, providing a range of reasons for doing so including trust issues, emotional dysregulation, adverse experiences, reaction/response, power and control.

BBC Teach has a [video](#) that discusses the six types of abuse and their characteristics.

BBC Teach also has another [video](#) that explores coercive control (for 15+)

Women's Aid has a [toolkit](#) suitable for all ages - Expect Respect.

PORNOGRAPHY REGULATION: THE CASE FOR PARLIAMENTARY REFORM

An All-Party Parliamentary Group on Commercial Sexual Exploitation has published a report into their inquiry into Pornography regulation: The Case for Parliamentary reform. The inquiry outlines laws relating to pornography and key findings include:

- Those who view pornography are more likely to be male
- Violence against women is prolific in mainstream pornography
- Illegal content is freely accessible on mainstream pornography websites
- Pornography fuels sexual violence
- Pornography fuels social and political harms against women and girls
- Mainstream websites perpetuate racist stereotypes
- Exposure to pornography by young people is high
- Sexual coercion is inherent to the commercial production of pornography

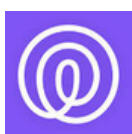
The PSHE Association has produced guidance to enable PSHE Leads to address the requirement for secondary schools to teach that 'sexually explicit material, e.g. pornography, presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners' as part of statutory Relationships and Sex Education at secondary.

The guidance also explores the key role primary educators play in laying the foundations for secondary teaching by covering personal safety, respect in different types of relationships and media and digital literacy.

APPS TO BE AWARE OF



INEQE have completed an investigation into the app JusTalk and have created a comprehensive guide for professionals working with children and young people that outlines what the app is, whether the JusTalk app is safe and top tips to mitigate any risks it poses to children and young people.



There are reports that perpetrators of Child Exploitation and Grooming are using the Life 360 app which is used for location sharing and tracking.

UPDATE FROM LOCAL PARTNERS



SAFER SLEEP AWARENESS

In Staffordshire and Stoke-on-Trent, we have continued to see babies die where there are avoidable risks in the sleep environment that may have had an impact. We know that families are given information about safe sleep for their baby, but there is a need to create further awareness.

The Staffordshire and Stoke on Trent Integrated Care Board would like to invite primary schools and early years settings in Staffordshire and Stoke-on-Trent to commit to joining Pyjama Day, with children coming into school wearing their pyjamas, and schools and early years using the opportunity to share provided resources about safer sleep advice to families.

In addition, we have written an assembly for Primary Schools setting to outline the purpose of Pyjama Day which you can access [here](#) along with a [resource guide](#).

A [lesson plan](#) and [supporting PowerPoint](#) for KS4 has been created to support more in depth discussions about safer sleep for babies and raise the awareness of Sudden Infant Death Syndrome (SIDS).

Posters and further information can be found [here](#).

REPORTING IN TO STAFFORDSHIRE POLICE

Please see attached new infographics which detail the new way of reporting in to Staffordshire Police - live chat rather than direct messaging on social media.

Please update any literature around your setting to reflect these changes and ensure members of your community are aware.

You can download a copy [here](#).

How can I contact the police?

There are a number of ways you can contact us depending on your needs and the urgency of your situation.



999 only in an emergency

When someone is in immediate danger or when a crime is in progress.



101 To report non-emergency incidents



Go online www.staffordshire.police.uk

On our website you can find the answers to many of the questions people ask when calling the police, plus helpful information and advice.



Report crime and incidents online

If you need to report a crime or tell us something then why not report using the 'Report' section on our website. Reports are dealt with the same way as reporting online or calling 101.



Live Chat

A live chat function is also available on our website www.staffordshire.police.uk. The service offers a quick, easy and direct way of reporting problems that aren't urgent.



Visit in person

You can visit one of our 3 police desks at Cannock, Longton or Burton to:
• Report a crime • Receive local advice and information • Open Monday to Friday 9am to 5pm

Support from other public services

If you are experiencing Noise Nuisance please be aware that your local council have the powers to deal with this.
If you are experiencing Physical or Mental Health issues, please contact your GP or other NHS services.

NSPCC SCHOOLS SERVICE - STAFFORDSHIRE AND STOKE-ON-TRENT SPRING UPDATE – FEBRUARY 2023



SPEAK OUT. STAY SAFE. ONLINE PROGRAMME

We continue to offer this programme to all primary schools.

Updated programme details:

Speak out. Stay safe. online is available to all primary schools, with no cost to the school. Featuring Ant and Dec and our mascot, Buddy, this programme includes child-friendly video assemblies and supporting classroom resources for children in KS1 and KS2.

The programme aims to help children:

- understand abuse in all its forms and recognise the signs of abuse
- understand that abuse is never a child's fault, and they have the right to be safe
- know how to get help, and the sources of help available to them, including our Childline service.

SCHOOL VISITS AND WORKSHOPS

We are delighted that our Schools Service volunteers are now visiting primary schools again, delivering workshops to Y5 and Y6 classes where capacity allows. These workshops reinforce the Speak out. Stay safe. key safety messages of recognising abuse and speaking to trusted adults.

Our current number of volunteers is low so we cannot offer visits to all schools.

We are currently able to offer this to some schools in the following areas:

Stoke-on-Trent (Central and North)

Schools can register interest and sign up for the programme at: <https://learning.nspcc.org.uk/services/speak-out-stay-safe>

SPEAK OUT. STAY SAFE. SEND PROGRAMME

We continue to offer this programme to all special schools and all mainstream schools.

Updated programme details:

The SEND programme consists of a series of 6 sessions to be delivered by school staff. It is most suitable for use with pupils aged 9 -11 with moderate learning disabilities, autism spectrum conditions and other additional learning needs, but can be easily adapted to use with a wider group of ages and needs.

The focus is to help children learn about their own emotions, to recognise signs of abuse and to develop awareness of healthy and unhealthy relationships. It teaches children that their school is a safe place and helps them identify trusted adults they can talk to about their worries. It covers aspects of personal wellbeing including emotional intelligence, communication skills, self-esteem and self-awareness.

Schools can register interest and sign up for the programme at: <https://learning.nspcc.org.uk/services/speak-out-stay-safe>

TALK PANTS MAKATON

The recently launched Talk PANTS Makaton teaching resources include videos and prompt cards to help support children who use Makaton to understand the PANTS rules.

This resource can be accessed here: <https://learning.nspcc.org.uk/research-resources/schools/pants-teaching>

TALK RELATIONSHIPS

Secondary schools can now sign up to the Talk Relationships programme for free (for a limited time). Talk Relationships is for secondary-age educators to ensure that young people can learn about sex and relationships in a safe environment that recognises, responds to, and prevents abuse.

The resource includes an eLearning course for school staff and a series of 14 age-appropriate lesson plans, covering topics such as consent and harmful sexual behaviour.

This resource can be accessed here: <https://learning.nspcc.org.uk/services/talk-relationships>

LADO UPDATE

If your organisation is intending to use REAL services the advice remains the same as given in November 2021 which is to contact the Stoke on Trent LADO for advice.

ONLINE SAFETY GUIDANCE TO PARENTS AND CARERS

Staffordshire Police has been sharing posters from National Online Safety to support parents and carers to be aware of different platforms and tips on how to have open discussions about digital lives. They want to encourage education settings to share these resources with their parents and carers.



ARMY CADETS EDUCATION OFFER

Both the City Council and the Army Cadets Force are ambitious to increase the number of detachments in the city so that more young people can benefit from the opportunities and experiences that being a member of the Cadets Force can bring.

There are currently eight detachments in Stoke-on-Trent and North Staffordshire and the ambition is to grow that by at least another three units in the next two years. The Army Cadets for recognise that the best way to grow new units is for them to be hosted by and attached to existing anchor institutions – schools, colleges, youth organisations – and they would like the opportunity to talk to you about how that can be made possible and bring real and enduring value to the host institution.

For more information contact: alexander.martin@armymail.mod.uk



SCVYS and the Stoke-on-Trent and Staffordshire Violence Reduction Alliance (VRA) want to engage with children and young people aged 11-25 years old in Staffordshire and Stoke-on-Trent to understand their views, concerns and experiences of violence (including in their local area and via digital/social media) and what they would like to see put in place to help them feel safe. The findings of the engagement will:

- Inform the development of the new Violence Reduction Strategy;
- Identify support required locally for young people
- Help shape future awareness campaigns relating to community safety

How will the information be used?

The questions should take no longer than 10-12 minutes to complete and young people do not have to give any personal details. The information they provide will be used to produce a written report that will be shared with the VRA. The final report will be available to view on the VRA website later in the year.

The survey closes at midnight on Sunday 16th April 2023 and we welcome your support in enabling young people to participate and share their views. either during tutorial, PSHE lesson or by advertising the opportunity via this poster or this one being displayed around the building.

EFFECTIVE PRACTICE EARLY HELP TRAINING

The Effective Practice Coordination team have shared dates for one-day training sessions which support staff to have a clear understanding of what is involved when providing Early Help to families.

The course covers considers all aspect of providing Early Help support from consent to restorative approaches.

The training would support any professional providing early intervention support to families, including (but not limited to); School home-school link workers, Safeguarding officers from schools, colleges and alternative provisions, Members of a school inclusion team, Education Welfare Officers, Workers in early years settings such as nurseries.

Session objectives:

By the end of the session, participants will be able to:

- To understand the process involved in providing Early Help and its underlying principles.
- To understand the legislation regarding Early Help
- Have a clear understanding of how agencies can support families providing Early Help

Upcoming dates: 27th March (Hazel Trees), 28th March (Tunstall Family Hub), 19th April (Hazel Trees), 15th June (Hazel Trees)

Book [here](#).

RESOURCES

KNIFE CRIME & YOUTH VIOLENCE

In response to recent incidents locally, we are keen to provide education settings with resources that can support conversations in relation to early intervention and prevention of youth violence and knife crime. Within the partnership, discussions have taken place about the need for resources linked to consequential thinking. The Ben Kinsella Trust [Consequences of knife crime lesson pack for KS2](#) and [Choice & Consequence lesson pack for KS4](#) support learning around identifying and managing risk and the impact of knife crime on communities.

The UK Trauma Council has created [resources to support educational communities with responding to traumatic events that affect children and young people](#) in their care. The resources include guidance, a policy framework, and a set of lesson plans.

Work is taking place and ongoing within the multi-agency partnership to ensure a pro-active, planned response to these emerging issues.



The Stoke-on-Trent Community Safety Partnership have funded an opportunity for settings (KS3+) to access a Virtual Reality education experience by Round Midnight over the next 6 months (as demonstrated at the Stoke CSP Schools Event in November 2022.)

The workshop is facilitated by trained professionals from Staffordshire Police, Youth Offending Service & Family Support.



Schools are asked to identify 10 students for the workshop which is delivered on your site, lasting 1-1.5 hours. There are a series of lesson plans to follow this workshop that you will also have access to.

For more information and a booking form, please contact Joy Molloy: joy.molloy@stoke.gov.uk

STRESS AWARENESS MONTH 1-30 APR

The recently published [State of the Nation 2022: children and young people's wellbeing research report](#) cites that recent qualitative work from the ONS demonstrates that children and young people understand that having good mental and physical health allows them to do the things they enjoy, as well as the importance of recognising and managing stressors, and getting enough sleep, for mental and physical health (ONS, 2020).

Mentally Healthy Schools and the Anna Freud National Centre for Children and Families have created two toolkits - [one for primary schools](#), and [one for secondary schools](#). In the toolkits, they have collected together a number of resources for pupils and staff, to help you and the young people you work with manage and cope when stress becomes overwhelming.

As we approach exam season, it's important to recognise that pressure to do well in exams can be overwhelming and affect young people's mental health. The [Young Minds website](#) provides tips for young people including; [dealing with exam stress](#), [the importance of self-care](#), [revision tips](#) and [dealing with disappointing exam results](#)

WORLD AUTISM ACCEPTANCE WEEK

27 MAR-2 APR

The World Autism Acceptance Week theme for 2023 is colour, and invite schools to try a new virtual challenge, the [Spectrum Colour Challenge](#) to get your fundraising off to a colourful start.

Click here to watch the [World Autism Acceptance Week video](#) from the National Autistic Society.

For settings who support children and young people with Autism and their families, Ambitious about Autism have created a range of [practical resources, including templates and posters](#), that parents and autistic young people can download and use to support their health and wellbeing including; a visual story about how to look after your wellbeing during the cost of living crisis, daily & weekly routine planners and tips for families on managing health anxiety.

On the BBC Iplayer, Chris Packham hosts a [two episode series Inside Our Autistic Minds](#) that enables a group of people with autism to create short films that reveal how they truly feel inside. Clips could be used as part of classroom discussions.



World Health Day this year marks the 75th anniversary of the World Health Organisation.

Public Health England has a toolkit "Our Healthy Year" for Primary children (4-11 years) that help create a healthy, active school culture by developing healthier habits and encouraging healthier choice.

Public Health England has a lesson plan for Key Stage 3 and 4 (11-16 years old) that explores the link between physical and mental wellbeing.

AYPH has produced a PSHE Association Quality Marked resource around a fair and equal opportunity to enjoy good health for Key Stages 3-5 (11-18).

NATIONAL STEPHEN LAWRENCE DAY 22 APR



The Stephen Lawrence Day Foundation have a range of classroom resources available on their website:

- Early Years, Foundation Stage and Key Stage 1 assemblies and resources cover topics such as 'Wonderful me' and 'Why am I special like Stephen' which celebrate respect and kindness, recognising differences.
- Primary School/KS2 activities aim is to encourage children to discuss how they contribute to living in a fair and just society.
- Secondary School/KS3-4 materials support students to engage through open discussions to think about making the right choices, and how they can feel empowered to go forward and make a difference in their communities.
- Post 16 & KS5 sessions focus on challenging racism, making positive contributions to society, truth, fairness and respect for all as well as learning more about unconscious bias - how they can stand up to racism in their own communities and work places.

A range of short clips from the series "Stephen: The Murder that Changed a Nation" are available to watch, and are detailed on the Stephen Lawrence Day website. Schools and communities can use these to supplement or follow up Stephen Lawrence Day activities.



LAUNCHES NEW RESOURCE

Catch22 recently provided input into the cross-party Parliamentary Education Committee about how recruitment methods were changing and adverts were being put on Instagram and Snapchat that resemble professional job adverts to groom children and young people into County Lines.

At Catch22, we believe that exploitation is a subject that needs to be tackled directly and early with children and young people, as supported by recent research from the NWG and the Safeguarding Network:

All results had the commonality of identifying education as playing an important role in prevention and early intervention.

We need PSHE lessons in school which explicitly teach about risks of exploitation"

Designated Safeguarding Lead.'

Catch On is a free educational resource about Child Exploitation aimed at Years 7 & 8. The resource contains a suite of options for a single lesson or series of lessons exploring the topic of grooming and exploitation. Materials include lesson slides with embedded links and videos; comprehensive lesson plan guidance with photocopiable activity sheets; a handbook for parents and professionals.

The resource complements and adds to the excellent County Lines resources produced in Stoke-on-Trent and Staffordshire by the PSHE Coordinators which were utilised by the Catch22 working group who devised the resource including the Criminal Exploitation & PSHE Professional's Pack.

"We created this resource because we know how important prevention and early intervention are in the fight against child exploitation. Too often, children are referred to Catch22 when they have already suffered harm. Too often, we are only invited into schools once exploitation has been identified. We want to empower children with the knowledge and information they need to spot the signs of exploitation before they come to harm, and we need to inform the adults around them so they can keep children safe."

Kate Wareham

Strategic Director, Young People, Families & Communities, Catch22

Comments from teachers who piloted Catch On:

"Absolutely brilliant!"

"It was very engaging and really enabled discussion. To be honest, we were a bit shocked at how much some of the kids knew about all this..."

"You know, I think you've got to take the attitude that it could happen here. You need to create an open forum where children feel safe to share and discuss these things. This resource enabled us to do that."

"As a teacher, I felt comfortable and confident in the resources. They were clear and non-threatening and I felt I could relax knowing where the lesson was going and what I should be trying to achieve."

Catch On will be launched on 18th March 2023. To register interest in receiving these free PSHE materials, please email.

FREE 'WOMEN'S SAFETY' LESSON PACK

Chameleon PDE have made their KS4 'Women's Safety' lesson pack free to users for a limited time only. To be access the pack you need to sign up as a free user.

The lesson plans are flexible allowing for differentiation and the accompanying PowerPoint can be edited for individual settings.

There are over 120 minutes of activity choices including the following learning tasks:

- How safe would you feel?
- Female safety - true/false
- Keeping safe - dos and don'ts
- Violence in music (and video)
- The bystander debate
- Misogyny, the law and change
- Female safety campaign



BEEP BEEP! DAY

Brake, the road safety charity will once again be hosting Beep Beep! Day on 26th April 2022. This year the day is focusing on three road safety topics for 2-7 years old - holding hands with a grown up when walking near roads, crossing roads at safe places with a grown up and using a child seat when crossing the road.

You can sign up for a free digital action pack [here](#) and access the Road Safety & PSHE pack [here](#).

BEANO FOR SCHOOLS NEW RESOURCE

The Beano have collaborated with Plazoon to create a new free lesson linked to Key Stage 1 and 2, that can be taught as either a half hour PSHE lesson or an hour long English lesson. The lesson helps groups to socialise with one another and collaborate.

The Beano are running a competition to celebrate the launch of their new resource to find Britain's Funniest Class. The winning class receives:

- An illustration of their class, which will be published in the comic
- A Beano comic subscription and a copy of the Beano Book of Fun for every pupil in the class
- A Gold Gnasher medal for every pupil in the class
- A fun-filled Beano assembly - open to all classes.

The deadline for the competition is 21st March 2023. More details can be found [here](#)

TRAINING OPPORTUNITIES

Whilst we always try and source resources and training at no cost, we recognise that some organisations do have a small budget to support their PSHE delivery. Here are some upcoming training opportunities available both for free and a cost, both locally and nationally. Click on links for bookings and further information.

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
SLEEP	14TH MARCH 9.30-12.30	SSCB	FREE	TO INCREASE AWARENESS AND KNOWLEDGE OF SUDDEN INFANT DEATH SYNDROME (SIDS) AND YOUR ROLE IN THE PREVENTION AND REDUCTION.
MENTAL HEALTH	27TH MARCH 16.00-17.00	PSHE EDUCATION SERVICE	FREE	1 HOUR WEBINAR DEVELOPING KNOWLEDGE AROUND MENTAL HEALTH
ABUSE & VIOLENCE	6TH APRIL 10.00-12.00	NEW ERA	FREE	THIS 2 HOUR SESSION LOOKS AT THE DIFFERENT TYPES OF DOMESTIC ABUSE AND HOW IT CAN AFFECT ADULTS, CHILDREN AND THE WIDER COMMUNITY
HARASSMENT	19TH APRIL 16.00-18.00	CHAMELEON PDE	FREE	THIS 2 HOUR SESSIONS REFLECTS ON THE FINDINGS FROM EVERYONE'S INVITED AND YOUR SCHOOL APPROACH TO SEXUAL HARASSMENT AND MISOGYNY (INCLUDES FREE TEACHING PACK)
LGBTQ+ EDUCATION	26TH APRIL 16.00-18.00	CHAMELEON PDE	FREE	TEACHING TEAMS CAN BE WORRIED ABOUT CAUSING OFFENCE OR SAYING THE WRONG THING WHEN IT COMES TO LGBTQ+ INCLUSION. THIS WEBINAR WILL HELP YOU REFLECT ON THE SUBJECT KNOWLEDGE YOUR STUDENTS NEED, AND WHETHER YOUR PROGRAMME IS MEETING THE NEEDS OF YOUR STUDENT BODY.
ABUSE & VIOLENCE	22ND JUNE 9.30-13.00	NEW ERA	FREE	THIS 3.5 HOUR COURSE WILL FOCUS ON THE IMPACT DOMESTIC ABUSE CAN HAVE ON CHILDREN AND YOUNG PEOPLE.

NEXT MONTH...

Resources & Materials for:

- 15 May International Day of Families
- 16 May International Boys Day
- 17 May International Day against Homophobia & Transphobia
- 21 May World Day for Cultural Diversity, Dialogue & Development
- 28 May Menstrual Hygiene Day
- 31 May World No Tobacco Day
- Ditch the Blade week of action

WANT TO SHARE A RESOURCE,
IDEA OR INFORMATION ABOUT
YOUR SERVICE?
LET ME KNOW AND I CAN
INCLUDE IN UPCOMING
EDITIONS

UPCOMING EVENTS...

PSHE Leads Network Meeting (Spotlight on Policy Creation, Engagement and Review)

21st March 4-5pm

MS Teams

Bitesize Practice Development Session: Mental Health with Action for Children

27th March 4-5pm

MS Teams

Bitesize Practice Development Session: Sexual Health with MPFT

19th April 4-5pm

PLEASE NOTE THAT DUE TO THE
EASTER HOLIDAYS
THE APRIL PSHE DIGEST
WILL ARRIVE IN INBOXES
ON MONDAY 17TH
APRIL 2023

If you would like to share any feedback or request support, advice or guidance please contact me:

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