SCVYS PSHE DIGEST September 2022

STAFFORDSHIRE COUNCIL OF VOLUNTARY YOUTH SERVICES

COVERED IN THIS MONTH'S NEWSLETTER:

22/23 Training

Update to Sexual Health Services contact information

Information and referral form for T3 Stars

Information about talking to children and young people about Andrew Tate

Materials to support Child Exploitation and County Lines education

Resources for key awareness dates:

- Black History Month 1-31 Oct
- Hate Crime Awareness Week 8-15 Oct
- World Mental Health Day 10 Oct
- Global

Key Dates for your diaries:

• PSHE Lead Networks Save the Date Resources to support talking to children and young people about the death of Queen Elizabeth 11

TRAINING 2023

We are currently putting together a training package for 2023. If you have any topics or areas you'd like to see covered by training please let me know via email.

SCHOOL PSHE LEAD NETWORK

SPOTLIGHT ON ...

Assessment

11th October 4-5pm via MS Teams Book your place <u>here</u>

If you have any feedback, or would like support, advice or information please email: natalie@staffscvys.org.uk

SEXUAL HEALTH SERVICES - CHANGE OF PHONE NUMBER

The telephone number for sexual health services in Stoke-on-Trent, Staffordshire, Shropshire and Telford & Wrekin has changed, and is now: 0808 178 0955

The previous service telephone numbers will continue to dial through to the sexual health phone lines for the upcoming months, but please update your records as soon as possible with the new phone number. The latest service information can be found on www.openclinic.org.uk.

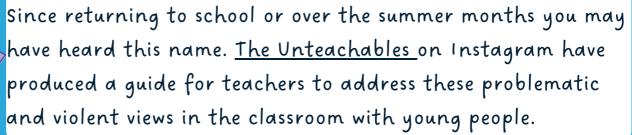
T3 STARS (STAFFORDSHIRE TREATMENT AND **t3 t3 stars** RECOVERY SERVICE)

T3 are the free and confidential drug and alcohol service for young people in Staffordshire up to 20 years of age for young people concerned about their own or someone else's drug or alcohol use. You can access their <u>poster</u>, <u>information leaflet</u> and <u>referral form</u> for use in your own setting.

REFERRAL PATHWAY FOR CSE & CCE

A <u>crib sheet</u> has been created to support professionals to refer children and young people into the appropriate services including updated contact details.

ANDREW TATE



Please ensure that these key documents and updates are shared with all relevant colleagues in your setting

COUNTY LINES EDUCATION PACKAGE

It is important that there is a multi-agency approach to safeguarding children and young people from being criminally exploited. To support education partners, we have created a new *comic-book resource* and an accompanying session guide for use with 9-11 year olds and sourced a new youth-produced resource for use and created an accompanying session guide for use with 11-14 year olds. This is to be used in conjunction with the Professionals' Pack which gives an overview of how this topic meets best practice curriculum outcomes from the PSHE Association and also the DfE's statutory guidance and also information to support increasing the confidence of professionals delivering these sessions.

Staffordshire County Council and Staffordshire Police have also created a <u>letter</u> and <u>postcard</u> and would be grateful if schools could share this with their parents and carers *no earlier than week commencing 3rd October 2022.*



Child Criminal Exploitation Professional Pack



Primary Education Pack containing a locally produced resource and accompanying session guide



Secondary Education Pack containing new youthproduced resource and accompanying session guide

Click on the image of the document to access via Google Drive To help us to understand the impact of locally produced/sourced resources, we'd appreciate your time to complete this <u>short survey</u>.

BLACK HISTORY MONTH 1-31 OCTOBER

• The Parliament UK Education service have an archive of resources including the 2 highlighted below:

Influential Black Britons illustrated book for KS1 and KS2

<u>Your Story, Our History: Race relations legislation - Parliament UK</u> <u>Education</u> - videos to support young peoples' thinking around racism, equality, discrimination and legislation for KS3

<u>Black History: Lord Constantine's story - Parliament UK Education</u> - a video about Lord Constantine who became the first black member of the House of Lords in 1969 suitable for KS2-5.

 School Wellbeing Leeds have collated a series of Anti-Racism Resources for KS2-KS4.

The page includes links to videos, documents and parent/carer guidance covering topics such as communities, identity, and racism. <u>Click here to access resources.</u>

 IntoFilm's new educational programme 'Black History and Experiences', features full-length topical films, short films, documentaries and additional exclusive content from key Black figures, to evoke classroom discussion and critical thinking.

Explore the Into Film Black History and Experiences programme <u>here</u>

HATE CRIME AWARENESS WEEK 8-15 OCTOBER

Barking & Dagenham Council's Prevent team has developed a set of 3 <u>PowerPoint sessions</u> on Fundemental British Values. This set aims to promote the values and build resilience to extremism in an ageappropriate way for KS1.

<u>Stand Up! Discrimination Today and Yesterday</u> is a classroom resource for 11-18 year-olds aims to explore issues around discrimination and tolerance. The resource focuses on anti-Semitism and anti-Muslim hatred. Teachers may use this resource to teach about discrimination, antisemitism and anti-Muslim hatred historically and in Britain today. The resource contains different versions for different abilities.

<u>Uniting Staffs against Hate Crime</u> provided by Victims Gateway can provide support for Victims of Crime and have produced a <u>useful</u> <u>factsheet</u> on Hate Crime.

GLOBAL HANDWASHING DAY 15 October



Educational settings provide an ideal environment in which to communicate with children about the importance of personal hygiene and motivate them to share handwashing-promotion messages with their friends and families.

- Global Handwashing Day UK partners have compiled a variety of <u>resources</u> for use in schools, providing guidelines, ideas and inspiration, not only for Global Handwashing Day, but for hygiene promotion throughout the year.
- e-Bug has a <u>KS1 lesson plan</u> and <u>KS2 lesson plan</u> on Hand Hygiene
- <u>Lifebuoy Soaper Heroes UK</u> have created a, initiative with resources for 11-14 year-olds that have been quality assured by the PSHE Association. Along with films and lesson plans, you can access poster and stickers, plus a limited number of 50ml hand sanitiser samples area available whilst stock lasts.



WORLD MENTAL HEALTH DAY 10 October

Developed with teachers and NHS approved, Public Health England has created a created <u>lesson</u> for year 6 and KS3-KS4 <u>lesson</u> which explores how looking after our physical health can have a positive impact on our mental wellbeing.

Year 6 consider the different elements of physical wellbeing, including getting active, eating well and getting good quality sleep. Two short videos are embedded in the PowerPoint.

For KS3 and KS4 a "true or false" quiz addresses common misconceptions while a short video prompts students to consider the importance of physical activity.

September's <u>Kind Mind Newsletter</u> also has information about children and young people's mental health and wellbeing

<u>Action for Children</u> provide Staffordshire Emotional Health and Wellbeing Service and are holding a <u>wellbeing day</u> in Newcastle on 26th October 2022.

CURRENT GAPS IN RESOURCES

Is there a particular topic that you struggle to source quality resources for?

Are there particular types of learning styles that are not met with current resources?

Is there an emerging topic that your children and young people are discussing or facing that is not part of your currently curriculum plan? Please let me know so I can source or feed into relevant forums about particular gaps or needs that you have.

NEXT MONTH ...

Resources & Materials for: Supporting Ditch the Blade/Knife Crime education

Plus, to support key awareness events:

- Islamophobia Month 1-31 Nov
- Bonfire Night/Firework Safety 5 Nov
- Anti-Bullying Week 14-20 Nov
- Road Safety Week 14-20 Nov
- Friendship Friday 18 Nov
- International Day for the Elimination of Violence against Women & Girls 25 Nov

DATES FOR YOUR DIARY....



As School PSHE Lead it is important that you have confidence in your curriculum and resources. For this academic year we are launching the Pans-Staffordshire PSHE Leads Network. The aim of these meetings is to share information, resources and best practice as well as offering an opportunity for PSHE Leads to come together to ask questions, seek support and share ideas. We have set the dates for this academic year and the sessions will run 4-5pm via MS Teams, booking will be via Eventbrite:

- 11th October 2022
- 6th December 2022
- 14th February 2023
- 21st March 2023
- 16th May 2023
- 4th July 2023

You can book onto October's meeting via the link above. Booking is open until 30th September 2022.

WANT TO SHARE A RESOURCE, IDEA OR INFORMATION ABOUT YOUR SERVICE? LET ME KNOW AND I CAN INCLUDE IN UPCOMING EDITIONS

QUEEN ELIZABEH II



With the news yesterday of the death of Queen Elizabeth 11, we know many organisations will want to share the news and memory of the longest reigning British Monarch with their children and young people, and also support them with their feelings and emotions as the nation comes together to mourn.

We have pulled together resources to support you to have these conversations.

- Church of England Education
- <u>Assembly exploring the life and legacy of Queen Elizabeth 11 by</u> <u>@Southgloshead</u>
- Assembly on the life and qualities of the Queen by @CMHazza
- <u>Assembly and FAQ looking at her reign and what happens next by</u> <u>@SPBeale</u>
- PowerPoint showing the life of the Queen by a PSHE Lead
- <u>PowerPoint exploring the life of Queen Elizabeth 11 and advise for</u> <u>dealing with death written by a PSHE Lead.</u>
- <u>Primary/SEND Presentation to show the achievements of Her Majesty</u>
 <u>by @ralston_h</u>
- CBBC Newsround video looking back at her life and reign
- <u>Winston's Wish KS1-4 lesson plans (Quality Assured by the PSHE</u> <u>Association) designed to open conversations about bereavement and</u> <u>loss.</u>

SUPPORT

- Trusted adult including family and adults in school
- Childline 0800 1111 or www.childline.org,uk
- Samaritans 116 123
- www.youngminds.org
- Winston's Wish 08088 020 021 advice and support specifically about bereavement

