



COVERED IN THIS MONTH'S NEWSLETTER:

Update from Natalie

Updates from National Partners including:

- PSHE Association Resources
- Video from Alison Cope
- Period Poverty Lessons
- Preventing Hair Discrimination

Local Updates including:

- Purple Drank/Lean Professionals Alert
- Harmful Sexual Behaviour e-learning reminders
- Staffordshire Safeguarding Board's Newsletter

Resources to support:

- World Aids Day 1 Dec
- Human Rights Day 10 Dec

Dates for your diary

PSHE LEADS MEETING:

Our next meeting is on 6th December 2022 4-5pm on MS Teams and the spotlight is on Quality Assuring Resources. You can book your place [here](#).

For those people who were unable to join the last session on assessment you can find the video [here](#).



Hopefully you have seen over the past couple of months our new "...& PSHE" series to help develop confidence and competence for professionals delivering PSHE and provide consistency in messaging for our children and young people across Staffordshire and Stoke on Trent.

These packs are all produced in collaboration with partners, and we would really value your thoughts and also which topics you would like prioritised. Please contact me to let me know your thoughts and views.



If you have any feedback, or would like support, advice or information please email: natalie@staffscvys.org.uk

UPDATE FROM NATALIE



STAFFORDSHIRE POLICE

We are working with Staffordshire Police to improve the quality and consistency of PSHE delivery by PCSOs. This is an ongoing piece of work that we wanted to make you aware of. We have delivered training to PCSOs with every district in the county being represented. The training covered best practice principles of PSHE delivery including creating a safe learning environment, not using fear, scare or shock tactics and assembly v lesson. The training also explored the topics that the Police felt they could deliver to enhance PSHE delivery across the county. We are now working with the Force to create specific packages for identified topics, with clear links to curriculum learning outcomes. The first package we are working on is around Knife Crime for KS3/11-14 years old.

We have linked in and adopted best practice principles from the PSHE Association and National Police Chiefs Council document [Police in the Classroom](#)

EXTERNAL PROVIDERS

We are currently developing guidance for external providers who offer programmes which enhance PSHE provision within education settings.

It would be useful to have a list of those external providers currently being used in schools so we can collate a central list to share across the districts and county. Please email [Natalie](#) details of any external provider who supports your PSHE curriculum,

PSHE WEBSITE

We are delighted to announce that work has begun on our new local PSHE website, which will host a central resource library, the &PSHE packs, previous editions of the digest amongst other supporting materials. We hope that this will be launched in the early part of the new year.

PSHE STEERING GROUP

To ensure effective governance of the service a multi-agency steering group that meets bi-monthly has been set up. We are looking for a representative for Primary education to join. Please contact [Natalie](#) if you would like to find out more information.

Primary
Only

UPDATE FROM NATIONAL PARTNERS



RESOURCES ROUND-UP

For PSHE Association members, they have recently provided an update on support available to education settings. See below. For more information about PSHE Association membership, visit their [website](#).

The following resources are available to non-members.

Ask a Subject Specialist Episode 6: – The PSHE Association answer your questions on governors, British values, PSHE at KS5/post-16 and more!

'Safe classroom' and 'effective teaching' interactive posters: Learn the best practice principles for teaching PSHE education and establish a safe learning environment with handy interactive posters from the PSHE Association. Available as both interactive and printable PDFs.

Alison Cope NEW VIDEO
ANTI VIOLENCE CAMPAIGNER

Year 9+
(14+)

Some schools and alternative providers in the county have already had Alison Cope to deliver sessions about her own experiences of youth violence and knife crime.

To support Alison's session, we have created a follow-on session plan that further supports young people to explore the impact of knife crime, challenge decisions to carry bladed weapons and utilise negotiation skills to de-escalate situations.

Thanks to colleagues from St Thomas More, in Stoke, who kindly shared a presentation created from this follow-up session, that can be adapted for your setting.

Alison has recently launched a new video, using AI technology, as part of a campaign with NSPCC, which sees her son, Joshua Ribera (Depzman), tell his story through a newly released song "Life Cut Short".

If you would like more information about Alison's sessions, please visit her [website](#)



PERIOD POVERTY LESSON PLANS

Together with Lil-Lets and Brook, PHS (Personnel Hygiene Services) have created educational lessons plans for schools from year 4 to 9.

What's included?

- Each year group is based on slightly different topics, using softer language for the younger age group and going into more detail on wellbeing, sexual education, menstrual cycles etc for the older groups.
- Every year group will have a PowerPoint and then with each PowerPoint there is a word document for the teachers. This gives teachers a step-by-step guide on how to teach the class and the right language/terminology to use. Also, there are word handouts which are activities & link to the lesson plans for the pupils to take part in!
- The sessions are recommended to be taught to a mixed gender class and not be separate into girls/boys so there are no separate resources for girls or boys. This content has been put together in partnership with Brook's education experts and created in-line with KS2 & KS3 government statutory guidance & PHSE Association guidance.

Click [here](#) to visit the website and enter your details to download the lesson plans

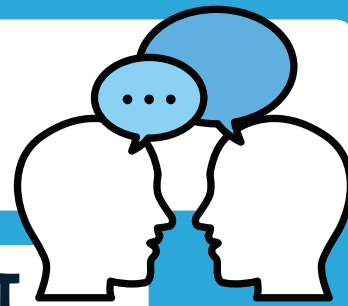
PREVENTING HAIR DISCRIMINATION IN SCHOOLS

Children and young people should be able to thrive in school, without fear of being discriminated against because of their hair. The Equality and Human Rights Commission have launched [new resources](#) which help schools end hair discrimination and be inclusive placed for all.

Dove has created a [resource toolkit](#) for use with 10-14 years old to boost hair confidence in kids with coils, curls, waves and protective styles – and to build allyship in others to create a respectful and open world for natural hair.

Please ensure that these key documents and updates are shared with all relevant colleagues in your setting

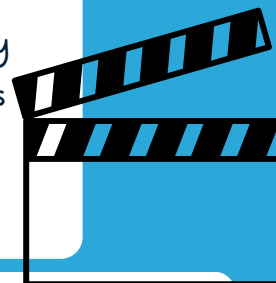
UPDATE FROM LOCAL PARTNERS



STAFFORDSHIRE
POLICE

LEAN/PURPLE DRANK ALERT

In response to reported emerging issues with young people engaging with Lean/Purple Drank, Staffordshire Police would like to recirculate the previously shared document [Purple Drank: Information for Professionals](#) which contains information about the substance as well as signposting to support services. A parent/carer awareness document can be accessed [here](#).



NSPCC
'Learning'

HARMFUL SEXUAL BEHAVIOUR E-LEARNING

A reminder to colleagues that ALL education settings were assigned a FREE e-learning log-in to complete staff CPD on HSB funded through the Staffordshire Police, Fire & Crime Commissioners Office.

Licenses were assigned at the start of this year and will expire in January 2023. While the course only produces 1 CPD certificate, you are able to share the log in details or deliver the course to multiple members of staff if you choose.

This will support staff confidence and competence in addressing the need across the county.

To check who the license for your setting has been assigned to, for more information or to request changes to the contact details for the license, please email [Natalie](#).

WHAM PLAN

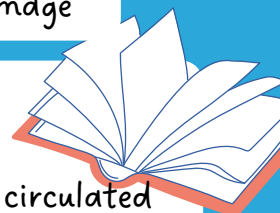


A free emotional health and wellbeing course designed by local young people, in conjunction with CAMHS, for local young people. The toolkit covers topics such as:

- What is emotional wellbeing?
- The food-mood connection
- Healthy relationships
- Mindfulness in nature

For more information, please contact [Sean](#) or click on the image

SAFEGUARDING CHILDREN BOARD NEWSLETTER



The latest Staffordshire Safeguarding Children Board [newsletter](#) has been circulated and includes information on the new Early Help Strategy, a user-friendly guide to the changes in Keeping Children Safe in Education and training opportunities



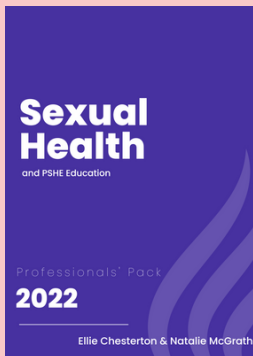
WORLD AIDS DAY

1 DECEMBER

The National AIDS Trust has written a HIV and AIDS Schools Pack, with partners. Please note that the links to DO... no longer work, you can access some of the DO resources referenced here.

There is also a World Aids Day 2022 Assembly slide deck which covers:

- An introduction to HIV – let's go over the basics...
- Myths or Facts - an opportunity to check and expand knowledge
- How to prevent HIV – identifying the main four ways
- How young people can be a HIV ally



The latest& PSHE guidance to be released supports education providers to deliver best practice Sexual Health Education.

Click on the image of the document to access.

HUMAN RIGHTS DAY

10 DECEMBER

For Primary aged children Amnesty have created a pack of activities to explore human rights with 5-11 years old including thinking about rights in the classroom and behaviours that respect human rights



Unicef has created a child-friendly poster on the United Nations Convention on the Rights of the Child.

The Equality and Human Rights Commission have created a 12-lesson programme for secondary aged young people. Lesson 8 of the series explores through an interactive marketplace activity that we never have to choose our human rights, they belong to everybody in the world and every human right is needed to live and grow. Lesson 9 explores how human rights work and their origin and Lesson 10 demonstrates how human rights can conflict and why they need to be limited.

CHALLENGING VICTIM BLAMING LANGUAGE

The UK Council for Internet Safety have produced a non-statutory guidance to inform policies and procedures related to responding to incidents of online abuse and safeguarding children and young people. It aims to help professionals to better understand, recognise and response to victim blaming language and behaviour.

DFE RESEARCH

We wanted to update you that the DfE has commissioned IFF Research to explore how schools are implementing the new statutory guidance and whether this has resulted in effective RSHE for pupils. You may receive an email direct from IFF Research titled RSHE Survey for the Department for Education we can confirm this is legitimate.

NEXT MONTH

Resources & Materials for:
National Obesity Awareness Week 13-19 Jan

Next edition date - 2nd December 2022.

If you have been forwarded this digest and would like to receive it directly, please email Natalie to be added to the mailing list.

WANT TO SHARE A RESOURCE,
IDEA OR INFORMATION ABOUT
YOUR SERVICE?
LET US KNOW AND WE CAN
INCLUDE IN UPCOMING EDITIONS

DATES FOR YOUR DIARY...

Pan-Staffordshire PSHE Leads Network
(Spotlight on Quality Assuring Resources)
6th December 4-5pm
MS Teams
Book your place [here](#)

Prevent & PSHE: Practice Development webinar
12th December 4-5pm
MS Teams
Book your place [here](#)

