



PSHE Education
STOKE-ON-TRENT & STAFFORDSHIRE

DIGEST

October 2024
Stoke-on-Trent

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MEETING RECORDINGS:

We have our own YouTube channel and all our recordings from our events can now be found on our website from last academic year.

[PSHE Leads Meetings](#)
[Role of the PSHE Lead](#)

[Bitesize Practice Development Webinars](#)

UPCOMING DATES FOR YOUR DIARIES

PSHE Leads Network Meetings:

- [15th October 2024 - 4-5pm](#)
- [11th February 2025 - 4-5pm](#)
- [26th March 2025 - 4-5pm](#)
- [7th May 2025 - 4-5pm](#)
- [24th June 2025 - 4-5pm](#)

An MS Teams invite will be sent to you

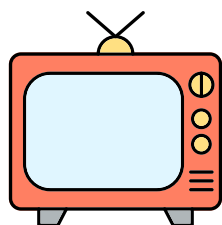
Please let us know what our priorities should be for the 2024-2025 Academic Year

13th November 2024 10am - 4pm - [Pan-Staffordshire PSHE Conference](#)

WHAT'S OUT THERE...

Whilst it is important to ensure PSHE is part of a planned curriculum, it can also be used to address needs in a local context and form part of conversations we have with children and young people about their experiences and what's happening in the world around them.

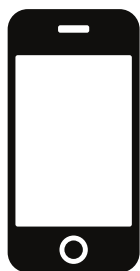
We have collated some examples of topics that are being covered in TV and media that young people may want to discuss.



- Netflix is showing a documentary as Will Ferrell invites his transgender friend Harper Steele on a road trip across the USA so they can figure out what impact Harper's transitioning will mean for their friendship. Will & Harper is available on Netflix now.
- Panorama featured an episode that focused on children's use of smartphones. The episode follows two families and looks at the impact when their smartphones are removed for a week.
- Living Every Second: The Kris Hallenga Story aired on BBC two earlier this week and is available on Iplayer. The founder of Coppafeel, who died from breast cancer earlier this year following a late diagnosis and was determined to stop it happening to others.



- The BBC reports that the number of adults in England to have started vaping, despite never having been regular smokers, has reached one million, scientists estimate. The rise is driven mostly by young adults - with about one out of every seven 18-24-year-olds who never regularly smoked now using e-cigarettes.
- The Israel-Gaza war continues to dominate the news. Our special edition PSHE Digest contains useful resources to support conversation with children and young people about the conference.
- The Stoke Sentinel has reported that a man from Congleton has been jailed for sending sexually explicit images to a child.
- A Headteacher from Wolverhampton has said that the national curriculum does not teach children enough about getting out of difficulty in open water, a headteacher has said.



- YouTube is to stop recommending videos to teenagers that idealise specific fitness levels, body weights or physical features. Whilst it will still allow 13-17 years old to view the videos, it's algorithms will not push young users down related content "rabbit holes"
- Instagram has overhauled the way it works for teenagers, turning on many privacy setting by default for all under 18s, including making their content unviewable to people who don't follow them, and making them actively approve all new followers. Users aged 13-15 years will be able to adjust the settings by adding a parent or guardian to their account.



PSHE Education
STOKE-ON-TRENT & STAFFORDSHIRE

Conference

SUBJECT
SPECIALIST
GUEST
SPEAKERS

NETWORKING
OPPORTUNITIES
AND PROVIDER
MARKETPLACE

BEST PRACTICE
WORKSHOPS AND
TABLE TOP
ACTIVITIES

WEDNESDAY 13TH NOVEMBER
10AM-4PM

 **BOOK NOW**



SCAN THE QR CODE
TO BOOK YOUR
SPACE

STAFFORDSHIRE COUNTY SHOWGROUND
WESTON ROAD, STAFFORD ST18 0BD

£35 TICKET (INC LUNCH)

UPDATE FROM ELLIE

CONFERENCE UPDATE

Thank you those who have already booked to attend the conference already. We know a number of you are navigating your local processes to get booked on.

We're delighted to announce our first two guest speakers - Dr Polly Haste, HMI Lead for PSHE, RSHE and Citizenship and Nicky Tapley, Associate Assistant Headteacher Personal Development and Mental Health who received an Outstanding inspection rating for Personal Development last October.

All bookings must be completed by 31st October to help us with final arrangements. We hope you'll be able to join us for this very special event, not just for your own CPD but also to support the service.

NEW! LOCALLY PRODUCED RESOURCES



We have developed another pack linking literacy to PSHE, by compiling books that can be utilised to discuss themes explored within the PSHE curriculum.

Reading books can help children and young people to explore complex emotions and situations, helping to develop empathy. They can also expose children and young people to diverse cultures and perspectives. If you would like to share your settings reading list please [email Ellie](#).



We've continued to add to our new resource to help PSHE Leads with their notice board displays.

Please [let us know](#) if there is anything specific you would like to see in this resource pack.

REMINDER: FACEBOOK GROUP FOR LOCAL PSHE LEADS

Thank you to those who have already joined our new Facebook Group created to support you in your role of PSHE Lead. For the group to work it requires you to come together, and share:

- Best Practice - Let's learn from each other, and share successful strategies, session plans and innovative approaches that have made a difference in our own settings.
- Resources - If you have a resource or tool that has worked wonders with your children and young people please share it in the group. It could be a worksheet, a video, an interactive activity or an external provider. This helps us to continue to build our library of resources that everyone can benefit from.
- Challenges - We recognise that PSHE can be a challenging subject to teach. This is a safe space to discuss any difficulties you are facing, seek advice and offer support to fellow PSHE Leads.

Feel free to [join the group](#) and introduce yourself.

HOW TO: USING THE PSHE WEBSITE AND RESOURCE LIBRARY

We have had several requests for a short tutorial on making the most of the PSHE website which includes a Resource Library.

You can view this [7 minute video](#) which talks you through; who the website is for, registering and signing up to access the Resource Library, the Awareness Calendar, as well as where to find further support, advice and guidance.



UPDATE FROM NATIONAL PARTNERS

PREVENTING RACIST BULLYING

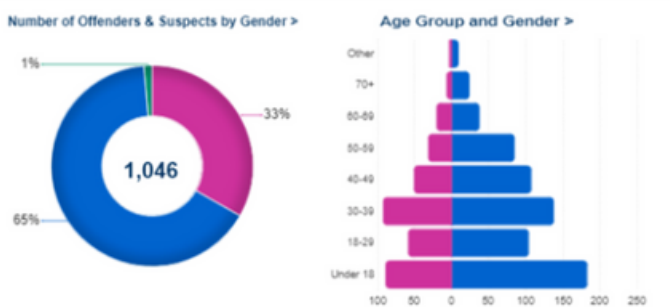
We've had several schools contact us directly asking for support following the impact of the racists, xenophobic and Islamophobic violent disorder seen over the summer.

Schools play a crucial role in, and are legally bound to, foster safe and inclusive environments, where children and young people feel respected and valued regardless of their race, religion, or ethnicity.

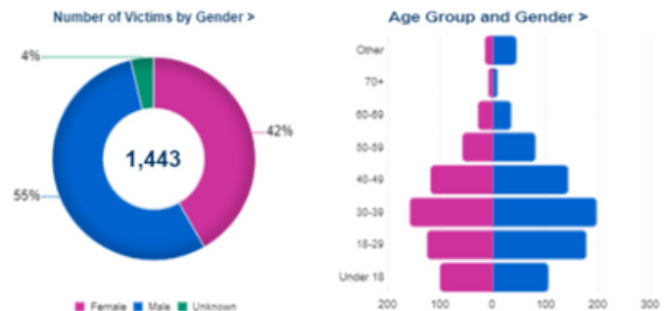
As part of our partnership working, the Pan-Staffordshire PSHE Education Service attends the Hate Crime Partnership Meeting, chaired by Staffordshire Police, with representatives from the districts and boroughs of the county, Stoke-on-Trent Local Authority, USAH and more. At last month's meeting it was highlighted that under 18's are the highest represented age range of people who are offenders or suspects in Hate Crimes and non-crime incidents over the past 12 months.

This is compared with the 30-39 years old being the highest reported age-range for victims.

Offenders and Suspects:



Victims:



The Anti-Bullying Alliance has written a [blog for schools](#) to help handle conversations and prevent racist bullying in schools. One of the key pieces of advice is that handling conversations about racism and preventing racist bullying is an ongoing process that requires commitment from all staff through a whole-school approach. By creating a supportive environment, educating pupils, and taking decisive action against racism, schools can play a pivotal role in shaping a more inclusive society.

Our [Resource Library](#) - Similarities and Differences contains resources for use in the classroom including from Educate Against Hate, Show Racism the Red Card and our own locally created resources with USAH.

For settings that would like further training on Hate Crime you can either attend one of USAH virtual sessions, details are available on their [Eventbrite page](#) - please note for education settings they recommend attending the 3.5 hours session. Alternatively you can contact the team to deliver bespoke training within your setting.

MENTAL HEALTH

NSPCC Learning has published a [briefing on suicide](#) based on a sample of case reviews published between 2021 and 2023, where suicide was a key factor. The briefing highlights: the importance of understanding how suicide in young people often follows the accumulation of different vulnerabilities and adversities; the need to hear children's voices and understand their experiences of the world; and the importance of promoting positive, trusting relationships in young people's lives.

NSPCC Learning has also published a [Why Language Matters blog](#) exploring how the language people use to talk about suicide can make it easier, or harder, for children and young people to share how they are feeling and access support.

Staffordshire County Council and Stoke-on-Trent City Council are working with subject experts to create postvention support guidance for schools and colleges. They are looking for education settings to review this document and provide feedback before it goes live later this year.

If your setting is interested in supporting with this please email [Helen Dunn](#) to express your interest.



TRANSITIONS

The Children's Society has published a [report](#) that examines the well-being of children and important educational transitions in England and Wales, during schools years associated with educational transitions (comparing years 6 and 7, 9 and 10, and 11 and 12).

Analysing data, collected from their annual household surveys in 2022 and 2023, the report reveals connections between pivotal educational changes and the subjective well-being of children and young individuals.

The report recommends:

- Enhancing support during the transition from primary to secondary school.
- Improving the experiences of year 10 students.
- Addressing the growing gap in well-being between girls and boys within educational settings.

Anna Freud has an [animation and accompanying toolkit](#) to support young people who have recently started Year 7, or will be preparing to transition to secondary school later in the year. They have been developed in collaboration with young people, teachers and mental health experts.



HOMELESSNESS

Article 39 has created a [new resource for young people](#) aged 16 and 17 who are homeless or at risk of homelessness. The resource provides guidance on the rights of young people have and information around:

- help from the local authority's children's services
- being looked after by a local authority
- getting help from an advocate

We have resources that explore myths about homelessness and the lived realities available within the Homelessness section of our [Resource Library](#).

INTERNET SAFETY

The Internet Watch Foundation (IWF) has published a news story about an increase in the number of younger children exposed to sextortion in the UK. New data shows that in the first six months of 2024, child sexual abuse reports related to sexual extortion were up 19% compared to the same period in 2023. There was an increase in reports involving 14- 15 year olds (25%) and involving girls (2,600% increase).

The IWF has called for the government to bring forward legislation to ensure AI "nudifying" technology is not available to UK-based users.

NSPCC Learning has published a briefing on young people's experiences of online sexual extortion. Drawing from contacts to Childline and the NSPCC's helpline in 2023/2024, the briefing explores: how sextortion occurs and how it can escalate; the impact on young people's mental wellbeing; how to spot the signs; and how to talk to young people who may be at risk. It also provides guidance for reporting and preventing incidents of sextortion.

As a reminder, sexual extortion or "sextortion" is where a criminal will coerce or trick a child or young person into sharing nude or sexual imagery, often whilst pretending to be someone else, then threaten to share the image(s) with the child/young person's friends and family, or the open web, if money is not sent.

Children and young people, during relevant PSHE sessions, should be reminded about Report Remove, a service which helps young people under the age of 18 years to confidentially report sexual images of themselves and remove them from the internet.

Child of the North and Centre for Young Lives have published a report of children's access to digital technology in the UK, digital literacy and how to close the digital divide. The report finds that 42% of young people do not have access to home broadband or a laptop/desktop computer yet 88% of young people think that digital skills will be essential to their careers. The report calls for evidence-based approaches to help children navigate digital content critically and responsibly. Recommendations to government include: a 'Minimum Digital Living Standards' framework; enhancing digital inclusivity in schools through continuing professional development (CPD) for educators; and creating a national Digital Creativity Skills Commons.

The Lucy Faithfull Foundation has published a new paper on the use of warning messages and chatbots to help prevent online child sexual abuse. The paper evaluates the chatbot tool designed to confront and redirect people searching for child sexual abuse images online. Findings from the experiment carried out through an online adult pornography website show: the warning message and chatbot did have a deterrent effect and when the chatbot was turned off for a month, searches for child sexual abuse images increased. The Foundation is calling for technology companies to focus on earlier prevention, such as warning messages, wider education, and clear expectations of user behaviour.

DRIVING THEORY E-LEARNING

The pricing has been lowered and a the Official DVSA Guide to Better Driving e-learning course has been added to the government's guidance to provide official DVSA driving e-learning for learners or drivers.

UPDATED PANTS RESOURCES

The NSPCC and PSHE Association have updated its Talk PANTS resource for nurseries and primary schools to help keep children safe from sexual abuse. The updates include a presentation of the Underwear Rule to use with 3-5 years olds.



We have updated the link in the resource library.

TERMINATION SERVICES

From 31st October, the Home Office has announced safe access buffer zones will be in force around abortion clinics to bring in stronger safeguards for women accessing services.

Safe access buffer zones will make it illegal for anyone to do anything that intentionally or recklessly influences someone's decision to use abortion services, obstructs them, or causes harassment or distress to someone using or working at these premises. The law will apply within a 150 metre radius of the abortion service provider.

Anyone found guilty of breaking the law will face an unlimited fine. The College of Policing and Crown Prosecution Service will publish guidance for police and prosecutors ahead of 31 October, to ensure there is clarity and consistency with the enforcement of the new offence.

The relevant zones also need to be on or next to a public highway or road, in an open space to which the public has access, or within the area of land attached to an abortion clinic, or in a location that is visible from any of those areas.

The measure applies to any clinics and private hospitals that are approved under the Abortion Act 1967, and for any NHS hospital that has given notification in the current or previous calendar year that it has carried out abortions.

SEXUAL HEALTH

The Faculty of Sexual and Reproductive Healthcare (FSRH) announced the re-launch of the Contraception Choices website. Developed by a team of doctors, nurses and researchers from University College London, in collaboration with young women, Contraception Choices aims to help people decide which method of contraception might suit them best. This is through information based on research evidence and theory, professional guidelines and user views and experiences of contraception.

The website also has a resources for teachers including a 1 hour evidence-based session on contraception for secondary school Relationships and Sex Education teaching. The lesson plan highlights how sections of the Contraception Choices website can be used to support interactive discussions. This has been added to our Resource Library under "Contraception".

Brook also has a web resource called Best contraception for me which is an interactive tool to help young people find their method of choice and is endorsed by the FSRH.

Brook has also created a lesson aimed at Year 8 (12-13 years) that explores different methods and considerations when choosing contraction and where to get help with making decisions. (resources and answer sheet). These have been added to the Resource Library in our Contraception section.

These resources should be included in your signposting information when delivering sessions around sexual health and contraception.

KNIFE CRIME

From 24th September it became illegal to possess, sell, hire, manufacture, import, or supply zombie-style knives and machetes across the UK. This expansion of the Criminal Justice Act 1988 (Offensive Weapons) adds these dangerous items to the list of prohibited offensive weapons.

The national amnesty we shared details of in last month's Digest saw over 100 knives handed in locally.



Research, both nationally and locally reveals that many children carry knives out of fear for their safety, and the widespread sharing of zombie knife images and videos on social media only fuels this dangerous cycle. Enforcing this ban can help cut off the supply and, hopefully, reduce demand.

In view of this change to the legislation, we have taken the opportunity to review and update our Knife Crime and PSHE Professional's Pack designed to give education professionals the information they require to feel more confident in their own knowledge.

HEALTHY EATING



REGISTER NOW

Bite Back is a youth activist movement challenging food systems.

Bite Back in Schools supports students to uncover the injustices within the food system, gather evidence from their school and community, and devise a social action project that will transform your school canteen to put child health first!

If your school makes the cut, we'll kick things off with an inspiring assembly, led by one of our incredible young activists. That leads into a series of engaging sessions for a whole year-group in Key Stage 3 – around five hours in total during curriculum time in the Autumn term.

Bite Back in Schools is fully-funded – if your school is accepted, Bite Back provides £1100 as remuneration for the teacher/s involved, and to cover the costs of your activities and campaigns.

Benefits for Young People

1. Transform the school from the inside.
2. Join a fun and rewarding programme that goes beyond class-as-usual.
3. Make new friends in the fast-growing Bite Back movement.
4. Build valuable campaigning, leadership, and public speaking skills.

Benefits for Teachers and Schools

1. Put healthy food in the spotlight within your school.
2. Drive social action through pupil voice on issues that matter to young people.
3. Make a tangible difference to your whole school community.
4. Join a movement of 200 schools sharing best practice on school food issues.

We anticipate to have a limited number of funded places for 2025/26. If we receive more applications than we can fund, to ensure we're providing opportunities for change in the communities most impacted by health inequalities, we will prioritise applications from schools which meet the following demographic criteria:

- Above national average % of pupils receiving free school meals,
- Areas with high obesity rates,
- LAs with the highest proportion of neighbourhoods in the most deprived 10% of neighbourhoods on the IMD 2019,
- Rural and coastal areas.

Register your interest now to be one of the first to know when applications for 2025-2026 are open.

LEADERSHIP FOR CHANGE COMPETITION

The Economist Education Foundation has shared a new six-lesson curriculum and competition, created in partnership with Rolex to educate and empower the next generation of leaders.

Leadership for Change equips 10- to 16-year-olds with key critical-thinking, creative problem-solving and communication skills. Students will learn from a diverse group of inspiring leaders and apply the leadership skills they develop to challenges in their own communities.

The final lessons support students to pitch their own "Project for Change", with three winning pitches receiving funding and mentorship to make their projects a reality.

On Wednesday 13th November, there will be 2 opportunities to join an online live lesson. Students will take part in engaging activities on leadership, hear from leaders affecting change and enter polls and discussions alongside peers from around the world. Register your class to take part in the live lessons here.

CHILDREN'S COMMISSIONER

MUST DO!

The Children's Commissioner has a statutory duty to represent the views and interest of children in England to the government. The Commissioner is requesting information from all schools and colleges across the country, under Section 2F of the Children Act 2004. This means that all public sector organisations are legally obliged to submit this data. Independent schools are welcome to submit responses, but the survey is primarily targeted at state schools.

The survey is exploring:

- Staff roles and responsibilities across the school and/or MAT
- Resources available to the school and how they are funded
- Barriers to providing support to pupils in the school
- Support for children with Special Educational Needs or Disabilities (SEND)
- Policing in schools
- School mobile phone policies
- The number of pupils in the school with various characteristics
- Key issues of concern in your school and local area
- The staff roles who contributed

The deadline for completing the survey is 20th December 2024.

Any school member of staff can contribute but we believe that a member of the Senior Leadership Team (SLT) or the Designated Safeguarding Lead (DSL) will be best equipped to answer.

Multiple members of staff can contribute however each school should only respond once. If a school completes more than one survey, the Children's Commissioner's office will only include the last response in their analysis. You can start, save your progress and return to complete the survey later by clicking 'Save and Continue Later' at the bottom of each survey page. This will send you a link via email to share with colleagues to help assemble the answers later.

PSHE ASSOCIATION UPDATES

The PSHE Association has published a blog: [Essentials for the new academic year](#) to help professionals reflect on and start refining your school's current PSHE provision so you can lead with confidence. In it, they clarify the status of the draft RSHE guidance and spotlight a range of practical CPD courses, guidance and resources.

New resources for members: The PSHE Association has been working with experts at Evelina Children's Hospital sleep medicine service to create a brand new sleep factor lesson pack for KS5/post 16 young people and updated existing primary and secondary lesson packs with the latest research, best practice and a fresh design.

KS1: [Ready for Sleep](#)

KS3: [Healthier Sleep Habits](#)

KS5: [Managing Sleep Independently](#)

KS2: [Getting a Good Night's Sleep](#)

KS4: [The Importance of Sleep](#)

DEPARTMENT FOR EDUCATION UPDATES

The Department for Education (DfE) has published research exploring how schools have implemented the statutory guidance for relationships, sex and health education.

The survey was conducted with 2,510 teachers, RSHE co-ordinators, and leaders in primary and secondary schools followed. Qualitative case studies were conducted in 14 schools including interviews with 14 co-ordinators, 37 teachers, and 39 pupils.

We will be looking at the findings as part of our future planning for the PSHE Education service.

The DfE has also published a research report "Teaching relationships education to prevent sexual abuse" which highlights the need to have a comprehensive curriculum, an effective training plan in place to support teachers to handle sensitive topics and create a safe learning environment, the importance of engaging parents/carers in the education process to reinforce learning at home and establish support systems for children and young people who may be affected by the topics discussed.

The DfE's statutory guidance highlights that Relationships Education, RSE and Health Education must be accessible for all pupils. This is particularly important when planning teaching for pupils with special educational needs and disabilities who represent a large minority of pupils. High quality teaching that is differentiated and personalised will be the starting point to ensure accessibility. Schools should also be mindful of the preparing for adulthood outcomes, as set out in the SEND code of practice, when teaching these subjects to those with SEND.

The Universal SEND Services programme brings together support for SEND in schools with support for SEND in schools, with support for SEND across further education, with the ambition of improving preparation for adulthood from the earliest years in a seamless, joined up way.

The programme is funded by the Department for Education so that we can deliver free-to-access SEND CPD for the entire education workforce.

What is available?

- Teacher Handbook: SEND - key reference resource for any professional who wants to embed inclusive practice.
- Online SEND CPD units - 19 one-hour units that explore some of the most commonly observed barriers to learning.
- Mental Wellbeing Hub - relevant for children, young people and professionals
- Specialist Spotlight Sessions - live online discussions often feature the specialists involved in the development of the units and are a great space in which to build on learning, share experiences and seek advice.

UPDATE FROM LOCAL PARTNERS

VIRTUAL REALITY EDUCATION OPPORTUNITY

The Violence Reduction Alliance has funded SCVYS to explore how virtual reality can be utilised within education settings to help educate children and young people on the risks of carrying a knife, gang culture and criminal exploitation. Last academic year, settings were selected based on their geographical location, as they were located in areas where there were a higher proportion of knife crime and/or possession of weapon crimes, based on data provided by Staffordshire Police.

This project has now been extended to be available to all education settings on a first-come-first-served basis until March 31st 2025.

The VR experience workshops are delivered by trained facilitators to groups of no more than 12 students at a time, ideally Years 6-9 (the school is free to choose which year group they feel would benefit most from this resource, if they have more than one year group in this target age range).

Wearing VR headsets, participants face several scenarios, allowing them to make their own decisions and explore potential consequences. The VR experience will take approximately 10 minutes followed by a group discussion of around 45 minutes. The school can select if they choose the knife or the gang package, based upon where they think the need is within their local context and any gaps in their current curriculum provision. The team can do multiple sessions in one day e.g. a drop-down day.

Following the VR experience, there are a selection of session resources available for your staff to deliver themselves that further explores the issues and topics raised that can be utilised within your PSHE curriculum. There is a requirement for staff members (maximum 3, minimum 1), who will be delivering the follow-up sessions (no more than 3), to attend a training session and take part in the VR experience, this will provide them with the background knowledge of the characters and prepare them to deliver the follow-on sessions. A member of staff must be in the session delivered by SCVYS, to help with behaviour management and ensure consistency with the messaging.

You can find taster videos on the Virtual Decisions package [here](#) or on the specific Virtual Decisions: Knives package [here](#).

For more information or to request sessions to be delivered at your setting please email claire@staffscvys.org.uk with your preferred year group (if applicable), preferred package (i.e. Gangs or Knives) and preferred date(s) for delivery.

Sessions must be delivered by 31st March 2025 and are available on a first-come basis.



0-19 HEALTH VISITING/SCHOOL NURSING SERVICE

We have been asked to circulate information about the Stoke on Trent Integrated 0-19 Health Visiting and School Nursing service, a team of Health Visitors, School Nurses and 0-19 Children, young people and Families Practitioners working together to support Families and Young people living in Stoke-on-Trent.

The team can offer support and advice throughout parenthood, from 0-19 years, both for children and young people and their families through routine contacts and [drop in clinics](#) to support child development.

The [website](#) offers lots of advice, support and information about the service and includes the times and venues for clinics and drop in sessions both in the community and within schools.

Their local hub is staffed by qualified Health Visitors and Schools Nurses and you can contact them on 0808 178 3374 9am-5pm Monday to Friday.

There is also [Chat Health](#), a free text messaging service for Young people aged 11-19 years. Telephone/text on 07520 615723 and Parentline is for Parents/carers of 0-19 year olds Telephone/ text 07312 277161

STAFFORDSHIRE COMMISSIONER'S CONSULTATION



STAFFORDSHIRE COMMISSIONER

Police | Fire and Rescue | Crime

The Staffordshire Police, Fire and Crime Commissioner's Office have launched a new consultation giving people in Staffordshire and Stoke-on-Trent the chance to have their say on their local policing and fire priorities.

The consultation is an opportunity for people to give their feedback on the Commissioner's proposed Local Police & Crime Plan and Fire & Rescue Plan for 2024-2028.

Alongside taking part in the consultation; we would also encourage education settings to share the consultation with their parents/carers and local communities. The deadline for the consultation is 21st October 2024.

As the Pan-Staffordshire PSHE Education Service is funded by the Commissioner's Office, these plans will also influence the direction and priorities for our next 4 years of funding.

SPORT ENGLAND ACTIVE LIVES SURVEY

Together Active are working on behalf of Sport England, together with Ipsos MORI on the Active Lives Children and Young People Survey which provides a world-leading approach to gathering data on how children engage with sport and physical activity.

Completion of the survey means your school has the opportunity, amongst other incentives, to obtain a healthy schools rating from the DfE. Sampled schools will have received an email asking them to take part in the survey this term, so please look out for this.

If you have not been sampled this term and would like to opt in, please email hello@togetheractive.org for further information.

LOCAL NEWSLETTERS/UPDATES

Catch22, gathers the latest research, information and resources for professionals in protecting children and young people from harm outside the home. Here is September's edition.

The Kind Minds Newsletter for the Autumn Term has been published, pulling together useful information about children and young people's mental health and emotional wellbeing.

New Era Domestic Abuse service have shared their latest bulletin which highlights the Neutral Front Door Service for children and young people received 376 referrals (230 for Staffordshire) between April-June 2024. From these referrals 253 were supported via the Victim Service (146 in Staffordshire) and 29 via the Behaviour Change Service (19 from the county).

New Era is asking for support from partners in securing timely access to be able to work on a one-to-one basis with the child/young person. Appropriate facilities in school are welcomed, noting challenges to maintain engagement during a school holiday period.

RESOURCES

[illegible]

We have updated the Awareness Calendar for 2024-2025 which highlights key dates that link to PSHE.

We use this calendar for our resources section and will send you resources linked to these dates a month in advance.

THEME ANNOUNCED

Tuesday 11th February is next year's Safer Internet Day, and we know many educational settings across the area get involved.

The theme is:

Too good to be true? Keeping yourself and others safe from scams online.

Scams can come in various forms and target anyone, including young people. This Safer Internet Day, the UK Safer Internet Centre is starting a dialogue on how to identify, respond to, and report online scams of all types.

Last year was the largest event so far reaching over 52% of young people in the UK. You can [register your support](#) and share your plans for the day with the UK Safer Internet Centre.

Resources are being created that support discussions about online scams, helping young people to understand the risks and how to stay safe online and also information for parents/carers on how to protect their loved ones from online criminals.



Safer
Internet
Day 2025

The theme is:



**NEW
RESOURCES
ADDED!!**

WITH OVER 700 COLLEAGUES SIGNED UP TO THE RESOURCE LIBRARY ON OUR [WEBSITE](#) MAKE SURE YOU ARE NOT MISSING OUT ON QUALITY-ASSURED SOURCED AND LOCALLY PRODUCED PSHE RESOURCES LISTED BY TOPIC. MAKE SURE YOUR SETTING IS NOT MISSING OUT REGISTER HERE.

ISLAMOPHOBIA MONTH - 1-30 NOV



The Equality Act places a duty on schools to prevent direct and indirect discrimination, harassment and victimisation because of race and ethnicity, religion or belief and other protected characteristics.

The theme for 2024 is "Seeds of Change" which aims to show how small actions can contribute to big change.

Secondary Schools can download resources from the [Islamaphobia Awareness website](#).

[Faith in Us](#) is a resource for both primary and secondary teachers for use in the classroom to work with young people and educate about Islamophobia.

These specific resources can be utilised alongside our locally created resources that help children and young people to celebrate our similarities and differences and to recognise what a Hate Crime is please see our [Resource Library](#) - Similarities and Differences.

MOVEMBER - 1-30 NOV

Movember is a movement for men's health - mental health and suicide prevention, testicular and prostate cancer.

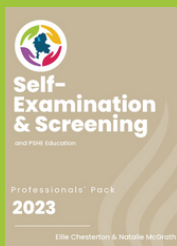
Globally, on average 1 man dies by suicide every minute of the day. Papyrus has developed a [guide to suicide prevention, intervention and postvention](#) in schools and colleges (registration required).

The [National Oak College](#) has a lesson for Year 11 on the causes and symptoms of suicidal thought and examines the support available for those experiencing or likely to experience suicidal thoughts.

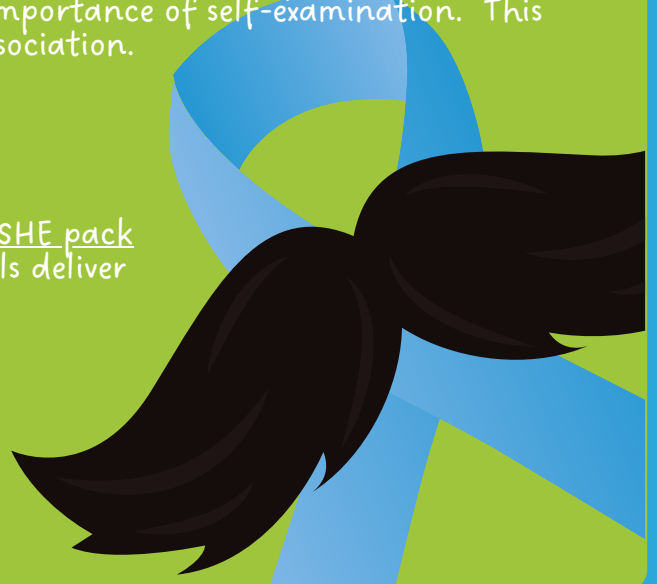
The Samaritans have developed [DEAL \(Developing Emotional Awareness and Listening\)](#) a set of free online teaching resources for 14 years and over that have been quality assured by the PSHE Association.

Orchid has created a [package for PSHE sessions](#) for 14-18 years old that increases young people's understanding of testicular cancer and gives confidence to seek help. The lesson covers risk factors, signs and symptoms and highlights the importance of self-examination. This resource also has been quality assured by the PSHE Association.

Orchid has other resources around testicular cancer that can be [downloaded here](#).



Our [Self-Examination and Screening & PSHE pack](#) provides information to help professionals deliver sessions around this topic.

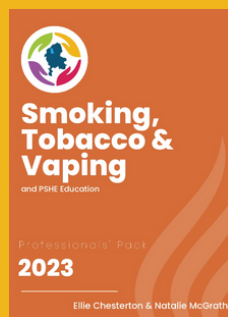


LUNG CANCER AWARENESS MONTH 1-30 NOV

Macmillan Cancer Support provides lots of information about Lung Cancer Awareness Month.

Smoking is a major risk factor for lung cancer. Smokers are 15 to 30 times more likely to get lung cancer than non-smokers.

Our webinar from Everyone Health last year provided information about smoking and vaping that can be shared with staff.



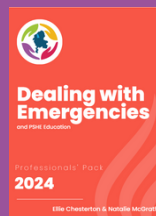
Our Smoking, Tobacco and Vaping & PSHE pack also contains useful information for professionals delivering sessions on this topic.

BONFIRE NIGHT - 5 NOV

Halloween and Bonfire Night traditionally an extremely busy for the emergency services as the demand for services rises significantly.

We want to ensure that children and young people know how to deal with emergencies and so have developed our 35th & PSHE pack "Dealing with Emergencies" to provide knowledge to help professionals feel more confident in their own knowledge on this topic.

This pack can be used in conjunction with our Fire Safety, First Aid and ASB packs when delivering sessions around bonfire and firework safety to ensure staff feel confident before delivering.



INTERNATIONAL DAY AGAINST VIOLENCE AND BULLYING AT SCHOOL - 7 NOV

A significant number of children and adolescents around the world face school violence and bullying including cyberbullying, affecting their health, well-being and education as a result.

The Youth Endowment Fund's Education, Children and Violence guidance provides school, college and alternative provision (AP) leaders across England and Wales with five evidence-based recommendations on how to help prevent children's involvement in violence.



The Violence Reduction Alliance's Safer Streets funding enable the Pan-Staffordshire PSHE Education Service and NSPCC's Together4Childhood to create a series of 4 comic books that explored different strands of violence against women and girls. The first in the series "Matilda's Story" explores gender-based bullying and has been designed for 9-11 years old.

We have a number of printed versions available to order on a first-come-first served basis to order your copies please complete this short form or contact your local PSHE Coordinator.

All comic books come complete with a resource pack and some also have an accompanying animation.

ANTI-BULLYING WEEK - 11-15 NOV

This year's theme is "Choose Respect".

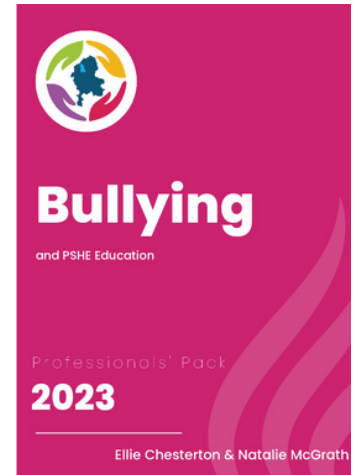
The Anti-Bullying Alliance has created everything needed to help you get ready to choose respect in your setting.

- [Primary School Pack](#)
- [Secondary School Pack](#)
- [Parents and Carers Pack](#)

Professionals from all sectors can pledge to choose respect to help stop bullying, and receive a certificate.

As Bullying was given as one of the top reasons that young people in Staffordshire and Stoke-on-Trent highlighted they felt that their peers got involved in youth violence, we're encouraging all settings to get involved with this key week.

To ensure that professionals delivering PSHE education feel confident to deliver sessions on this topic we have developed our Bullying & PSHE professionals pack.



WORLD KINDNESS DAY - 13 NOV

BBC Bitesize has written information about the importance of kindness based on findings from the Kindness Test, and other scientific research.

The British Red Cross has a Kindness Activity Pack for children and young people aged 5-14 years, which helps them to learn about the power of kindness and encourage them to do small acts of kindness each day to help their community, family and themselves, .

The School of Kindness has lesson plans and activities to teach primary-aged children about the importance of kindness and the impact it can have on people's physical and mental health.

WORLD DIABETES DAY - 14 NOV

Millions of people with diabetes face daily challenges managing their condition at home, work and school. Diabetes and well-being is the theme for World Diabetes Day 2024-2026.

St John's Ambulance has a lesson plan designed for secondary schools that help young people to recognise and respond to someone with low blood sugar and to understand the terms hypoglycaemia, hyperglycaemia and diabetes. The lesson plans can be delivered by teachers, higher-level teaching assistants, school nurses and youth leaders who have a current first aid qualification. The first aid qualification must cover the topic you are teaching.

Type 2 Diabetes is a preventable condition so this day can also be linked into healthy eating, physical activity and smoking sessions.

Resources on these topics can be found in our Resource Library.

ROAD SAFETY WEEK - 17-23 NOV

Road Safety Week is Brake's biggest annual road safety campaign. This year's theme is After the Crash. Sign-up to receive free tools and resources to help children and young people to learn about the people who help us after the crash and celebrate road safety heroes.

The Staffordshire Safer Road's Partnership (which also covers Stoke-on-Trent) support school's PSHE curriculum. Please find their latest catalogues for 24-25 academic year - EYFS - KS2 & for priority schools KS3+

To support staff to be confident about delivering sessions on Road Safety we created, in conjunction with Staffordshire Safer Roads Partnership our Road Safety & PSHE pack you'll also find resources to support your Road Safety sessions in our Central Resource Library. Remember you'll need to be signed up and logged in to access these resources

UK PARLIAMENT DAY - 18-24 NOV

The UK Youth Parliament, established 25 years ago, is made up of more than 300 young people aged between 11 and 18 years, elected as Members of Youth Parliament (MYPs) to represent the views of their peers. It provides opportunities for young people to bring about social change through meaningful representation and campaigning. Young people vote for their MYPs in elections every two years, which are held in over 70% of constituencies, and often in schools.

You can sign up for UK Parliament Week, you'll get a free digital kit packed with goodies for your UKPW activity including an activity booklet, a ballot box and more!

INTERNATIONAL MEN'S DAY - 19 NOV

International Men's Day 2024 is a global observance that celebrates the positive contributions and achievements of men while addressing important issues affecting men's health, well-being, and gender equality.

Last academic year, we were pleased to have Michael Conroy, Founder of Men at Work CIC join us to lead a Bitesize Practice Development session on Supporting Boys & Young Men. The session explored the ways in which we can get alongside boys and young men who we engage with, to help them find ways in which they can be safe for themselves and others - you can watch the recording of the session here.

INTERNATIONAL DAY FOR ELIMINATION OF VAWG - 25 NOV

Violence against women and girls (VAWG) is defined by the Home Office as acts of violence or abuse that we know disproportionately affect women and girls. This can be any form of behaviour or violence women and girls are subjected to by men that physically, mentally or emotionally affects them. This can include:

- Domestic violence and abuse
- Coercive and controlling behaviour
- Modern slavery
- Sexual violence, abuse and exploitation
- Sexual harassment
- Stalking
- Honour based violence and abuse (including FGM and forced marriage)
- Misogyny
- Street harassment

We have resources to support teaching these subjects, including our VAWG Primary Comic Books which are available in the Resource Library on our website.

TRAINING OPPORTUNITIES

Whilst we always try and source resources and training at no cost, we recognise that some organisations do have a small budget to support their PSHE delivery. Here are some upcoming training opportunities available both for free and a cost, both locally and nationally. Click on links for bookings and further information.

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
GAMBLING	VARIOUS	YGAM	FREE	THIS 90 MINUTE INTRODUCTORY WORKSHOP IS PART 1 OF 2 OF OUR FULLY FUNDED CITY & GUILDS ASSURED TRAINING AND IS OPEN TO TEACHERS, YOUTH WORKERS AND FORWARD FACING PROFESSIONALS WHO WORK DIRECTLY WITH CHILDREN AND YOUNG PEOPLE AND ARE ABLE TO DELIVER SESSIONS TO THEM ABOUT GAMING AND GAMBLING HARM.
SEXUAL ABUSE	VARIOUS	CEOP	£150	A ONE DAY ONLINE COURSE FOR PROFESSIONALS TO GAIN AN UNDERSTANDING OF ONLINE SEXUAL ABUSE. ENABLES PARTICIPANTS TO IDENTIFY KEY STRATEGIES TO ENSURE ONLINE CHILD SEXUAL ABUSE IS INCLUDED AS PART OF A WHOLE-ORGANISATION APPROACH TO SAFEGUARDING AND PROTECTING CHILDREN AND YOUNG PEOPLE
ONLINE SAFETY	VARIOUS	CEOP	£150	PROFESSIONALS MUST ATTEND UNDERSTANDING ONLINE CHILD SEXUAL ABUSE TRAINING (ABOVE) FIRST. THIS TRAINING ENABLES PARTICIPANTS TO BECOME LEADS FOR TRAINING AND INFORMATION RELATING TO ONLINE CHILD SEXUAL ABUSE
BULLYING	10TH OCTOBER 4.00-5.00PM	ANTI-BULLYING ALLIANCE	FREE	THIS EVENT IS FOR ANYONE THAT IS INTERESTED IN GETTING THEIR EDUCATIONAL SETTING INVOLVED IN ANTI-BULLYING WEEK 2024: CHOOSE RESPECT (TAKING PLACE FROM MONDAY 11TH - FRIDAY 15TH NOVEMBER). THEY’LL BE SHARING WITH PLANS FOR ANTI-BULLYING WEEK THIS YEAR AND TIPS ABOUT HOW TO USE THE FREE SCHOOL PACKS THIS ANTI-BULLYING WEEK AND HELP US TO ENCOURAGE PUPILS TO CHOOSE RESPECT.
COMMUNITIES	16TH OCTOBER 1.00-4.30PM	UNITING STAFFORDSHIRE AGAINST HATE	FREE	WELCOME TO OUR HATE CRIME PROFESSIONALS SESSION WHERE WE WILL EXPLORE THE DEFINITION OF HATE CRIME & HOW TO GET SUPPORT FOR VICTIMS IN DEPTH
EFFECTIVE PSHE	13TH NOVEMBER	PSHE EDUCATION SERVICE	£35	THE FIRST PAN-STAFFORDSHIRE CONFERENCE THAT PROVIDES AN OPPORTUNITY TO HEAR FROM SUBJECT EXPERTS AND NETWORK WITH OTHER PSHE LEADS, PLUS SEE WHAT IS AVAILABLE LOCALLY.

E-LEARNING COURSES

TOPIC	PROVIDER	COST	OVERVIEW
BODY IMAGE	DOVE/NIKE	FREE	EQUIPS EDUCATORS WITH THE KNOWLEDGE, TOOLS AND INSPIRATION TO IMPROVE BODY CONFIDENCE IN THE YOUNG PEOPLE THEY WORK WITH
BULLYING	EQUALITEACH	FREE	SUPPORTS STAFF TO BE ABLE TO RECOGNISE AND RESPOND EFFECTIVELY TO INCIDENTS OF PREJUDICE AND BULLYING.
BULLYING	ANTI-BULLYING ALLIANCE	FREE	PROVIDES PROFESSIONALS WITH A GOOD UNDERSTANDING OF THE DIFFERENCE BETWEEN BULLYING AND BANTER. HELPS TO PREPARE THE USER TO TAKE A WHOLE-ORGANISATIONAL ANYI-BULLYING APPROACH TO PREVENT THE MISUSE OF BANTER.
CHANGE AND LOSS	WINSTON'S WISH	FREE	FREE BEREAVEMENT TRAINING TO HELP THEM TO UNDERSTAND HOW TO SUPPORT GRIEVING CHILDREN AND YOUNG PEOPLE IN THEIR SCHOOL
GAMBLING	ENGLISH GAMBLING EDUCATION HUB	FREE	PREVENTING GAMBLING HARMS IN 18-25 YEAR OLDS – NOT IN EDUCATION, EMPLOYMENT OR TRAINING (NEET) AND EMPLOYED
LEADING PSHE	NATIONAL COLLEGE	£300 + VAT	THIS RSHE/PSHE LEAD TRAINING COURSE PROVIDES THE KNOWLEDGE AND SKILLS NEEDED TO UNDERSTAND THE STATUTORY RSHE REQUIREMENTS, RECOMMENDED PSHE EXPECTATIONS AND DRIVE LOCAL ADAPTATION IN YOUR SCHOOL OR COLLEGE
MEDIA LITERACY	THE ECONOMIST EDUCATION FOUNDATION	FREE	DESIGNED TO SUPPORT TEACHERS TO BRING DISCUSSIONS ABOUT THE NEWS INTO THEIR CLASSROOMS.
MENTAL HEALTH SIMILARITIES & DIFFERENCES	ANNA FREUD	FREE	DESIGNED TO IMPROVE EDUCATION STAFF'S UNDERSTANDING OF THE IMPACT OF RACISM AND MENTAL HELALTH
RSE	BROOK LEARN	FREE - £40	A VARIETY OF E-LEARNING COURSES FROM HOW TO DELIVER RSE TO TOPIC SPECIFIC COURSES (ABORTION, CONSENT, CONTRACEPTION AND MORE)
RSE	NSPCC	£9.50	ONLINE TRAINING TO SUPPORT SECONDARY SCHOOL TEACHERS AND LEADERS TO DELIVER INCLUSIVE SEX AND RELATIONSHIPS EDUCATION. INCLUDES ACCESS TO LESSON PLANS AND A DEDICATED SUPPORT HELPLINE.
RSE IN CATHOLIC SCHOOLS	CATHOLIC EDUCATION SERVICE (TEN TEN)	FREE	ONLINE TRAINING TO SUPPORT CATHOLIC EDUCATION SETTINGS TO DELIVER RSHE IN A WAY THAT IS ALIGNED TO THEIR RELIGIOUS VALUES
SEXUALISED BEHAVIOUR	NSPCC	£35	TWO HOUR ONLINE COURSE TO HELP MANAGE HARMFUL SEXUALISED BEHAVIOURS IN PRIMARY OR SECONDARY SCHOOLS IN THE UK

SEXUALISED HARASSMENT	UK FEMINISTA	FREE	A 90 MINUTES COURSE THAT EQUIPS TEACHERS AND TRAINEE TEACHERS WITH THE KNOWLEDGE, TOOLS AND CONFIDENCE TO CHALLENGE SEXISM AND SEXUAL HARASSMENT IN THE CLASSROOM.
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PODCASTS

SUBSTANCES INC VAPING	TEACHERS TALK RADIO	TOPICAL DISCUSSION ABOUT SOME OF THE CURRENT CHALLENGES FACING SCHOOLS AROUND DRUG TAKING AND VAPING. GUESTS INCLUDE JOHN REES.
COMMUNITIES	TEACHERS TAK RADIO	DISCUSSES THE RECENT PROTESTS AND RIOTS THAT HAVE TAKEN PLACE ACROSS THE UK. WHAT SHOULD SCHOOLS DO? HOW SHOULD SCHOOLS REACT?
MENTAL HEALTH	THE CHARLIE WALLER TRUST	OPENS DIALOG ON MENTAL HEALTH AND THE HIGHS AND LOWS OF ADOLESCENTS. GINYA WILL BE JOINED BY FELLOW AMBASSADORS TO COVER A RANGE OF TOPICS CHOSEN FOR AND BY THE YOUTH AMBASSADORS WHILST POINTING YOU IN THE DIRECTION OF HELPFUL RESOURCES.
CONFLICT RESOLUTION	THE NATIONAL COLLEGE	BRINGING EFFECTIVE, REASONABLE SOLUTIONS TO DISPUTES IS A DIFFICULT TALENT TO LEARN AND AN EVEN HARDER ONE TO MASTER. IT'S VITAL THAT PARENTS AND EDUCATORS KNOW HOW TO SUPPORT YOUNG PEOPLE IN DEVELOPING THIS CRITICAL SKILL. THIS WEEK'S PODCAST COVERS HOW BEST TO HELP CHILDREN MANAGE CONFLICTS!
GENDER	TOMORROW IS THE QUESTION	WHAT'S ACTUALLY HAPPENING IN THE MANOSPHERE? HOW IS IT AFFECTING CHILDREN AND YOUNG PEOPLE? AND HOW MIGHT WE RESPOND? IN THIS EPISODE OF TOMORROW IS THE QUESTION, THE FULLY HUMAN PODCAST, JONO BAGGALEY CHATS TO PROFESSOR HARRIET OVER AND DR DAVID ZENDLE FROM THE UNIVERSITY OF YORK AND FULLY HUMAN'S OWN DR ELLY HANSON TO EXPLORE THEIR DEEP RESEARCH INTO THESE QUESTIONS.
GENDER	TOMORROW IS THE QUESTION	COULD JAMES BOND BE A USEFUL SOURCE OF TEACHING ABOUT SEX, RELATIONSHIPS, GENDER NORMS AND MISOGYNY? IN THIS EPISODE OF TOMORROW IS THE QUESTION, JONO BAGGALEY CHATS TO DR IAN KINANE, EDITOR OF THE INTERNATIONAL JOURNAL OF JAMES BOND STUDIES, DR KATHY WESTON, FOUNDER OF TOOLED UP EDUCATION AND FULLY HUMAN'S DR ELLY HANSON TO EXPLORE BOND AS A PROBLEMATIC SYMBOL: A LOADED FIGURE OF SEX AND VIOLENCE AND POTENT STORE OF TEACHING MATERIAL FOR TEENAGERS.
GENDER	BBC	ABOUT THE BOYS - HEAR FROM TEENAGE BOYS ACROSS THE UK ABOUT THEIR FEARS, WORRIES AND AMBITIONS
SELF-HARM	THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH	THE PODCAST DISCUSSES: THE PREVALENCE OF SELF-HARM AND RISK FACTORS; THE SUPPORT ACCESSED BY CHILDREN AND YOUNG PEOPLE WHO SELF-HARM; AND DIFFERENT DIGITAL INTERVENTIONS.
ONLINE SAFETY	THE NATIONAL COLLEGE	MISINFORMATION, THE ABUSE OF AI, AND CONCERNING FINDINGS ABOUT ONE OF THE MOST POPULAR MESSAGING APPS ON THE MARKET. ALL THESE AND MORE ARE COVERED IN THE INAUGURAL EPISODE OF THE ONLINE SAFETY MONTHLY ROUNDUP, BRINGING YOU THE MOST PROMINENT NEWS FROM AUGUST 2024!

YOUTH VIOLENCE	THE BEN KINSELLA TRUST	THE BEN KINSELLA TRUST HAS LAUNCHED A COMPELLING PODCAST SERIES TITLED "KNIFE CRIME: REAL STORIES, REAL PEOPLE", AIMED AT RAISING AWARENESS OF THE DEVASTATING IMPACT KNIFE CRIME HAS ON INDIVIDUALS, FAMILIES, AND COMMUNITIES.
EFFECTIVE PSHE	PSHE ASSOCIATION	NICK CONSIDERS SOME WAYS OF DECONSTRUCTING A STORY, INCLUDING USING CASE STUDIES AND 'TIMELINE', IN ORDER TO HELP US USE IT TO EXPLORE ISSUES AND STRATEGIES IN PSHE.
EFFECTIVE RSE	NSPCC	EXPLORES THE CHALLENGES TEACHERS CAN FACE WHEN TEACHING RSE. DISCUSSION POINTS INCLUDE: THE IMPORTANCE OF FOCUSING ON EQUALITY, DIVERSITY AND INCLUSION; THE IMPACT OF SOCIAL MEDIA ON THE WAY YOUNG PEOPLE LEARN ABOUT SEX AND RELATIONSHIPS; AND TAKING A WHOLE SCHOOL APPROACH TO DELIVERING RSE.



IF YOU WANT TO SHARE A PODCAST,
TRAINING OR DOCUMENTARY
YOU'VE FOUND USEFUL FOR YOUR
PRACTICE PLEASE [EMAIL NATALIE](#)

DOCUMENTARIES

THIS LIST IS NOT ABOUT DOCUMENTARIES THAT ARE SUITABLE FOR YOUNG PEOPLE - YOUNG PEOPLE STATE THEY DON'T WANT VIDEOS ANY LONGER THAN 15 MINUTES IN THEIR SESSIONS BUT TO GIVE PROFESSIONALS GREATER KNOWLEDGE INTO VARIOUS PSHE TOPICS

BBC	29 MINUTES	JORDAN NORTH THE TRUTH ABOUT VAPING	JORDAN NORTH ASKS, SHOULD I QUIT VAPING? IS IT BAD FOR ME OR NOT? TO FIND OUT, HE UNCOVERS THE TRUTH ABOUT VAPING AND REALISES THERE'S A LOT HE DIDN'T KNOW
BBC	58 MINUTES	MURDER GAMES: THE LIFE AND DEATH OF BRECK BEDNAR	DOCUDRAMA TELLING THE TRUE STORY OF BRECK BEDNAR, A 14-YEAR-OLD SCHOOLBOY WHO WAS LURED TO HIS DEATH AFTER BEING GROOMED ONLINE BY LEWIS DAYNES WHILE GAMING.
BBC	30 MINUTES	MY MURDER	THE SHOCKING STORY OF GEMMA, A YOUNG WOMAN WITH A LEARNING DISABILITY WHO WAS ABANDONED BY THE SYSTEM AND BRUTALLY MURDERED BY PEOPLE SHE THOUGHT OF AS FRIENDS.
BBC	53 MINUTES	ZARA MCDERMOTT - REVENGE PORN	WHEN ZARA MCDERMOTT LEFT LOVE ISLAND IN 2018, SHE WAS TOLD THAT NAKED PHOTOS OF HER WERE CIRCULATING WORLDWIDE. NOW SHE'S LOOKING FOR ANSWERS.
BBC	57 MINUTES	JESY NELSON - ODD ONE OUT	LITTLE MIX STAR JESY NELSON GOES ON A JOURNEY OF REHABILITATION AS SHE OPENS UP ABOUT ABUSE SHE HAS SUFFERED AT THE HANDS OF CYBERBULLIES AND ITS EFFECTS ON HER MENTAL HEALTH.

NEXT MONTH (NOVEMBER)...

Resources & Materials for:

- 1 - World AIDS Day
- 2-8 - National Grief Awareness Week
- 3 - International Day of People with Disabilities
- 5 - International Volunteer Day
- 10 - Human Rights Day

WANT TO SHARE A RESOURCE,
IDEA OR INFORMATION ABOUT
YOUR SERVICE?
LET ME KNOW AND I CAN
INCLUDE IN UPCOMING
EDITIONS

BOOK BY 27TH OCTOBER 2024 TO GUARANTEE YOUR SPACE



PSHE Education
STOKE-ON-TRENT & STAFFORDSHIRE

Conference

CLICK TO BOOK

WEDNESDAY 13TH NOVEMBER
10AM-4PM

STAFFORDSHIRE COUNTY SHOWGROUND
WESTON ROAD, STAFFORD ST18 0BD

£35 TICKET (INC LUNCH)

If you would like to share any feedback or request specific support, advice or guidance please contact us directly:

echesterton@horizonoat.co.uk



Young people, when informed and empowered, when they realize that what they do truly makes a difference, can indeed change the world.

— Jane Goodall —