



COVERED IN THIS MONTH'S EDITION:

Meeting Recordings
Upcoming Dates for your Diaries
What's Out There; Social Media, TV & News

Update from National Partners

- DfE Draft RSHE Guidance
- Draft KCSIE
- CEOP New Resources
- Brook Report: Young People and condom use
- Free SEND Financial Education resources
- Online Safety: New Resources
- Mandatory Reporting for Charity & Community Groups
- Kids Food Guarantee Update
- YEF: Education, Children and Violence
- Seat Belts & Passive Safety Systems
- Diversity Role Models: New Videos & Classroom resources
- Data on Suicides
- The Ben Kinsella Trust: Keeping Young People Safe report
- Domestic Abuse Strategy
- CEOP Education website change
- Mental Health Peer Support Programmes
- Online Support package for young parents
- Harmful Sexual Behaviour
- Child Exploitation
- BBC Bitesize: Healthy Eating

Update from Local Partners

- Guide for Parents/Carers on knife harm
- MHST in education: New Offer
- Local Newsletters/Updates
- Stoke-on-Trent Festival of Practice
- Staffordshire Fire & Rescue Service: PSHE Education offer
- Stoke & Staffs Careers Hub Offer
- New Videos about vaccinations
- YGAM free workshops

Resources

- Awareness Calendar
- Themes for upcoming dates
- End of term survey
- Plastic Free July 1-31 July
- Talk to Us (Samaritans) 1-31 July
- New ...& PSHE packs

Training Opportunities

MEETING RECORDINGS:

We have our own YouTube channel and all our recordings from our events can now be found on our website from last academic year.

[PSHE Leads Meetings](#)

[Bitesize Practice Development Webinars](#)

UPCOMING DATES FOR YOUR DIARIES

PSHE Leads Network Meetings:

- 11th July 2024 4-5pm - Planning a PSHE Curriculum

Bitesize Practice Development Sessions:

- 24th June 2024 4-6pm - Gaming and Gambling Awareness (YGAM)
- 9th July 2024 4-5pm Supporting Boys and Young Men (Men at Work CIC)

Conference

- 13th November 2024

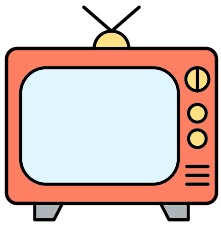
These events are sent as Teams invites to your PSHE Lead please check we have the correct details for your setting and share with colleagues where the information might be relevant.

Please let us know what our priorities should be for 2024-2025 Autumn Term

WHAT'S OUT THERE...

Whilst it is important to ensure PSHE is part of a planned curriculum, it can also be used to address needs in a local context and form part of conversations we have with children and young people about their experiences and what's happening in the world around them.

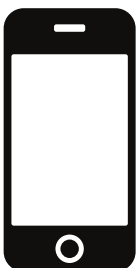
We have collated some examples of topics that are being covered in TV and media that young people may want to discuss.



- The latest series of Love Island returned this week. ITV have implemented a social media ban for contestants to "protect both the Islanders and their families from the adverse effects of social media"
- Netflix have announced a same-sex dating show "The Boyfriend"
- Inside Out 2 is released in cinemas this month. The main character, Riley, now a teenager, along with her main emotion characters; Emotions. Joy, Sadness, Anger, Fear and Disgust encounter some new emotions as Riley grows up.
- A special BBC tribute to the Leeds Rhinos legend and MND campaigner Rob Burrow called 'There's Only One Rob Burrow' is available now to watch on the BBC iPlayer. The 45-minute documentary includes Rob's final message that he recorded knowing it would be played out after he passed away.



- The Prime Minister announced that there will be a General Election on 4th July. ACT - the Association for Citizenship Teaching has a workshop to support you to start planning your General Election lessons in school.
- The charity Sustain have summarised a recent MPs debate, at Westminster Hall, on Free School Meals. The Soil Association has launched Out to Lunch which is their ongoing secret diner campaign that's improving the standards of children's food options throughout the UK. They are looking for parents of under 12s throughout the UK to volunteer for the Out to Lunch campaign. Parents will be taking their kids to restaurants and marking the children's menu on sustainability, freshness, welfare and healthiness. They even pay for the kids' meals!
- The TES magazine reported on the findings from a poll carried out for the Youth Endowment Fund which said Two in five teachers report pupil attacks on staff.
- Difficulties faced by care experienced young people in Falkirk schools highlighted in short film



- The #NotYoursToView Campaign was launched in May, by SWGfL, to demonstrate the need to stop all non-consensual share intimate imageed from being viewed
- The Education Select Committee stated that a smartphone ban for kids is 'worth considering'
- Nintendo has announced that Vivian, a character in their latest game, Paper Mario: The Thousand-Year Door, is trans.
- Meta releases 'sextortion' data after criticism from a parent



PSHE Education
STOKE-ON-TRENT & STAFFORDSHIRE

Conference

SUBJECT
SPECIALIST
GUEST
SPEAKERS

NETWORKING
OPPORTUNITIES
AND PROVIDER
MARKETPLACE

BEST PRACTICE
WORKSHOPS AND
TABLE TOP
ACTIVITIES

WEDNESDAY 13TH NOVEMBER
10AM-4PM



SCAN THE QR CODE
TO BOOK YOUR
SPACE

STAFFORDSHIRE COUNTY SHOWGROUND
WESTON ROAD, STAFFORD ST18 0BD

£35 TICKET (INC LUNCH)

UPDATE FROM NATIONAL PARTNERS

DRAFT RSHE GUIDANCE

Earlier this month, we sent out some exceptional communications following the release of the [Department for Education Draft RSHE guidance](#). As shared previously, we encourage you to read the guidance and consider its implications and share your thoughts and views via the DfE's [consultation page](#) which is open until 11th July.

The [current guidance](#) was introduced in 2020 and is based on [robust evidence on what is required from education to keep children safe](#). It had support from across the political spectrum and consensus from national safeguarding bodies, medical colleges, parents, teachers and young people on its value.

We have been working to create a [comparison document](#) in which we have reviewed the current guidance against the proposed guidance. Please note there are separate tabs for Key Stages 1-3 and 3-4.

Learning outcomes are highlighted:

Green - where there are no changes

Amber - where there are some changes to wording or there is a recommendation about age suitability

Red - where the outcome is new

It's important to highlight that the existing statutory RSHE guidance remains in force until the updated guidance has been finalised and published post consultation, and (as with any statutory guidance) schools are given an appropriate period in which to reflect the guidance in their updated RSHE curricula.

The draft introduces, for the first time, age limits over when pupils can be taught about sex education.

As expected, several national organisations have shared responses which we have linked to below:

[PSHE Association initial response](#)

[Initial response from Brook](#)

[The Sex Education Forum explainer](#)

[Blog from Loudmouth Theatre in Education](#)

The Education Select Committee report, [Screen time: impacts on education and wellbeing](#), has said it welcomes inspections of PSHE as part of routine inspections. However, a subject as broad as PSHE, which covers so many different topics including digital literacy, cannot be adequately evaluated solely within the current personal development metric.

Ofsted must change how PSHE is evaluated during an inspection. Instead of being assessed through Ofsted's personal development metric, PSHE should be assessed through thematic reviews in the same way as other core curriculum subjects.

DRAFT KCSIE

The Keeping Children Safe in Education 2024 Draft has been released. It is important to note that this is for information only, pending publication of the final version, which does not come into force until September 2024.

Main changes include:

- The definition of 'safeguarding and promoting the welfare of children' (page 4) has been amended to reflect the definition in Working Together to Safeguard Children. This also highlights the need to recognise that "children" includes anyone under the age of 18, emphasising the prominence of exploitation, adultification and teenage relationship abuse.
- There are revised early help triggers (paragraph 18) which reflect those outlined in Working Together to Safeguard Children.
- 'Indicators of Abuse and Neglect' (paragraph 24) mentions the impact on children who witness or experience domestic abuse.
- 'Safeguarding Issues' (paragraph 29) now highlights the need to link connections between absence and potential safeguarding concerns.
- In part 2 a section has been included to include amendments to phrasing, reflecting the draft guidance on gender-questioning children (paragraph 205-209)

CEOP EDUCATION: LAUNCH OF NEW RESOURCE FOR 9 TO 12S

Designed for pupils aged 9 to 12, Connect aims to develop young people's understanding of respectful relationships and to ensure that this key transitional age group know how to respond to pressure and inappropriate behaviours online, including manipulation, peer on peer abuse in group chats and grooming.

Inclusive of 4 lesson plans and 5 situational films, Connect aligns to the RSE curriculum and covers a range of themes including:

- Healthy, respectful relationships
- Socialising online
- Respect online
- Grooming
- Harmful online behaviours
- Being a positive bystander

Connect will be available to download from Monday 24th June.

For updates about the launch of Connect and previews of the films, follow CEOP on their social media channels; [Facebook](#) and [@CEOPEducation](#) on [X/Twitter](#).

BROOK REPORT: YOUNG PEOPLE AND CONDOM USE

In a recent survey by Brook, it was found that, of over 2,000 young people in the UK, one third didn't use condoms the last time they had penetrative sex and one fifth NEVER use condoms during penetrative sex.

In research conducted by Brook, young people shared some of the reasons why they don't use condoms.

Here are some ways you can provide information and support...

1. Lack of knowledge about where to get free condoms

Let young people know about C-Card schemes which are specifically for young people (usually under 25s) and are available in most parts of the UK.

Open Clinic is the Sexual Health service in Stoke-on-Trent & Staffordshire. You can find your nearest clinic here as well further information about C-Card and other services.

2. Stigma and embarrassment

Reassure young people that talking about condoms and using condoms shows they're taking care of their sexual health. Our Sexual Health & PSHE professional guidance pack along with other resources can be found in the Resource Library on our website, under Contraception and Sexually Transmitted Infection headings.

3. Condom problems

Emphasise to young people that everyone has the right to choose to use a condom every time they have sex. Even if their partner says they don't need to or they don't want to. Remind them that condoms do more than just prevent pregnancy - they are the only method of contraception that protects against STIs and are appropriate for most types of sex.

YOUNG PEOPLE AND CONTRACEPTION

Brook also found out more young people's attitudes around wider contraception choices and found:

- 61% of respondents said they were more likely to consider information online when choosing a method of contraception - particularly those exploring hormonal methods hearing real-life experiences

- They want shared responsibility for contraception. Often males and those assigned male at birth were seen as responsible for condoms, whereas females and those assigned female at birth were seen as responsible for understanding contraception and talking about it with healthcare professionals.

- 25% expressed concerns about possible side effects from hormonal methods of contraception.

- Despite there being 15 methods of contraception, young people felt their needs were ignored in contraception consultations and felt their options were limited. One young person said that in their RSE lessons, they weren't taught anything other than condoms and the pill.

This research again highlights the importance of RSE lessons and the need to provide accurate information about the 15 methods, to help develop critical thinking skills around information sourced online and also ensuring inclusivity. Our pack Sexual Health & PSHE provides information about the 13 methods and local services.

FREE SEND FINANCIAL EDUCATION RESOURCES

NatWest MoneySense is a free financial education programme for 5-18s, offering a breadth of learning materials to support your lesson planning.

MoneySense covers a wide range of topics like budgeting, saving and understanding credit, with differentiated SEND resources. Registration is required, [sign up here](#).

For 5-8 year olds, the 'What coins and notes we use' SEND resource, supports children to understand the types of cash we use.

For 8-12 year olds, use every day numeracy to explore the best ways to pay in different situations with the MoneySense SEND resource 'How can I pay for things?'

For 12-16 year olds, look at the differences between using debit and credit cards in the SEND resource 'How can I understand credit and debt?'

ONLINE SAFETY - NEW RESOURCES

Following the conclusion of SATS we recognise that many of our schools will be starting to support transition between the different phases of education.

Digital Matters has created a new campaign for those transitioning from primary to secondary- Our Big Screen, Small Screen. The campaign includes a new hub packed with resources for use at home and school, to help keep children safe from online harms.

Internet Matters is supporting schools with free e-safety leaflets for Year 6 parents, and carers, designed to help them manage their child's online safety as they transition to secondary school.

The leaflets can be ordered directly from SWGfL:

Moving to Secondary Schools - a leaflet that offers a comprehensive guide to explain the challenges children face when moving to secondary school and how parents/carers can address them with their child.

There is no cost for the printed leaflets, settings only need to cover postage and packaging (from £3.95). The maximum number of leaflets per order is 600, with a limit of 300 per leaflet title.

SWGfL has published information about TikTok shop, and how to browse and purchase on the e-commerce feature safely.

MANDATORY REPORTING FOR CHARITIES AND COMMUNITY GROUPS

Recently the Government published its proposals for a new duty to report child sexual abuse, making it a legal requirement for people to report child sexual abuse to the police or local authorities.

Following the announcement of the General Election the 2023/2024 Criminal Justice Bill, which contained the proposals for a mandatory reporting duty, did not complete passage through Parliament and so will not become an Act.

Following the General Election, the new government is expected to use the King's Speech on 17th July 2024 to lay out its agenda for the next parliamentary session.

We will keep you updated via the PSHE Digest with any announcement from the new government about mandatory reporting.

KIDS FOOD GUARANTEE UPDATE: PACKED LUNCHES

A report from the Food Foundation highlights significant price disparities between healthy and unhealthy lunch items in UK supermarkets. To be fuelled for the school day and be set up to do their best in school, children need to be well fed. 900,000 children living in poverty across the country do not qualify for the Government's Free School Meals scheme.

Research shows that less than 2% of packed lunches meet the School Food Standards and so offer a far less nutritious option than school meals.

The Food Foundation are calling on Government to extend Free School Meals so that the most deprived children are not priced out of a hot, nutritious lunch with their peers; but in the meantime, we're calling on supermarkets to ensure they are selling healthy, convenient packed lunch items at an affordable price.

YEF: EDUCATION, CHILDREN AND VIOLENCE.

The Youth Endowment Fund has published practice guidance report for school, college and alternative provision leaders on how to reduce children's involvement in violence.

The report makes 5 recommendations (summarised in a recommendations poster):

1. Keep children in education
2. Provide children with trusted adults
3. Develop children's social and emotional skills
4. Target efforts at the places and times where violence occurs
5. Cautiously consider unproven strategies and avoid harmful approaches

SEAT BELTS AND PASSIVE SAFETY SYSTEMS

A driver survey report by Brake and AXA UK was conducted to find out about drivers' attitudes towards seat belts and safety systems in cars. They report that:

- 24% of car drivers and 26% of passengers who die on Britain's roads aren't wearing a seat belt.
- 41% of night-time road deaths involve occupants who are not wearing a seat belt.
- 10% of drivers occasionally forget to wear a seat belt.
- 97% of drivers agree that wearing a seat belt (or using a child seat) should be enforced for all drivers and passengers.

When exploring Road, Transport and Passenger safety through PSHE, it's important that children and young people recognise that seat belts are one of the simplest and most effective ways to protect ourselves when travelling by car.

DIVERSITY ROLE MODELS: NEW VIDEOS AND CLASSROOM RESOURCES

As Diversity Role Models concludes the third and final year of the "Embracing Difference, Ending Bullying" project, supported by the Department for Education (DfE), they have launched the latest and last set of Role Model videos and educational resources.

This initiative has spanned three years and has produced a total of 69 videos, each accompanied by tailored educational resources aimed at fostering understanding and inclusivity in schools.

[Click here for more information and download the resources.](#)

There is a webinar on Tuesday 25th June where Diversity Role Models will discuss the findings of the project and learn more about the impact report of the project as well as recommend best practice for schools and colleges. You can register for the [webinar here.](#)

DATA ON SUICIDES

The Suicide Prevention profile aims to help develop an understanding of suicide at a local level and to support an intelligence-driven approach to suicide prevention. The profile collates and presents a wide range of data, developed from various relevant, robust sources.

[Stoke-on-Trent data](#)
[Staffordshire data](#)

A new age-standardised rate (ASR) for suicide by age and sex indicator has been added, showing data for England, regions, and upper-tier local authorities (UTLAs) for 2012 to 2022. This indicator replaces the age and sex-specific suicide crude rate indicators previously presented in the profile.

More data can be found in '[Suicides in England and Wales Statistical bulletins](#)' produced by the Office for National Statistics (ONS).

THE BEN KINSELLA TRUST: KEEPING YOUNG PEOPLE SAFE REPORT

Last week, The Ben Kinsella Trust announced the release of their Keeping Young People Safe Evaluation Report in the House of Commons.

Headline findings included:

Fear of knife crime

- Over 1 in 3 young people don't feel safe in the area they live.
- 36% don't feel safe walking the streets
- 2 in 3 have felt anxious about knife crime in their area

Carrying knives

- 2% of young people have carried a knife
- 1 in 4 young people know someone who has carried a knife
- 6% of 10-11 year olds have considered carrying a knife

Changing perceptions following a workshop from The Ben Kinsella Trust

- The number of young people who thought carrying a knife would protect them dropped from 24% to 5%
- 73% who considered carrying a knife pledged never to carry one following the workshop.
- 82% of young people would recommend the workshop to their friends.
- 89% of attendees pledged never to carry a knife following the workshop.
- 100% of teachers and practitioners said the exhibition was memorable and impactful

DOMESTIC ABUSE STRATEGY

Foundations has published its new strategy to establish what works to prevent domestic abuse and to support the recovery of children affected by it. The five-year plan aims to identify proven approaches through robust impact evaluation. The plan will be delivered in four stages from scoping potential programmes to develop and evaluate, through to full-scale impact evaluation.

The strategy includes evaluating prevention and identification services including schools-based healthy relationships programmes.

CEOP EDUCATION WEBSITE TRANSITIONS FROM THINK U KNOW

The NCA's CEOP Education programme website domain name has now changed from www.thinkuknow.co.uk to www.ceopeducation.co.uk. The 'Think U Know' brand has been retired and the programme is now referred to as CEOP Education.

Whilst the domain name is changing, the content and website isn't and your account will not be affected.

You can help with our domain name transition by ensuring that:

- Referring to the programme correctly as the NCA's CEOP Education programme
- Changing any links to the old URL on your website or anything you share with parents, carers, children and young people
- Changing any use of the old Think U Know logo to the updated CEOP Education logo – if you require this asset, please contact the team: ceopeducation@nca.gov.uk

PEER SUPPORT PROGRAMMES – MENTAL HEALTH

Peer support for mental wellbeing refers to a range of peer-led programmes and approaches that support children and young people's mental health and wellbeing. This includes peer tutoring, coaching, listening, mentoring, mediation and counselling, befriending and budding.

Peer support programmes that focus on mental health and wellbeing can have a range of positive outcomes for children and young people. We also know that some children and young people find it easier to talk to their peers than to adults

Anna Freud has created a new guide to support school and college staff to implement a peer support programme in their own setting. This guide contains practical steps and a planning checklist.

ONLINE SUPPORT PACKAGE FOR YOUNG PARENTS

The Child and Adolescent Psychiatry team from the University of Oxford have developed a new online support package (AADAPT) for young parents who are experiencing low mood. Young Parents will be supported through the online content by a parent volunteer who was previously a young parent themselves (Parent Buddy).

They are inviting 16-24 years old parents who experience low mood and have a baby 12 months old or younger to take part.

Please be aware that whilst they have ethical approval from the university to conduct this study, we do not have ethical approval to recruit via NHS services.

You can find a poster [here](#).

HARMFUL SEXUAL BEHAVIOUR

The Association for Child and Adolescent Mental Health (ACAMH) has published a recording of its webinar on harmful sexual behaviour (HSB). The webinar focuses on the work of the Lucy Faithfull Foundation in preventing HSB, looking at their Inform and Shore initiatives.

The Pan-Staffordshire PSHE Education were joined by the Lucy Faithfull Foundation on our Bitesize Practice Development session in April, you can view the recording of that session here.

NSPCC Learning has published a new statistical briefing on HSB that looks at data and statistics around HSB in the UK that shows the scale of the issue children and young people who experience or display HSB experience.

CHILD EXPLOITATION

Last month we published details of a national alert from the National Crime Agency. In response to this the UK Safer Internet Centre has published new guidance on financially motivated sexual exploitation ('sextortion').

This page is a guide for professionals, parents, carers, and young people on what to do if they are ever faced with a sextortion incident. Includes information on what financially motivated sextortion is, best practices including how to effectively communicate about 'sextortion', and how to report and escalate the issue

PSHE ASSOCIATION

For members of the PSHE Association two new resources have been launched:

- KS1-2 Ground rules, rule!
- KS1-4 Belonging and Community - Addressing Discrimination and Extremism and KS3-5 version
- KS3-5 Body Modifications

BBC BITESIZE - HEALTHY EATING

The British Nutrition Foundation has worked with BBC Bitesize to create new resources. The resources contain simple explanations, interactive activities, key vocabulary and quizzes - they can be used both at school, youth group and at home.

- What is healthy eating? - Years 1 and 2 (5-7 years)
- What are nutrients? - Years 3 and 4 (7-9 years)
- Why do people need energy? - Years 5 and 6 (9-11 years)

These have been added to the Resource Library for future reference.

UPDATE FROM LOCAL PARTNERS

GUIDE FOR PARENTS AND CARERS ON KNIFE HARM

Staffordshire & Stoke-on-Trent Violence Reduction Alliance have been working with the Ben Kinsella Trust to produce a local Guide for Parents and Carers on Knife Harm. The guide has now been finalised and is downloadable via the Violence Reduction Alliance (VRA) [website](#).

The [consultation](#) carried out with parents and carers last year highlighted that 70% of respondents did not feel confident in starting a conversation with their child about knife crime and that guidance would help to make them feel more confident.

To support parents and carers, the local guide includes facts to help parents and carers feel more confident when talking to their child about knife harm, as well as practical help, guidance and where to find national and local support.

Please share the guide to help support parents and carers living in Staffordshire and Stoke-on-Trent talk to their children about knife harm. We have also added this to our [parents and carers page](#) on the website.

MENTAL HEALTH SUPPORT TEAM IN EDUCATION - NEW OFFER

The DfE has published a [data report](#) into the Transforming Children and Young People's Mental Health Implementation Programme. . This report highlights the coverage of MHST's and uptake of Mental Health Lead Training.



Across Stoke-on-Trent and Staffordshire, Combined NHS and MPFT deliver the MHST, this offer is not available to all schools, but for those who are able to access this service you will find their service offer within the Resource Library under Mental Health. We are delighted to share the [updated offer to eligible schools](#) in Stoke-on-Trent and North Staffordshire (Newcastle and Moorlands).

LOCAL NEWSLETTERS/UPDATES

[Catch22's Research and Development Round up](#) - May 2024

- Information on Sextortion, Exploitation, Mental Health, Modern Slavery, Online Safety & Online Harms and more....

STOKE-ON-TRENT FESTIVAL OF PRACTICE

Stoke-on-Trent Local Authority Children and Family Services Learning & Development Academy invite practitioners and multi-agency partners to their Festival of Practice Week for Children and Family Services, Adult Social Care and the Safeguarding Children Partnership.

The programme throughout the week (10-14 June) explores a diverse range of workshops led by industry experts, covering topics from Domestic Abuse, Eating Disorders and Contextual Safeguarding.

[Click here to view the programme and more information about the Festival of Practice.](#)



STAFFORDSHIRE FIRE & RESCUE SERVICE PSHE EDUCATION OFFER

The PSHE Education Service has been working with the Safe+Sound team at Staffordshire Fire & Rescue Service to develop their PSHE education offer. Fire colleagues have completed online webinars in delivering best practice PSHE education and can offer the following sessions:

KS1 Year 2: Fire Safety
KS3 Year 8: Deliberate Fires
KS4 Year 10: Deliberate Fires

To book your session please email - safeandsound@staffordshirefire.gov.uk

This offer is in addition to the Safe+Sound programme for KS2 Year 6, you can find out more information about the Safe+Sound programme [here](#).

STOKE STAFFS CAREERS HUB OFFER

Following this month's Practice Development webinar with the Stoke Staffs Careers Hub, we want to remind colleagues of their service offer:

- [Compass\(+\)](#) - Access to the dashboard and assessment for all provision
- [Fully funded Career Leader Training](#) - Aimed at Strategic Careers Lead (SLT) not advisers/coordinators
- Dedicated area on the [Resource Directory](#) - For all
- [Online training modules](#) - For all
- [Inclusion Connect](#) - For all



NEW VIDEOS ABOUT VACCINATIONS

Staffordshire and Stoke-on-Trent ICB have developed new resources to support

[Routine Vaccinations of School-age children](#)

[Routine Vaccinations of adults](#)

[Routine Vaccinations for Pregnant Women](#)

These short bite-size provide information about the importance of being vaccinated, who is eligible and at what stage people can be expected to be invited to vaccinate.

These will be a useful tool for parents, carers, health professionals and the general population to improve the uptake of vaccinations and immunisations. across Staffordshire and Stoke-on-Trent They are also useful to ensure that professionals delivering sessions around immunisations and vaccinations have up-to-date knowledge.

Routine immunisations for school-aged children



Certain groups of people will be offered Covid-19 boosters during the year.
Check eligibility at www.nhs.uk/conditions/vaccinations/



Staffordshire and
Stoke-on-Trent
Integrated Care Board



HPV vaccine

**Ages 12 to 13 years old
(school Year 8)**

Diseases protected against:

Human Papilloma Virus - a common virus that's spread through skin contact. Some types are linked to an increased risk of certain types of cancer and can cause genital warts.

3-in-1 teenager booster vaccine

**Ages 13 to 14 years old
(school Year 9)**

Diseases protected against:

Tetanus - a serious, life-threatening condition caused by bacteria getting into a wound.

Diphtheria - a highly contagious infection that affects the nose, throat, and sometimes the skin.

Polio - serious infection caused by a virus that spreads easily from person to person.

MMR status should also be checked before university / college.

MenACWY vaccine

**Ages 13 to 14 years old
(school Year 9)***

Diseases protected against:

The 4 types of bacteria that can cause meningitis and septicaemia (blood poisoning).

*A catch up may be offered up to age 15 (school Year 10) if the Year 9 dose is missed.

Flu vaccine

**School aged children
(Reception to Year 11)**

Diseases protected against:

The children's flu vaccine is offered every year in autumn or early winter to protect them from flu. Children having the flu vaccine also helps stop them spreading it to others.

FREE online specialist gaming and gambling harm workshops

Ygam are working with **PSHE Education Stoke & Staffordshire** to offer a fully funded workshop delivered through the Young People's Gambling Harm Prevention Programme. This workshop is aimed at professionals who work with children or young people.

On completion you will receive a **City & Guilds Certificate and Digital Credential**, and have access to **over 1000 resources**, including 1:1 and small group **work activities** which you can download and use in your setting.

Mon 24th June
4pm - 6pm



Scan the QR code or click [here](#) to register for your **FREE** place

For more about our work, visit ygam.org

What are the similarities between gaming and gambling?

What is a Loot Box?

Could you spot the signs of harm?

Topics covered:

- Gaming and gambling harm
- Advertising
- Mental health and wellbeing
- Blurred lines between gaming and gambling
- How to spot the signs of harm
- Where to get help and support



PSHE Education
STOKE-ON-TRENT & STAFFORDSHIRE



RESOURCES

Resources included in this section are linked to key dates of awareness or observation, that have relevance to PSHE. You can view the full year calendar [here](#).

PSHE Education STOKE-ON-TRENT & STAFFORDSHIRE											
AWARENESS CALENDAR 24-25											
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST
1-30 September	1-30 October	1-30 November	1-30 December	1-30 January	1-30 February	1-30 March	1-30 April	1-30 May	1-30 June	1-30 July	1-30 August
1-30 September	1-30 October	1-30 November	1-30 December	1-30 January	1-30 February	1-30 March	1-30 April	1-30 May	1-30 June	1-30 July	1-30 August
1-30 September	1-30 October	1-30 November	1-30 December	1-30 January	1-30 February	1-30 March	1-30 April	1-30 May	1-30 June	1-30 July	1-30 August
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1-30 September	1-30 October	1-30 November	1-30 December	1-30 January	1-30 February	1-30 March	1-30 April	1-30 May	1-30 June	1-30 July	1-30 August
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1-30 September	1-30 October	1-30 November	1-30 December	1-30 January	1-30 February	1-30 March	1-30 April	1-30 May	1-30 June	1-30 July	1-30 August

We have updated the [Awareness Calendar](#) for 2024-2025 which highlights key dates that link to PSHE.

We use this calendar for our resources section and will send you resources linked to these dates a month in advance.

THEMES FOR UPCOMING DATES:

WORLD SUICIDE PREVENTION DAY - 10 SEPT

The International Association for Suicide Prevention (IASP) sets a global theme for World Suicide Prevention Day every three years, the theme for 2024-2026 is "Changing the Narrative on Suicide" with an associated call to action: "Start the Conversation."

ANTI-BULLYING WEEK - 11-15 NOV

The theme this year will be "Choose Respect".

You can watch the [campaign video here](#).



WITH NEARLY 650 COLLEAGUES SIGN-UPS TO THE RESOURCE LIBRARY ON OUR [WEBSITE](#) MAKE SURE YOU ARE NOT MISSING OUT ON QUALITY-ASSURED SOURCED AND LOCALLY PRODUCED PSHE RESOURCES LISTED BY TOPIC. MAKE SURE YOUR SETTING IS NOT MISSING OUT [REGISTER HERE](#).



To make sure that the PSHE Education Service responds to your support, advice & guidance needs, we have created a [short survey](#) to support us in planning for the next academic year. We'd appreciate it if you took a couple of minutes to share your thoughts.

PLASTIC FREE JULY - 1 - 31 JULY

Plastic Free July® is a global movement that helps millions of people be part of the solution to plastic pollution - so we can have cleaner streets, oceans, and beautiful communities.

Countryside Classroom have a variety of resources for 5-11 year olds (which are emailed to you after you sign-up) on topics linked to the environment including plastics, climate change and food waste.

Young People's Trust for the Environment have resources for KS2 & KS3 which support learning about climate change, the impact climate change is having around the world and what we can do to stop climate change.



TALK TO US (SAMARITANS) - 1 - 31 JULY

Every year in July, Samaritans branches in the UK and Ireland hold local events to raise awareness that Samaritans are here to listen to anyone who's struggling to cope, at any time of the day or night.

Samaritans supports schools, college communities and other youth settings across the UK and Republic of Ireland through postvention services, lesson plans and school talks which can be found on their website.

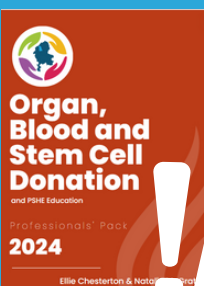
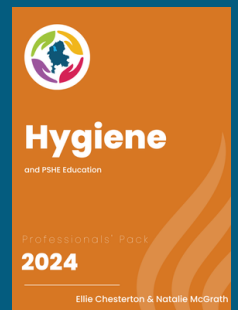
NEW ...& PSHE PACKS LAUNCHED

COMMUNITIES & PSHE

We are delighted to launch the Communities & PSHE and Hygiene & PSHE packs to add to our growing collection.

These packs provides key information to help increase the knowledge and confidence of professionals delivering PSHE around this topic and has been contributed to by subject specialists across the partnership.

We have a dedicated areas for materials linked to Communities & Hygiene within our Resource Library where these packs are housed, along with other supporting materials.



Last month, we shared information about the organ, blood & Stem cell donation & PSHE professional's guide. We have since noticed that the link to the pack wasn't included - please access it [here](#).

TRAINING OPPORTUNITIES

Whilst we always try and source resources and training at no cost, we recognise that some organisations do have a small budget to support their PSHE delivery. Here are some upcoming training opportunities available both for free and a cost, both locally and nationally. Click on links for bookings and further information.

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
GAMBLING	VARIOUS	YGAM	FREE	THIS 90 MINUTE INTRODUCTORY WORKSHOP IS PART 1 OF 2 OF OUR FULLY FUNDED CITY & GUILDS ASSURED TRAINING AND IS OPEN TO TEACHERS, YOUTH WORKERS AND FORWARD FACING PROFESSIONALS WHO WORK DIRECTLY WITH CHILDREN AND YOUNG PEOPLE AND ARE ABLE TO DELIVER SESSIONS TO THEM ABOUT GAMING AND GAMBLING HARM.
SEXUAL ABUSE	VARIOUS	CEOP	£150	A ONE DAY ONLINE COURSE FOR PROFESSIONALS TO GAIN AN UNDERSTANDING OF ONLINE SEXUAL ABUSE. ENABLES PARTICIPANTS TO IDENTIFY KEY STRATEGIES TO ENSURE ONLINE CHILD SEXUAL ABUSE IS INCLUDED AS PART OF A WHOLE-ORGANISATION APPROACH TO SAFEGUARDING AND PROTECTING CHILDREN AND YOUNG PEOPLE
ONLINE SAFETY	VARIOUS	CEOP	£150	PROFESSIONALS MUST ATTEND UNDERSTANDING ONLINE CHILD SEXUAL ABUSE TRAINING (ABOVE) FIRST. THIS TRAINING ENABLES PARTICIPANTS TO BECOME LEADS FOR TRAINING AND INFORMATION RELATING TO ONLINE CHILD SEXUAL ABUSE
BULLYING	17 JUNE 3.30- 5.30 PM	ANTI-BULLYING ALLIANCE	£116.20	HELPS PARTICIPANTS TO DEVELOP THEIR KNOWLEDGE AROUND BULLYING AND THOSE MOST AT RISKS AND IMPROVES CONFIDENCE IN PREVENTING AND RESPONDING TO BULLYING
BULLYING	25 JUNE 3.30-4.30PM	ANTI-BULLYING ALLIANCE	FREE	BANTER OR BULLYING: NAVIGATING THE LINE OF ACCEPTABILITY
BULLYING	26 JUNE 8.30 -11.30 AM	ANTI-BULLYING ALLIANCE	£116.20	HELPS PARTICIPANTS TO DEVELOP THEIR KNOWLEDGE AROUND BULLYING AND THOSE MOST AT RISKS AND IMPROVES CONFIDENCE IN PREVENTING AND RESPONDING TO BULLYING

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
SAFEGUARDING	26 JUNE 9.30AM-5PM	NSPCC	EARLY BIRD (TILL 21/4/24) £200 (SAVE £60)	THE CONFERENCE WILL BRING TOGETHER THOUGHT LEADERS, GOVERNMENT REPRESENTATIVES AND FRONT-LINE WORKERS TO SHARE THE LATEST RESEARCH AND INNOVATIONS IN CHILD PROTECTION TO SUPPORT PRACTITIONERS TO INFLUENCE A NATIONAL STRATEGY FOR CHILDREN. THIS EVENT WILL BE HOSTED ONLINE.
YOUTH VIOLENCE/ONLINE SAFETY	9TH JULY 4-5PM	YOUTH ENDOWMENT FUND	FREE	DR STUART WILL TALK THROUGH HIS CO-PARTICIPATORY RESEARCH INTO URBAN POVERTY, VIOLENCE, AND RESILIENCE
MENTAL HEALTH	10TH JULY 10AM-4.45PM (MANCHESTER)	SAFEGUARDING NETWORK & ANNA FREIUD	FROM £195	THIS 90 MINUTE INTRODUCTORY WORKSHOP IS PART 1 OF 2 OF OUR FULLY FUNDED CITY & GUILDS ASSURED TRAINING AND IS OPEN TO TEACHERS, YOUTH WORKERS AND FORWARD FACING PROFESSIONALS WHO WORK DIRECTLY WITH CHILDREN AND YOUNG PEOPLE AND ARE ABLE TO DELIVER SESSIONS TO THEM ABOUT GAMING AND GAMBLING HARM.
DISRUPTING EXPLOITATION	11TH JULY 10AM-12PM	THE CHILDREN'S SOCIETY PREVENTION PROGRAMME	FREE	THE CHILDREN'S SOCIETY ARE HOSTING THEIR LATEST #LOOKCLOSER PROGRAMME OF LEARNING TO TACKLE THE ISSUES OF CHILD EXPLOITATION AND ABUSE. ALL SESSIONS ARE FREE OF CHARGE AND DELIVERED LIVE VIA MICROSOFT TEAMS.
SAFEGUARDING CARE EXPERIENCED YOUNG PEOPLE FROM EXPLOITATION	29TH AUGUST 1-3PM	THE CHILDREN'S SOCIETY PREVENTION PROGRAMME	FREE	THE CHILDREN'S SOCIETY ARE HOSTING THEIR LATEST #LOOKCLOSER PROGRAMME OF LEARNING TO TACKLE THE ISSUES OF CHILD EXPLOITATION AND ABUSE. ALL SESSIONS ARE FREE OF CHARGE AND DELIVERED LIVE VIA MICROSOFT TEAMS.
FINANCIAL EXPLOITATION	16TH SEPTEMBER 10AM-12PM	THE CHILDREN'S SOCIETY PREVENTION PROGRAMME	FREE	THE CHILDREN'S SOCIETY ARE HOSTING THEIR LATEST #LOOKCLOSER PROGRAMME OF LEARNING TO TACKLE THE ISSUES OF CHILD EXPLOITATION AND ABUSE. ALL SESSIONS ARE FREE OF CHARGE AND DELIVERED LIVE VIA MICROSOFT TEAMS.

E-LEARNING COURSES

TOPIC	PROVIDER	COST	OVERVIEW
BODY IMAGE	DOVE/NIKE	FREE	EQUIPS EDUCATORS WITH THE KNOWLEDGE, TOOLS AND INSPIRATION TO IMPROVE BODY CONFIDENCE IN THE YOUNG PEOPLE THEY WORK WITH
BULLYING	EQUALITEACH	FREE	SUPPORTS STAFF TO BE ABLE TO RECOGNISE AND RESPOND EFFECTIVELY TO INCIDENTS OF PREJUDICE AND BULLYING.
CHANGE AND LOSS	WINSTON'S WISH	FREE	FREE BEREAVEMENT TRAINING TO HELP THEM TO UNDERSTAND HOW TO SUPPORT GRIEVING CHILDREN AND YOUNG PEOPLE IN THEIR SCHOOL
GAMBLING	ENGLISH GAMBLING EDUCATION HUB	FREE	PREVENTING GAMBLING HARMS IN 18-25 YEAR OLDS – NOT IN EDUCATION, EMPLOYMENT OR TRAINING (NEET) AND EMPLOYED
LEADING PSHE	NATIONAL COLLEGE	£300 + VAT	THIS RSHE/PSHE LEAD TRAINING COURSE PROVIDES THE KNOWLEDGE AND SKILLS NEEDED TO UNDERSTAND THE STATUTORY RSHE REQUIREMENTS, RECOMMENDED PSHE EXPECTATIONS AND DRIVE LOCAL ADAPTATION IN YOUR SCHOOL OR COLLEGE
MEDIA LITERACY	THE ECONOMIST EDUCATION FOUNDATION	FREE	DESIGNED TO SUPPORT TEACHERS TO BRING DISCUSSIONS ABOUT THE NEWS INTO THEIR CLASSROOMS.
MENTAL HEALTH SIMILARITIES & DIFFERENCES	ANNA FREUD	FREE	DESIGNED TO IMPROVE EDUCATION STAFF'S UNDERSTANDING OF THE IMPACT OF RACISM AND MENTAL HEALTH
RSE	BROOK LEARN	FREE - £40	A VARIETY OF E-LEARNING COURSES FROM HOW TO DELIVER RSE TO TOPIC SPECIFIC COURSES (ABORTION, CONSENT, CONTRACEPTION AND MORE)
RSE	NSPCC	£9.50	ONLINE TRAINING TO SUPPORT SECONDARY SCHOOL TEACHERS AND LEADERS TO DELIVER INCLUSIVE SEX AND RELATIONSHIPS EDUCATION. INCLUDES ACCESS TO LESSON PLANS AND A DEDICATED SUPPORT HELPLINE.
RSE IN CATHOLIC SCHOOLS	CATHOLIC EDUCATION SERVICE (TEN TEN)	FREE	ONLINE TRAINING TO SUPPORT CATHOLIC EDUCATION SETTINGS TO DELIVER RSHE IN A WAY THAT IS ALIGNED TO THEIR RELIGIOUS VALUES
SEXUALISED BEHAVIOUR	NSPCC	£35	TWO HOUR ONLINE COURSE TO HELP MANAGE HARMFUL SEXUALISED BEHAVIOURS IN PRIMARY OR SECONDARY SCHOOLS IN THE UK

NEXT MONTH (SEPTEMBER)...

Resources & Materials for:

- 1-30: Childhood Cancer Awareness Month
- 2-6: Zero Waste Week
- 9-15: UK Savings Week
- 10: World Suicide Prevention Day
- 14: World First Aid Day
- 11-17: Sexual Health Week
- 13: World Sepsis Day
- 16-22: Genes for Jeans Week
- 21: International Day of Peace
- 23: Bi Visibility Day
- 26: World Contraception Day

WANT TO SHARE A RESOURCE,
IDEA OR INFORMATION ABOUT
YOUR SERVICE?
LET ME KNOW AND I CAN
INCLUDE IN UPCOMING
EDITIONS



WE ARE LOOKING AT FLEXIBILITY OF PSHE
TEACHING TO ADDRESS LOCAL ISSUES MORE
EFFECTIVELY TO IMPROVE OUTCOMES FOR
CHILDREN. THE RESOURCES AVAILABLE WILL
GIVE STAFF MORE CONFIDENCE IN DOING THIS.

If you would like to share any feedback or request specific support, advice or guidance please contact us directly:

echesterton@horizoncoat.co.uk

